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THE SORDID
WORLD OF
SUPERYACHTS

The EARTH ISSUE

33 pages
of sustainable
fashion
& beauty



Meet the
women
saving our
planet

HEARTACHE TO HAPPINESS

Jen Hawkins on
her emotional
journey to baby bliss

Jennifer

& baby Frankie!

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Introducing Tiffany

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COVER STORY

Jennifer Hawkins
celebrates life with
daughter Frankie.

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GET THE COVER LOOK

Re-create Jennifer's look with make-up by Dior. **ON FACE** Diorskin Forever Skin Glow Fluid Foundation in 3N; Diorskin Forever Skin Correct Concealer in 3N. **ON BROWS** Diorshow Brow Styler in Brown. **ON EYES** Diorshow 5 Couleurs in Touch Matte; Diorshow Pump 'N' Volume Mascara in Black. **ON LIPS** Dior Addict Lip Glow Oil in Pink. **ON BODY** JBronze by Jennifer Hawkins Medium Tanning Cream. Jennifer wears Prada dress, prada.com. Frankie wears mamapapa bloomers, mamapapa.com.au.

Photography by Steven Chee. Styling by Chloe Buttenshaw. Hair by Brad Mullins/Vivien's Creative. Make-up by Liz Kelsh/ 22 Management. Manicure by Oli Antunes using OPI.

JENNIFER WEARS JACINTA JAMES DRESS, JACINTA JAMES.COM.AU; BULGARI JEWELLERY, BULGARI.COM. FRANKIE WEARS MAMAPAPA BLOOMERS, MAMAPAPA.COM.AU.



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PHOTOGRAPHY BY VANMOSSEVELDE+N; EDWARD URRUTIA; GREG COX/BUREAUX.





ALTYN IN POLO DENIM
MONTAUK, NY

POLO

RALPH LAUREN





PRECIOUS POISON

Inspired by the scorpion, this sculpted necklace puts the fierce in fine jewellery.

Tiffany & Co.
necklace, POA,
tiffany.com.au

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"There's so much love flowing through my body," says new mum Jennifer Hawkins, with five-month-old daughter Frankie at their home on Sydney's Northern Beaches.

This letter is being written from my paper-strewn dining table as I've been forced to work from home amid the corona crisis. I haven't flown in from China, Europe or Iran, nor am I displaying flu-like symptoms; my only crime was a quick flight to Melbourne, but my company is taking zero chances. So here I am, gloriously glam in my trackies, T-shirt and ugs, trying to be all editor-like. Well, screw that. There's no room for pretence; these are desperate, dystopian times, and it feels like we're all extras in a disaster blockbuster.

To counteract these collective apocalyptic feelings, I hope our May issue – filled with uplifting stories from inspirational women – manages to elevate your spirits, especially if you're isolating on the couch at home.

First up, our cover star, model-turned-mogul Jennifer Hawkins, reveals for the first time her immeasurable joy at becoming a mum. Two years ago, Jen suffered a miscarriage and was subsequently diagnosed with stage 4 endometriosis. "There were moments when I thought deep down I mightn't be able to have a baby," she admits. "So when Frankie came out, I was overwhelmed and crying; we just felt so much gratitude." Turn to page 56 for her raw, emotional interview.

Elsewhere in the mag, we're celebrating the 50-year anniversary of Earth Day (on April 22) with a clutch of climate-focused stories. If you're searching for fashion and beauty buys that are gentle on the planet, our 33-page guide offers all the best clean-and-green brands to aid your consumer journey. Then turn to page 46 to meet the ordinary rebels who are mums, students and businesswomen by day, and environmental activists every other second. Their commitment will inspire you.

Finally, we have an exciting announcement: *marie claire* has joined forces with new initiative The Lion's Share Fund, which is raising money for animal conservation. One million species could be wiped out if we don't make urgent changes, so the time to act is, like, yesterday! Turn to page 62 to find out more.

Strangely, this all brings me back to the c-word. The corona pandemic has shown us that governments must embrace science early. The countries slow to respond, or even indifferent to the facts, have suffered the most. Sound familiar? "But if anything, the past few weeks have also demonstrated that our society is capable of mass shifts across all sectors to meet a crisis head-on," says Kathleen Rogers, president of the Earth Day Network. "We must apply the same scale and urgency of our response to climate change." Wise words indeed. Until next month, stay safe.

Nicky

Nicky Briger
EDITOR



ABOVE Pledge to the planet – and still drip with style (page 91). **LEFT** Sydney's Izzy Raj-Seppings is a young climate crusader (page 46).



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PHOTOGRAPHY BY STEVEN CHEE; GEORGES ANTONI; KRISTINA YENKO.



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FASHION FIRST

MAX MARA

We're calling them coats with a conscience: Max Mara collects camel hair offcuts from the production of its outerwear and repurposes them into a new insulation fibre. Less waste, more wow!

The sustainable LUST LIST

It's no longer enough to produce fashion that simply looks good – here, some of our favourite labels share their clean, green initiatives

PHOTOGRAPHED BY BOWEN ARICÒ STYLED BY MONICA RUSSELL

Both models wear:
Max Mara **COATS**,
\$1630 (left),
and \$1850, au.
maxmara.com.





GANNI

The Danish brand is committed to responsible practices and eco fabrics. Case in point: this rain jacket made from biodegradable thermoplastic.

COAT, \$525, **PANTS**, \$425, and **SNEAKERS**, \$495, ganni.com.



TIGERLILY

Crafted from ethical cotton and grass cloth, these blossom-strewn dresses take design cues from nature in more ways than one.

Zoe wears (left): **DRESS**, \$599, tigerlily.com.au; Maria Farro **SANDALS**, \$199, mariafarro.com. Sameerah wears: **DRESS**, \$399, tigerlily.com.au; Maria Farro **SANDALS**, \$199, mariafarro.com.



KALAUURIE

Handmade to order, Kalaurie pieces transcend trends. The Backwards Forwards dress (above) melds biodegradable linen and deadstock zippers with striking monochrome.

DRESS, \$499, kalaurie.com.au



BASSIKE

The local label has banned the use of harmful azo dyes, meaning these chartreuse stripes are not only eye-popping, but Earth-friendly, too.

SHIRT, \$495, **PANTS**, \$495, and **SHOES**, \$595, bassike.com.



ST. AGNI

This sleek and stretchy knitwear scores points for its natural origins comprised of organic cotton and bamboo.

Both models wear: **DRESSES**, \$299 each, and **PANTS**, \$349 each, st-agni.com.



WOLFGANG SCOUT

A piece that's truly made to love and last – this citrus jumper is hand-dyed and hand-knitted from ethically sourced Australian merino wool.

KNIT, \$850, and **PANTS**, \$650, wolfgangscout.com.



ARNSDORF

Transparency is a key tenet of this Melbourne brand. Browse the collection online and you'll find where each garment was created, its specific materials, and who made it.

TRENCH COAT, \$750, **BLAZER**, \$680, **SHIRT**, \$380, and **PANTS**, \$380, arnsdorf.com.au; Veja **SNEAKERS**, \$155, veja-store.com.



NOBODY DENIM

Accredited by Ethical Clothing Australia, Nobody Denim's super-covetable designs are made locally, which shortens the supply chain and reduces travel miles.

JACKET, \$299, and **JEANS**, \$239, nobodydenim.com; Dr Martens vegan **BOOTS**, \$259.99, drmartens.com.au.



LEE MATHEWS

This beloved label's Workroom line makes a case for "uniform" dressing – seasonless (and therefore sustainable) silhouettes in organic cotton drill. Boots in recycled rubber by Everlane top off the look.

Sameerah wears (left): Lee Mathews **COAT**, \$499, **SHIRT**, \$299, **SKIRT**, \$329, and **PANTS**, \$249, leemathews.com.au.

Zoe wears (middle): Lee Mathews **COAT**, \$499, **SHIRT**, \$299, and **PANTS**, \$299, leemathews.com.au.

Emory wears: Lee Mathews **COAT**, \$499, **SHIRT-DRESS**, \$399, and **PANTS**, \$299, leemathews.com.au. All wear: Everlane **BOOTS**, \$114 (each pair), everlane.com; Levante **SOCKS**, \$9.95, at myer.com.





NAGNATA

The cool-girl's answer to activewear is entwined with social responsibility: Nagnata creates pieces in collaboration with fair trade artisan initiatives. Veja sneakers are a planet-friendly finishing touch, crafted using recycled plastic bottles.

Emory wears (left): **JUMPER**, \$400, **CROP TOP**, \$200, and **SHORTS**, \$200, nagnata.com. Zoe wears (middle): **JUMPER**, \$400, and **LEGGINGS**, \$210, nagnata.com. Sameerah wears: **CROP TOP**, \$200, and **SHORTS**, \$170, nagnata.com. All wear: **VEJA SNEAKERS**, \$255 (each pair), veja-store.com; **LEVANTE SOCKS**, \$9.95, at myer.com.



CUE

This stylish suit was made from 62 per cent recycled wool – the norm for a brand that's long been building its ethical credentials.

JACKET, \$445, and **SKIRT**, \$280, cue.cc.

NANUSHKA

All flowing organic bio cotton and handmade ceramic buttons, this dreamy number is fitting for free spirits and eco warriors alike.

DRESS, \$795, nanushka.com

ESSE

Sartorial staples in tencel, bamboo and 100 per cent organic cotton prove green really is the new black.

DRESS, \$580, and **PANTS**, \$400, essestudios.com; Stella McCartney **SHOES**, \$1195, stellamccartney.com/au.

HUGO BOSS

The German house introduces a Traceable Wool Capsule Collection, which prioritises animal welfare *and* sharp tailoring.

BOSS JACKET, \$749, and **PANTS**, \$349, boss.com.



INTO *the* BLUE

Tiffany & Co.'s chief artistic officer Reed Krakoff is energising the iconic luxury brand with his bold vision. By Damien Woolnough



When Reed Krakoff was a boy, he wandered through the fourth floor of the iconic Tiffany & Co. store on New York's Fifth Avenue, mesmerised by the dazzling beauty surrounding him. Carefully cultivated table settings by leading designers with gleaming cutlery, plates polished to mirror-like perfection and the occasional bauble enchanted the aspiring aesthete.

Decades later as the US luxury brand's chief artistic officer, Krakoff sits at the head of the company table and is casting his own spell by breathing new life into the beloved jeweller.

"I grew up with the brand. It was almost instantaneous," Krakoff says of feeling at home in the once-rarefied world of Tiffany & Co. The tastes of the elite are second nature to Krakoff, having grown up in the wealthy enclave of Weston, Connecticut, but it's his popular touch that is re-energising the 183-year-old store.

"There's a sense of excitement that something new is happening," he continues. "That there's a new chapter in retail ahead."

Part of the excitement is bold store designs, such as the new Sydney maison, the renovations of the Fifth Avenue flagship – complete with a restaurant for breakfasts – and the edgy T1 collection.

"It's slightly more irreverent," Krakoff says proudly of the bold new range, which builds on the elegant T collection. "There's more sexiness in the angularity and the knife-edging. There's a kind of aggressiveness with the sensuality of unbroken lines. That's balanced with the femininity of rose gold and a much stronger diamond presence."

Toughening up the image of Tiffany & Co. has been a gradual process, which caught the world's attention when Lady Gaga wore the 128-carat Tiffany Diamond to last year's Oscars, becoming only the third person in history to wear the necklace publicly (it was last worn by Audrey Hepburn in 1961).



**OPPOSITE PAGE,
FROM TOP LEFT**
Model Adut Akech;
Reed Krakoff; Lady
Gaga wearing the
Tiffany Diamond;
inside Tiffany
& Co.'s flagship
store in NYC.

“THERE’S A SENSE
OF EXCITEMENT
THAT SOMETHING
NEW IS HAPPENING.
THAT THERE’S A
NEW CHAPTER IN
RETAIL AHEAD”

– Reed Krakoff, Tiffany &
Co. chief artistic officer

For Krakoff, it was important that the new campaign for the T1 collection called “I Am The One” reflected the brand’s more modern approach, casting models with character, such as Australian runway sensation and former refugee Adut Akech.

“I think she is someone who has that inner strength and confidence,” Krakoff says of Akech. “She is someone who has that depth of intelligence that comes across in the photos. It’s a dynamic and exciting personality.”

“The women had to reflect the nature of the collection, projecting the silhouette of the collection. These are women who come across as strong. They’ve purchased the pieces for themselves. They don’t need to wait for someone to give them these pieces.”

Expanding the Tiffany & Co. audience beyond future brides squealing with delight at the sight of a pale blue box has been part of Krakoff’s mission since joining the company in 2017, alongside debonair chief executive officer Alessandro Bogliolo.

Apart from his unerring eye for design, finding new customers is Krakoff’s trademark, having worked at Tommy Hilfiger before transforming Coach from a dusty handbag brand to an international accessories powerhouse.

“Some people are attracted to the more traditional side of things,” Krakoff says, respectful of those who revel in the Blue Book collections and classic diamond settings. “But we are now seeing many more people shopping for themselves to celebrate big moments in life. Others are buying diamonds for themselves.”

Walking the tightrope between tradition and modernity is all in a day’s work but Krakoff thinks that he has found the perfect balance with T1. “I think there’s an attitude that’s not found in other collections,” he says. “It’s giving the customer

something that wasn’t previously available. There’s a more graphic sensibility.”

While the T1 designs are fresh, that graphic sensibility echoes some of Tiffany’s most famous designs. “These pieces can become a part of a woman’s wardrobe. That more graphic focus is something that was present in the work of Elsa Peretti. Look at the classic bone cuff she designed, which is still popular today. It’s about re-emphasising things.”

One aspect of Tiffany that will always be emphasised is its New York attitude, which is increasingly important as it joins Louis Vuitton and Christian Dior and becomes part of the LVMH luxury conglomerate following a \$24.5 billion deal.

“A globally recognised symbol of love, Tiffany will be an outstanding addition to our unique portfolio of luxury brands,” says LVMH chairman Bernard Arnault. “We look forward to welcoming Tiffany into the LVMH family and helping the brand reach new heights as an LVMH Maison.”

Of Tiffany’s New York roots, Krakoff says, “To me it’s a personal thing. If you think of [the] many people who live in New York, that’s how many ideas there are about it. There’s an undeniable sense of optimism and incredible diversity that you won’t find anywhere else in the world.”





**FEEL-GOOD
FASHION**

MatchesFashion.com is proud to unveil The Responsible Edit, a shopping hub dedicated to style with a conscience. Our pick? Ethical outerwear by Kassl Editions (above).



**Vintage
VIBE**

Get lost in preloved Prada at AXL Bazaar, a treasure trove in Sydney's Elizabeth Bay. The boutique is curated by Athena X Levendi, who collects high-end pieces all over the globe (both vintage and current season) and packages each purchase in a chic canvas tote (below).



Vintage dress, \$450, axlbazaar.com

GOING VEGAN

It's cool to be kind: Veja x Rick Owens' hiking sneaker is free of leather, crafted instead from corn waste and recycled plastic bottles.

Veja x Rick Owens sneakers, \$355, veja-store.com



DIVE IN!

Luxury Los Angeles-based swimwear label Marysia launches its first sustainable collection, which sees fabric scraps refashioned into these sweet, scalloped bikinis.

PHOTOGRAPHY BY SEVAK BABAKHANI; COURTESY OF MARYSIA; COURTESY OF MATCHESFASHION.

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—NEWSFEED—

WOMEN LIVING FEARLESSLY AROUND THE GLOBE

The
EARTH
ISSUE



CANADA

SACRED WATER

Teenage activist Autumn Peltier is telling the world “We can’t eat money or drink oil”

The title ‘water advocate and chief water commissioner for the Anishinabek Nation’ might not sound like it belongs to a 15-year-old, but young activist Autumn Peltier is not your average teenager.

Growing up in the Wiikwemkoong Unceded Territory, Ottawa, she developed a deep understanding of the importance of water and the need to protect it after being exposed to contaminated H₂O in her community. “I went to the washroom and all over the walls it said

‘Don’t drink or touch water,’” says Peltier, who took action after finding out that 56 other Indigenous reserves in Canada were similarly affected.

In 2016, Peltier made headlines when she criticised Canadian PM Justin Trudeau about the crisis. Since then, she has earned global accolades, including a nomination for the 2019 International Children’s Peace Prize and being named one of the world’s 100 most inspiring women by the BBC. So yes, she certainly does deserve the title.

PHOTOGRAPHY BY LINDA ROY.

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AT SEA MAKES
THEM INFLUENTIAL
CHANGEMAKERS
BACK ON LAND”
– Emily Penn

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Strap on your life jacket, grab your sailing hat, set the sails and get all hands on deck: eXXpedition's female Round the World sailing voyage and research mission has taken to the high seas.

Tackling 30 demanding voyage legs covering 38,000 nautical miles, the rotating crew of 300 women will explore plastics and toxic pollution in the world's oceans while on board the 22-metre yacht *S.V. TravelEdge*.

The team set off from the UK in October 2019, with ocean advocate Emily Penn acting as mission director on the expedition. The architect-turned-scientist and environmentalist has spent years researching plastic at sea, primarily focusing on the relationship between plastics and toxics and the damaging effects that they have on the female body.

About 10,000 women applied to be part of this voyage, with the final team aged from 18 to 57 and hailing from 30 countries. Their professions are varied too, and include scientists, government leaders, policy-makers, industry leaders and filmmakers. They'll use their unique

problem-solving and storytelling abilities to raise awareness and contribute to cutting-edge research into plastic pollution. “[The women's] experience at sea makes them influential ‘changemakers’ back on land,” explains Penn.

So far the team have sailed to Antigua and Panama, as well as the Galápagos Islands and Tahiti, and will reach Australian shores in June. Here, they'll navigate their way from Cairns to Darwin and Perth over four months, before sailing to Mauritius and Cape Town, eventually returning to the UK in September 2021 – having made some serious waves.

Emily Penn.
ABOVE Diving
in to tackle
ocean waste.



UK

WARDROBE WARRIORS

Did you know that the fashion industry is among the top climate-crisis culprits? Amy Powney does. The creative director of sustainable British label Mother of Pearl has launched a social media campaign to change the way people consume fashion. “Rent clothes, buy second-hand and ensure anything new is sustainable and passed on,” says Powney. Join the many faces pushing for change (including Jameela Jamil and Alexa Chung) by following @fashionourfuture on Instagram and making your own pledge.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی طراحی لباس و مدشناسی

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US ART & SOUL

Meet Courtney Mattison, a self-proclaimed 'sciartist' (scientist-slash-artist). The ocean environmentalist has merged her two passions to create a series of intricately detailed ceramic works inspired by the fragile beauty of coral reefs – and the human-caused threats that are putting them at risk. "I want everyone to understand how tragic it would be to lose these ecosystems," pleads the artist, who is bringing the damage from below to the surface.



ZANZIBAR TOP OF THE CROPS



Seaweed farming has become a major source of income for females in Zanzibar. But as the ocean temperatures rise and the algae dies, so do their jobs. Now these women are working with global researchers to find native seaweed species that can withstand higher temperatures. Increasingly we're seeing that climate change disproportionately affects women, but these ladies won't take it lying down.

UGANDA PHOTO FAIL

When young Ugandan Vanessa Nakate attended the World Economic Forum in Davos, Switzerland, earlier this year, the last thing she expected was to end up at the centre of a fierce race debate. The 23-year-old, who's been campaigning against global warming in Africa since 2018, was stunned when the Associated Press cropped her out of a photo alongside four fellow female activists, who were all white.

"It was the first time in my life that I really understood 'racism,'" said Nakate. But she believes the incident has kickstarted an important conversation about how African climate-change activists are perceived and portrayed. "I hope to use my voice to help other African activists to tell their stories, and to give voice to their experiences," she said.



Nikolaj Coster-Waldau



WE NEED TO TALK ABOUT... ANIMAL EXTINCTION

The *Game of Thrones* actor and United Nations Development Programme (UNDP) goodwill ambassador shares his hopes and fears for the future of our precious wildlife

I grew up in a tiny farming village in Denmark with a population of 40. I spent most of my childhood exploring outside in the fields and forests. There were always pets running around, cats, dogs, canary birds and fish (which every so often ended up in the toilet, unfortunately).

Now I live in California with my wife and two daughters. LA can feel like it's nothing but cars, but if you spend a little time exploring, you can find some astounding landscapes. We have two dogs, Miller and Stella, one is a rescue and the other is a Yorkipoo [Yorkshire terrier-poodle cross]. She's a furry rat.

It's impossible for me to imagine a world without animals. When I found out that we're facing our sixth

mass extinction with one million species at risk of being wiped out, I was shocked. I couldn't wrap my head around the scale of that. We have to rethink the way we use the resources on this planet because it's taking its toll. We need to protect the planet's biodiversity – everyone can agree on that. The UNDP is working to address the climate crisis and I've been a goodwill ambassador with them for four years, raising awareness and support for climate action. We launched The Lion's Share Fund two years ago. It's a simple idea: when a company uses an animal in their ads, we ask them to dedicate 0.5 per cent of their advertising budget to conservation. About 20 per cent of all ads feature animals, but they're not compensated like a model or actor, because they don't have bank accounts.

"I WAS SHOCKED TO FIND OUT WE'RE FACING OUR SIXTH MASS EXTINCTION"

The Lion's Share fund has huge potential to make a real impact – and they're doing so already. In Mozambique, they've equipped rangers with new communication equipment to help fight elephant poaching; they went from 200 elephants being killed to zero. In Indonesia, they've purchased palm oil plantations and are restoring them back to rainforest to re-create lost habitat. And in Australia, they've donated funds to the Byron Bay Wildlife Hospital to help with the treatment and rehabilitation of injured wildlife after the bushfire crisis.

We're at the beginning of extreme climate change, and we need to put the brakes on and change the course before it's too late. There needs to be a shift – and I am hopeful it will happen. If you look at what we've been able to create as a species in the past 100 years, I absolutely believe we will be able to find solutions and change our ways. Initiatives such as The Lion's Share fund give me hope. So, too, does [activist] Greta Thunberg. I'm in awe of what she's done and achieved. And how the hell she can be calm and collected under intense pressure, and still be so clear in her message? I think she's proof individual people can have an impact.

I hope my children and grandchildren will have the same joy of being on this planet as we have had. I want a future where humans coexist with the rest of the planet's animals and plants. There's room for all of us.

See page opposite to read more about marie claire's partnership with *The Lion's Share* (thelionssharefund.com).



marie claire



With over a million species threatened with extinction in the next decade, transformative measures are needed to restore our planet and protect nature.

The Lion's Share is an innovative mechanism that invites brands to help contribute to the survival of our planet by asking advertisers who use and benefit from images of animals in their communications to make a small donation. This simple and industry-led idea is hosted by the United Nations Development Programme and is designed to make a great impact on the future of our animals, wildlife and planet.

marie claire is delighted to announce its support and partnership with this game-changing initiative.

For the Conservation of Hope

thelionssharefund.com
@lionssharefund





RUNWAY

It's the world's first and only sustainable fashion festival where everything – from the

OF THE

designs to the sets and the events – must meet strict clean and green targets.
Welcome to Copenhagen Fashion Week, the planet-friendly festival we need now

FUTURE



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PHOTOGRAPHY BY SIIMA BOA, EVA THERESA. TEXT BY LUCY TAYLOR.

SOEREN LE SCHMIDT

The Danish designer, who specialises in old school tailoring with a rockabilly twist, uses renewable fabrics and creates pieces only on demand to reduce waste. At Copenhagen Fashion Week, all designers must meet tough sustainability targets in the next three years, such as using 50 per cent recyclable textiles and zero-waste sets.





ELAINE HERSBY

Backstage at Elaine Hersby's show, models sipped on eco-friendly water cartons (single-use plastic bottles are banned at Copenhagen Fashion Week), and dined on vegan meals by Cofoco Food for optimal catwalk energy. Outside, models were encouraged to bust a move and show the freedom and comfort of the designer's luxury exercise wear.



CECILIE BAHNSEN

Word on the street in Copenhagen: repeat outfits are so hot right now. Cecilie Bahnsen led the slow-fashion revolution with sumptuous timeless styles. Her baby-doll dresses and dreamy puff sleeves were designed to be worn again and again.

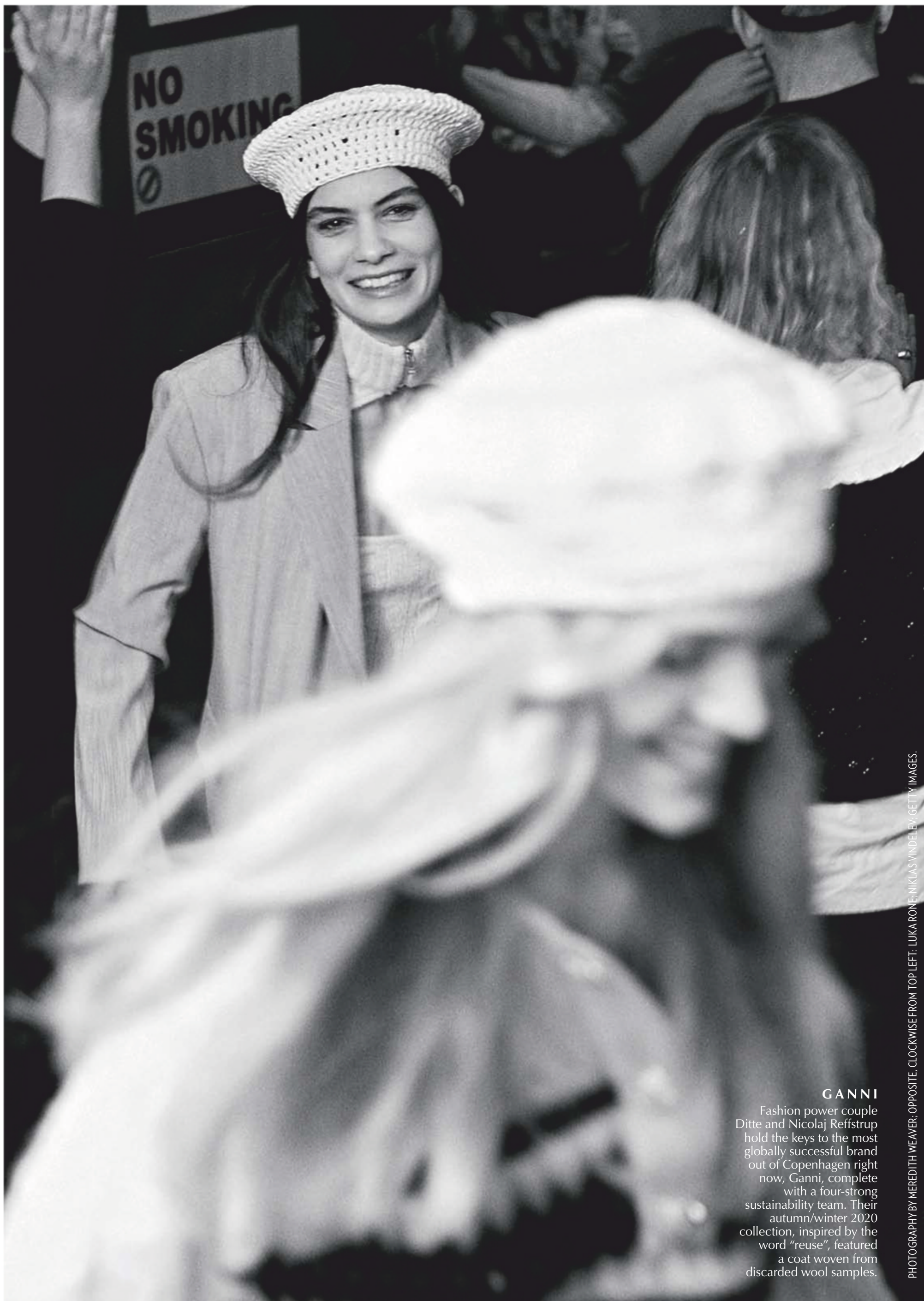


RAVE REVIEW

It was as if every piece in the Rave Review show was made from your nan's vintage blanket or curtains. Newsflash: it was. Proving no-waste fashion is possible (and chic as hell), the Swedish label transformed floral duvets into patchwork coats, and upcycled broken china into glam garbage earrings. Extra points for the Greta Thunberg speech blaring from the speakers.

PHOTOGRAPHY BY ALF AREN; CRAIG MADDISON (OPPOSITE, TOP).





PHOTOGRAPHY BY MEREDITH WEAVER; OPPOSITE, CLOCKWISE FROM TOP LEFT: LUKA RONE; NIKLAS VINDELV; GETTY IMAGES.

GANNI

Fashion power couple Ditte and Nicolaj Reffstrup hold the keys to the most globally successful brand out of Copenhagen right now, Ganni, complete with a four-strong sustainability team. Their autumn/winter 2020 collection, inspired by the word "reuse", featured a coat woven from discarded wool samples.

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STAND STUDIO

New kid on the block Nellie Kamras staged her first runway show outside Sweden and didn't disappoint. The Stockholm-based designer showcased faux furs crafted from recycled ocean plastics, as well as fabrics made from corn. With most of the world's top fashion houses – including Chanel, Coach and Burberry – banning fur, faux is definitely the future.



DESIGNERS REMIX

It's a brand beloved by Crown Princess Mary of Denmark (and seen on Gigi Hadid, Rihanna and the Kardashians) that's also a pioneer in the sustainable fashion scene. The designer uses only biodegradable materials and is famed for remixing dead stock from various Danish labels into redesigns (above).

STREET STYLE

The most notable 'must-have' accessory at this year's Copenhagen Fashion Week was a bicycle (left). Despite all the drizzle and damp, the street-style stars took to the pavement on two wheels in their finest. Zero-emission travel has never looked better.





From cheerleader to CHILD KILLER?

It was the case that shocked the world: a high school cheerleader accused of burying her newborn baby in the backyard. After a gruelling trial, Brooke Skylar Richardson was found not guilty of murder, so why don't people believe her? Here, she shares her side of the story with Sonia Chopra





It was 2017, deep into summer, when a popular high school cheerleader from the nice side of town in Carlisle, Ohio, was charged with killing an infant. The county sheriff's office arrested 18-year-old Brooke Skylar Richardson, claiming that after hiding her pregnancy she gave birth, set fire to the baby and buried it in her backyard. Skylar faced multiple felonies including aggravated murder, involuntary manslaughter, child endangerment and abuse of a corpse.

As a motive, prosecutor David Fornshell told the story of a teenager obsessed with projecting the perfect image. Skylar and her mother, as he painted them at a press conference, were consumed with "how things appeared to the outside world". And he dropped this detail to reporters: Skylar had burned the baby, perhaps even while the newborn was still alive. Fornshell had little to go on – no medical proof – but the idea rocketed around Skylar's conservative community.

Former friends and classmates turned on Skylar. They pumped reporters full of gossip ("Skylar was the school slut"; "Skylar wrapped her stomach with cellophane to stop the baby from growing"). Some tiptoed onto the Richardsons' lawn, their phones aimed and ready, hoping for a snapshot they could sell to the press. Even the hairdresser who Skylar had been going to for years sat on a porch across the street taking pictures.

Then there were the Facebook groups. "Justice for Baby Jane Doe in Carlisle, Ohio," and "Justice for Baby Carlisle" were where people obsessively tapped out their theories, "evidence" and threats – posts suggested

that justice would be to "burn Skylar alive" or "have her uterus ripped out" or that "she needs a bullet".

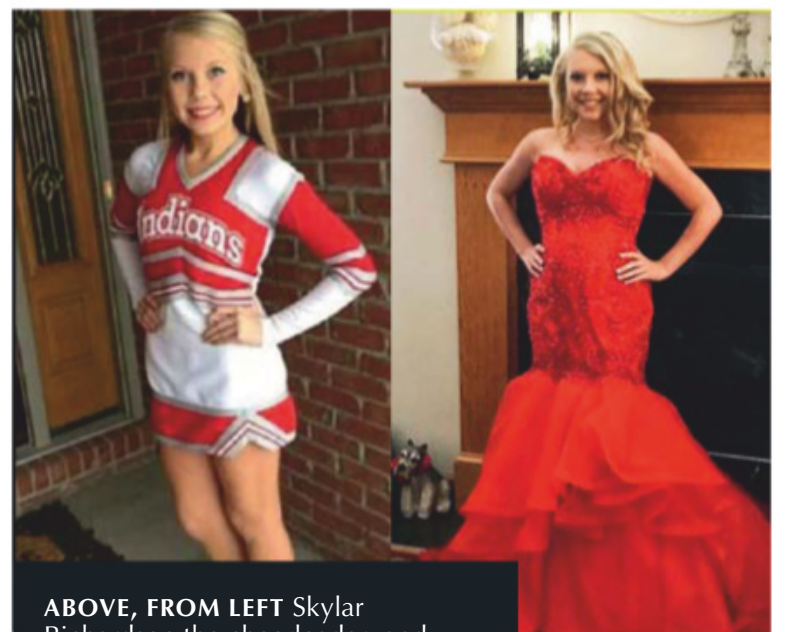
The headlines were equally hateful and vile: "Teen allegedly smashed newborn baby's head, set her on fire." By the time the verdict came down in late 2019 establishing Skylar's innocence, it hardly seemed to matter anymore. "I'll straight bully this bitch the rest of her life," one commenter said.

That was their version of the story. Here, in a rare interview, Skylar shares hers...

On April 26, 2017, less than two weeks before senior prom, Skylar's mum, Kim, took her to her first-ever gynaecologist appointment. For years her periods had been irregular – sometimes super heavy, sometimes super light, occasionally not at all, and, lately, sporadic spotting. Plus, Kim knew that Skylar had been engaging in "adult actions" with her then-boyfriend, Brandon. Skylar was months away from the rest of her life – she was headed to the University of Cincinnati to study psychology later that year. And Kim wanted to get her on the pill to avoid an unplanned pregnancy. "I only want you to reach your potential and not have any roadblocks," Kim texted Skylar the day before the appointment.

Under chlorine-white fluorescent light, in a paper gown that ripped when she moved, Skylar listened as her obstetrician, Dr William Andrew, told her that the pill wasn't necessary. She was already pregnant – and at 32 weeks, well into her third trimester. One of her first thoughts: I can't have a baby. Another: this can't be true. She doesn't deny that she was scared.

As Kim sat in the waiting room, the doctor urged Skylar to tell someone



ABOVE, FROM LEFT Skylar Richardson the cheerleader; and ready for prom, the night before she gave birth. OPPOSITE PAGE Skylar awaiting her verdict.

about the pregnancy. (He was bound by doctor-patient confidentiality.) But as she drove home with her mum, Skylar didn't. If she could, this is the moment she would rewind to. "My biggest regret is not having the strength to tell someone that I was pregnant," she says. "I wish I would have done it differently. I'm plagued by guilt every day for not telling someone."

It's just that it was prom. She already had a cherry-red dress and a date and a group text full of plans. And for a second, focusing on something else felt ... good. Skylar resolved to tell her mum that she was pregnant, but only after the dance.

On May 5, Skylar and Brandon posed for pictures at the Richardsons' house before heading to prom. Looking at the photos now, you can see a bump, but at the time Skylar's friends and family just thought she was finally overcoming her eating disorders – everyone knew she'd struggled with anorexia and bulimia since sixth grade. To them, she looked "curvy and radiant". Skylar danced but didn't drink. And she didn't stay long – she wasn't feeling well and had Brandon take her home early. A kiss goodnight and the big evening was over.

The next day, she had intense stomach cramps that only got worse. By night-time, they were so bad she nearly collapsed when she tried to stand up. She didn't think she was in labour – she thought she had months left in her pregnancy. She went to the bathroom, sat on the toilet, and felt "that something needed to come out".

"MY BIGGEST REGRET IS NOT TELLING SOMEONE I WAS PREGNANT. I WISH I WOULD HAVE DONE IT DIFFERENTLY. I'M PLAGUED BY GUILT EVERY DAY"

What came out was a baby girl who was shockingly white. Skylar tried to catch her, but she couldn't. The baby was so slippery, wet with blood and the mucus-y fluids of childbirth. She lifted the small body from the water and is firm on this: the baby was dead. She never cried or moved or opened her eyes. The umbilical cord wasn't even attached. Skylar pressed her fingers to the baby's chest, as if searching for a button to switch on her heartbeat. "I hoped she would start coming alive," she later told police.

Skylar swaddled the baby in a towel and sobbed. She was bleeding, badly, all over the cream-coloured tiles. Her par-



Skylar with her defence attorney Charles M. Rittgers. **TOP LEFT** The teen being led into court, where she faced a charge of aggravated murder.



ents were asleep downstairs, and her younger brother, Jackson, then 15, was just one room over, but it felt devastatingly impossible to tell anyone now. Slumped against the bathtub, the lifeless baby in her arms, she decided there was only one thing she could do: bury her.

In the dark, hastily dressed, she got her mum's small garden trowel from the garage and dug a grave in the backyard. It was shallow – Skylar "wasn't strong enough" to make it deeper because she was in a lot of pain. A name, she thought. The baby needs a name. "I decided to call her Annabelle. I didn't know anyone with that name, so I knew whenever I heard it, it would remind me of my baby girl," says Skylar. She unfolded the towel Annabelle was wrapped in, placed her in the ground, and covered her with a layer of dirt. Before leaving, she put pink flowers on the grave.

But what if someone had gotten up while she was outside? Stumbled into the bloody bathroom? There were many nights that Jackson had heard the sounds of Skylar's bulimia, as she heaved into the toilet. But back inside,

everything was quiet. She cleaned up the bathroom, threw away the blood-soaked towel, and it was done.

The next morning Skylar went to school. Shock and denial carried her through the motions of her normal life – she wouldn't even tell anyone about that night until months later, in July, when she tried again to get birth control. This time, she saw a different doctor, Dr Casey Boyce, who had been tipped off by Andrew about Skylar's pregnancy and questioned her about it. Skylar got so upset while explaining what had happened that staff outside the room could hear her sobbing. She told the doctor everything, never assuming she'd get into trouble for what she thought was a tragic accident. After all, as Skylar reiterates now, "I did not hurt, harm or kill Annabelle."

Skylar didn't know that Boyce would alert authorities (doctors are required by state law to report any suspected instances of child abuse or neglect) or that two days later, she'd be called into the police station for questioning. With neither her parents



CLOCKWISE FROM TOP LEFT
Skylar is interviewed by the Warren County Sheriff's Office in Ohio; her mugshot; and with her parents Scott and Kim Richardson outside court.



Instead, the closest she got to a campus was FaceTime, when one of her close friends would tell her about the classes and roommates and epic parties. She took the calls from her childhood bedroom.

"These things just happen – babies are still-born – women shouldn't be blamed for that," says

nor an attorney present, Skylar sat in a small room and told police over and over again that she did not kill her baby. It seemed like the detectives believed her. One held her hand, and the other told her that her effort to bury the baby was "noble" and "the right thing".

At the trial last September, a sliver of Skylar sat at the front of the courtroom. Her clothes – a pink jumper, a pair of grey pants, other attorney-approved outfits – had to be pinned so they fit her frail frame. The stress of the two years leading up to this moment had made her eating disorders worse. She weighed less than 40 kilograms.

Skylar's trial was highly publicised, an experience she says was "unthinkably cruel and awful to sit through".

From the moment she was charged, she had been living in what felt like a permanently paused state, put under house arrest and allowed to leave only to go to her attorney's office or doctor's visits (the terms were loosened eventually, but she still had to abide by a curfew). She should have been in a dorm, halfway through her university degree.

Ashley, who's known Skylar since middle school. "It's sickening what they have done to her. I just try to keep it as normal as possible and be there for her." Another longtime friend says Skylar told her that she "misses her baby".

"I spent a lot of my time depressed," Skylar says of those two years. "Every night, I would lie down and wish that I could have died in place of Annabelle."

She deactivated social media and avoided reading about her case. Instead, she read novels (mostly mysteries), and learnt to cook and knit. She put on make-up every day, despite having nowhere to go. Even her porch was off limits – too many gawkers outside.

An administrator for one of the Facebook groups often parked outside her home, swigging bottles of Coke, so she could capture Skylar content. "White SUV just pulled out of garage," she wrote in one post. Before that, she uploaded Skylar's mugshot with the line: "Gosh, I'm so excited, 25 weeks tell [sic] trial." The post included eight laughing-face emojis.

"It was so hard to live knowing the

truth but to have the whole world think otherwise," Skylar says. "The people out there who wish horrible things upon me also do not know me."

Even now, as Skylar finally speaks about her experience, she knows plenty of people have many expectations about how she should come across. Angry, maybe. Relieved. Repentant. Perhaps even philosophical about how everything happens for a reason. But currently, she isn't well. She hasn't slept – chest pains and panic keep her awake. She can't eat. She admits she's struggling and really, for the first time, processing it all – allowing herself to be a mum in mourning and not a murder suspect.

When the trial began, it largely hinged on what Skylar's legal team said was a coerced confession. During a second interrogation, detectives told Skylar the same thing prosecutor Fornshell would later claim: they had evidence her baby had been burned. Skylar repeated 17 times that it wasn't true, but when they suggested that Skylar was probably just trying to cremate the baby, "because that's normal – it's in the Bible", she eventually gave in. It seemed if she told the police what they wanted to hear, she would be allowed to go home. At the trial, the state's own expert admitted there was no proof of burning. (Fornshell did not respond to requests for comment for this story.)

Skylar watched as her private text messages, photos and search history were debated. She listened as prosecutors painted her as a selfish teen and asked her gynaecologist deeply personal questions about her medical history. Had she brought up abortion, they wanted to know. The doctor confirmed she had not.

"Inside, I felt like I was dying," Skylar says. "Very few things have been harder than having to listen to prosecutors allege horrible, unthinkable things of me and put countless photos of my daughter's bones on a big screen."

The 42-seat courtroom was small and always packed. Skylar's family sat directly behind her, a rotating cast of her parents, grandparents, aunts and uncles. The majority of the space was taken up by national and local news media, except for a small area behind the prosecution. There sat Tracy Johnson, whose son, Trey, was proven through DNA to be the father of the baby (he and Skylar had dated for about three weeks before she started dating Brandon). Tracy showed up daily with bags under her eyes and a box of





CLOCKWISE FROM ABOVE
A small angel remains in the
Richardsons' backyard in memory
of Annabelle; Skylar makes front-
page news; and cruel memes.

Cheerleader cleared over 'perfect life' baby death



tissues. Later, at the sentencing, she would address the court, saying, "Skylar's selfish decision was not her only choice."

Skylar sat silent through it all. "I felt very dissociated, which is how I often cope," she says. "I did as I was told, wore what I was told, stood up straight, and held my head high."

The prosecution had offered Skylar a choice: in exchange for pleading guilty to the lesser felonies, the most serious charge of aggravated murder – which could carry a sentence of life without the possibility of parole – would be dropped. If she agreed, Skylar would only face up to 15 years in prison instead.

**"WHAT SCARED ME
MOST ABOUT GOING TO
TRIAL WAS KNOWING
THAT BASED ON MEDIA
COVERAGE, I WAS
ALREADY SEEN AS GUILTY"**

"It was appealing at first, but there was no way I could live with myself if I pleaded guilty to something I did not do," Skylar says. "What scared me most about going to trial was knowing that based on media coverage, I was already seen as guilty."

After the eight-day trial, the jury took less than five hours to reach a verdict. Skylar stood, pale-faced, as the judge delivered the words that would change her life: not guilty. (For burying the body, she was found guilty on one count of abuse of a corpse and sentenced to three years' probation.) She broke down in tears. "I knew in my heart of hearts that I was innocent," Skylar says.

And yet, to many, Skylar is still "Skylar the baby killer." Where there used to be a few Facebook groups, there are now others with names like "Precious Little Baby That Never Had a Chance," filled with thousands of people. They remain active, months after

the verdict. Posts are a mix of memes that mock Skylar, stream-of-consciousness commentary on the case, and live-tracking Skylar's movements. There have even been death threats against Skylar and her family. Multiple administrators for the Facebook groups did not respond for comment, except for one, who said, "Go to hell."

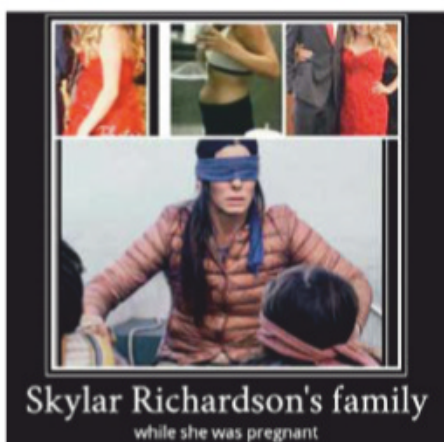
As Ashley describes it: "It's a small community – nothing like this ever happens in Carlisle – and people love drama. They wanted the story to be as crazy as possible." The scandal of it all, frankly, was fun. They saw it as their town's Hollywood moment in what could be "a Lifetime movie". It was addictive, watching the downfall of the pretty girl who used to drive around town in her white convertible, blonde hair blowing. Look at the Richardsons – they thought they were better than us.

Leaving the town that can't stand the sight of her but also can't look away isn't what Skylar wants, surprisingly. She finds comfort in being surrounded by her support system (she still lives with her parents), especially her family and a close-knit circle of allies who fiercely rallied around her. "There's no doubt in my mind that she didn't do anything wrong," says a friend of Skylar's named Annie. "She's ready to move on and she deserves that. She's a sweet person, not a monster."

Although Annabelle's remains have been moved to a final resting spot, a small angel remains in the Richardsons' backyard. Skylar recently spent time in treatment for her eating disorders and has been diagnosed with mild PTSD and severe depression. There are nightmares and anxiety attacks and debilitating flashbacks. "Is someone going to sneak into my room and take me so they can hurt me?" is a thought she often has.

But Skylar made herself a promise, and she intends to keep it: "I said that if I could survive the trial, I would get all the help I needed. I want to make the best of my life and use my experiences to help in one way or another." Skylar says she hopes to be an attorney for the Ohio Innocence Project one day. She's signed up for paralegal classes at a community college next semester – a reminder that right now isn't forever.

Last October, the family had a private memorial for Annabelle so they could bury her properly, in a plot far from town. "It's such a relief to know that Annabelle is now in her final resting spot," Skylar says. "I visit every week." Before leaving, she puts pink flowers on the grave.



ECCO SHAPE

COMFORT ELEVATED



COMFORT ELEVATED

Inspired by high-end couture, but designed to be worn every day, the new ECCO SHAPE SCULPTED MOTION collection from ECCO offers a strong and highly versatile look.

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The ORDINARY

FROM LEFT
Erin Remblance
with baby Amélie,
Larissa Payne, Izzy
Raj-Seppings and
Emily Townsend.



REBELS

By day, they're students, mums and businesswomen, but they moonlight as environmental activists, staging dramatic protests, taking on the police and even quitting their jobs to fight for our planet. Alley Pascoe meets the new revolutionaries

PHOTOGRAPHY BY KRISTINA YENKO



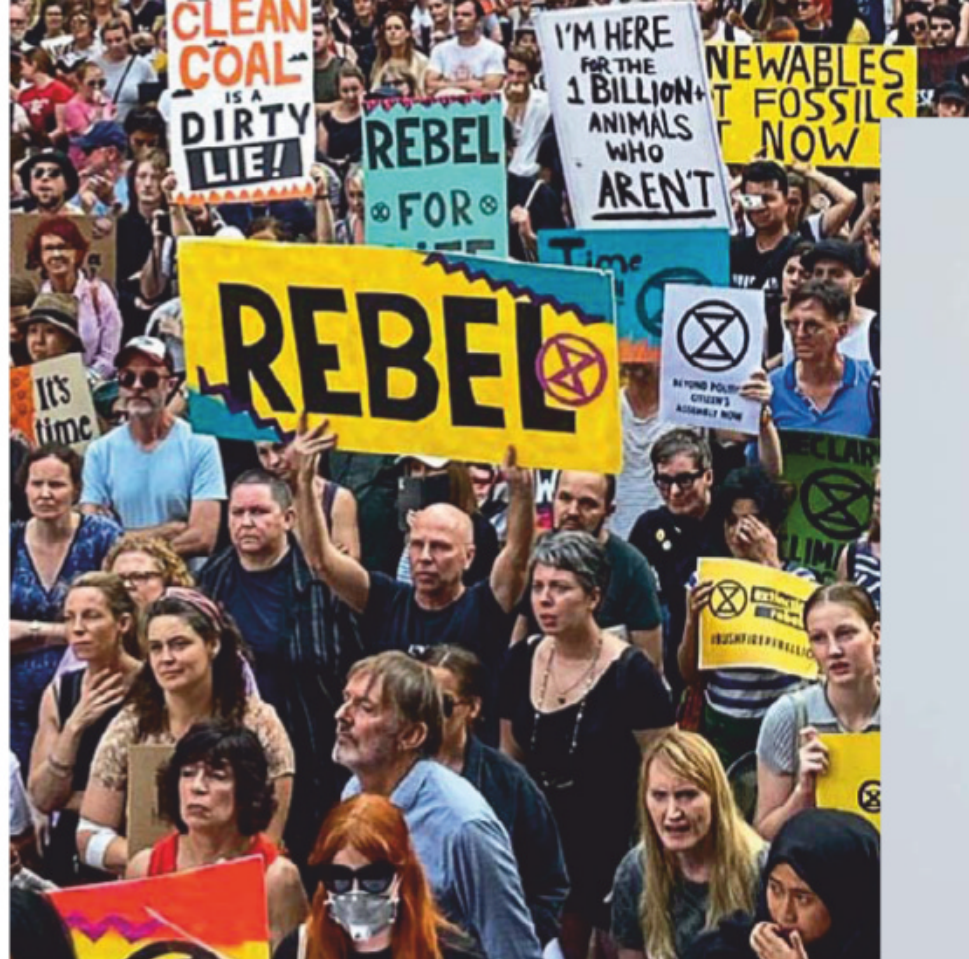
A

war cry is echoing through the streets of Sydney. It bounces off the sandstone city buildings and surges to a roaring crescendo in Hyde Park. It's as much a desperate plea as it is an urgent demand. "What do we want? Climate action. When do we want it? Now!" chants the crowd of about 80,000 Australians, united in their fury.

Erin Remblance is one of them. She's left her young kids at home so she can march – and shout – through the CBD streets at the School Strike 4 Climate rally, holding a sign that reads, 'We've reached our tipping point, don't let the climate do the same.'

A 38-year-old mum-of-three, wearing a buttoned-up Ginger & Smart shirt dress with her blonde hair cropped in a neat bob, Remblance is

CLOCKWISE FROM
RIGHT Extinction
Rebellion protesters;
organiser Larissa
Payne; and
mum-of-three,
Erin Remblance,
is fighting for her
kids' future.



not your average striker – in fact, until that warm spring day in September 2019, she'd never attended a protest. But in October 2018, she was propelled into action after reading the 2018 UN Intergovernmental Panel on Climate Change (IPCC) report, in which the world's leading climate scientists drew a line in the sand. They warned: if we don't make dramatic changes and reduce greenhouse gas emissions by 2030, we will face extreme heat, catastrophic droughts and floods, and unprecedented natural disasters including bushfires and cyclones. Remblance recalls the panic that washed over her and the adrenaline running through her body as she processed each chilling fact. And she realised if the Australian Government wasn't going to take action to save the planet, she personally would.

Since then, Remblance has gone vegan, reduced her family's carbon emissions and joined the Australian Parents for Climate Action group. She regularly writes to members of parliament and posts harsh truths on social media, including this quote from human rights activist Ginetta Sagan: "Silence in the face of injustice is complicity with the oppressor." And of course, she takes to the streets and protests. "It was reassuring to see so many people turn up and have their presence felt," she says of last year's School Strike 4 Climate rally, inspired by activist Greta Thunberg and attended by more than 300,000 people in Australia and millions worldwide.

Remblance is part of a growing group of everyday Australians feeling increasingly anxious about the climate crisis. A recent survey by research group Ipsos revealed that from May 2019 to January 2020, the proportion of Australians citing climate change

as their key concern increased from 24 per cent to 41 per cent, coming ahead of issues such as healthcare and the cost of living. At last year's federal election the climate crisis was the fourth most important issue facing the nation; now it's number one. This comes after the nation's horrific black summer, which saw bushfires ravage 18.6 million hectares of land, destroy 5900 buildings and homes, and kill 34 people and one billion animals.

Yet despite warnings from scientists dating back 30 years, the Australian Government continues to downplay climate change. Over summer, Prime Minister Scott Morrison routinely refused to acknowledge the link between the bushfires and global warming, and insisted his government's climate change policies were adequate – ignoring the fact that the 2020 Climate Change Performance Index ranked Australia last out of 57 countries on its climate change policy.

As Australians fume at political inaction, many are taking matters into their own hands – and they're not the far-left greenies or long-term environmentalists you might expect. A new face of activism is emerging, and it looks like your Liberal-voting North Shore neighbour, your kid's science teacher and your highly educated local doctor. And they're women...

Women such as Margot Cunich, a GP of 40 years who's based in Sydney's Bondi Junction and is leading the

WE ONLY HAVE A
DECADE TO HALVE OUR
EMISSIONS TO AVERT
CATASTROPHE



2019

WAS THE SECOND-
HOTTEST YEAR
ON RECORD



ERIN REMBLANCE WEARS DRESS BY GINGER & SMART AT DAVID JONES. AMÉLIE WEARS DRESS BY ZARA. LARISSA PAYNE WEARS BLOUSE BY A JE AT DAVID JONES. SKIRT BY ALICE MCCALL AND SHOES BY KITX.

“Quiet Australians” revolution. Choking on smoke-thick air during her summer holiday on the fire-ravaged New South Wales South Coast late last year, Cunich decided she needed to take action. “When we saw the ferocity and the extent of the bushfires and the devastation to people, animals and the bush, it was a wake-up call. We cannot ignore the climate crisis anymore. Until now, I think people have been a bit complacent, assuming the government will save us, but they haven’t done anything,” says Cunich, 65, whose anger at the government has compelled her to protest for the first

time in her life. Alongside her husband Rod, a semi-retired lawyer, she took to the streets and held a silent vigil for climate action outside the office of their federal MP, Liberal politician Dave Sharma, in the eastern suburbs. More than 250 fellow “Quiet Australians” attended the protest (the title played on Morrison’s election jargon praising the silent majority – ironically, referring to those who don’t campaign in the streets or go to protests). “We wanted to show parliamentarians that there are plenty of people who care about the environment, even if they’re

not making a lot of noise,” explains Cunich, who is campaigning for evidence-based climate policy.

She may not look like the ‘typical’ megaphone-wielding activist, but Cunich is a force to be reckoned with. “At a recent vigil, a man drove past and yelled out the window, ‘Get a job,’” she reveals. “I was standing next to the CEO of a major company, the head of a public hospital and the owner of a legal firm. These people do have jobs.”

The new rebels taking up arms on the climate crisis frontline do indeed have jobs, and they’re willing to leave them for the cause. At the start of this year, Emily Townsend spectacularly quit her commercial finance job at News Corp over their coverage of the climate crisis. In a company-wide email addressed to executive chairman Michael Miller, Townsend wrote, “I find it unconscionable to continue working for this company, knowing I am contributing to the spread of climate change denial and lies. The reporting I have witnessed ... is not only irresponsible but dangerous and damaging to our communities and beautiful planet that needs us more than ever to acknowledge the destruction we have caused and start doing something about it.”

Townsend, 36, who left News Corp to launch an e-commerce hub called WorkIt Spaces that emphasises sustainable practices, explains, “Reading [their] ongoing climate denial every day made me feel incredibly anxious and upset. I knew I couldn’t continue working for an organisation that was contributing to the destruction of our planet. I felt like if I didn’t stand up for the truth and take the action that I took, I would regret it for the rest of my life.”

Townsend isn’t the only person boycotting climate-change deniers. Larissa Payne, the founder of environmental movement Extinction Rebellion Bondi Beach, was part of a protest of hundreds outside News Corp’s Australian headquarters in Sydney’s Surry Hills in February. “We don’t have time for petitions or to wait for the next election cycle, we must act now to stop the climate crisis worsening. Research shows non-violent direct action enacts lasting peaceful change,” says Payne, 42, a former history teacher who is now a full-time organiser for Extinction Rebellion Sydney, which has about 50,000 Instagram followers.

Protesting next to Payne outside

the News Corp offices was Izzy Raj-Seppings. The 13-year-old student made headlines last year when she stared down a police officer who was threatening to arrest her at a protest outside Kirribilli House, where activists were calling for Morrison to return from his holiday in Hawaii to face the bushfire crisis. After dragging her dad along and taking a one-hour bus trip on the hottest day of summer to the protest, Raj-Seppings felt unsettled by the squad of riot police moving through the crowd. In a video that's now been viewed more than 3.3 million times, a police officer towers over Raj-Seppings, who is in tears, and tells her she's going to be arrested if she doesn't comply with a move-on request. As she walks away, she holds her sign high above her head, declaring 'Look at what you've left us. Watch us fight it. Watch us win.' The crowd cheers.

"I definitely would have been willing to get arrested at the protest. But I had a dentist appointment afterwards, so when we were escorted away, we had to rush to make it," admits Raj-Seppings, who last year was a normal schoolgirl from Sydney's Northern Beaches with aspirations of being an actor. Now, the red-bandana-wearing teenager has become the face of the climate crisis rebellion in Australia. She's since been to dozens of protests and is dedicating "almost all" her spare time to activism. "I hope one day I won't need to take to the streets and protest climate change. As my sign said, I am certain we can win this fight," says Raj-Seppings, who now dreams of being a politician.

So what exactly are the new revolutionaries fighting for? The common consensus is we need to keep global warming below two degrees or the impact on our planet could be catastrophic. To do this, Australia must take action to drastically reduce its carbon emissions. Remblance cites the IPCC report stating that to reach the target of zero emissions by 2050, we must achieve a 45 per cent decrease on our 2010 emissions by 2030, and reduce emissions by 7.6 per cent each year, every year, for this decade. We've not yet achieved that for a single year, let alone 10 years in a row.

If you want a shining example of people doing extraordinary things in the name of the climate emergency, look to Extinction

Rebellion. The movement was founded in the UK in 2018 by a small group of British academics with three simple demands for the government: to tell the truth and declare a climate emergency; to halt biodiversity loss and reduce emissions to net-zero by 2025; and to be led by the decisions of a Citizens' Assembly on climate and ecological justice.

They've since become infamous for their extreme protests around the world, where they "use non-violent civil disobedience to disrupt governments, companies and business as usual (because 'business as usual' is causing total planetary breakdown and triggering mass murder)".

In Zurich, Rebels coloured the local river bright green and activists floated down it pretending to be dead in a "die-in". In London, Rebels led a funeral procession down Oxford Street carrying skeletons and skulls to express their grief and rage over the climate crisis. In Melbourne, Rebels glued themselves to the Kings Bridge and chained themselves together across Collins Street causing "traffic chaos". In Sydney, Payne heads up the Bondi arm of the movement, and says she would be willing to go to jail for the cause. Extinction Rebellion's climate targets are more



ambitious than most – they say we need to reach net-zero emissions by 2025 or the human race faces extinction – hence the extreme lengths they're willing to go to.

Of course the movement is not without its critics. As well as being condemned for making people late to work, the rebellion has faced backlash for being too white, too middle class and too elitist. "Extinction Rebellion overwhelmingly reflects the concerns, priorities, and ideas of middle-class white people in rich countries. By doing so, it ends up silencing the stories of our communities, who for

DOZENS OF PLANT AND ANIMAL SPECIES ARE GOING EXTINCT EACH DAY



Former News Corp worker Emily Townsend quit her job over the company's climate-crisis stance.

PHOTOGRAPHY BY DICKIE MILLS; AAP: EMILY TOWNSEND WEARS DRESS BY BIANCA SPENDER AT DAVID JONES. SHOES BY MIMCO AND HER OWN HANDMADE EARRINGS. IZZY RAJ-SEPPINGS WEARS JUMPSUIT BY ZARA AND HER OWN TOP AND SHOES. HAIR BY KIMBERLEY FORBES/NETWORK AGENCY. MAKE-UP BY DESIREE WISE/NETWORK AGENCY. SHOT AT STUDIO 501



Izzy Raj-Seppings (below); and (from left) with Larissa Payne at the Surry Hills protest; and outside Kirribilli House where she was threatened with arrest.



SEA LEVELS
INCREASED
3.6_{MM}
PER YEAR BETWEEN
2006 AND 2015

AUSTRALIA'S (IN)ACTION ON CLIMATE CHANGE: *A Timeline*

1990

IPCC releases first report warning of rising temperatures and a looming climate crisis.

1997

Australia and the United States are the only major nations not to ratify the Kyoto Protocol and pledge to cut greenhouse gas emissions.

2007

Labor announces the Carbon Pollution Reduction Scheme and commits to reducing emissions by five per cent by 2020. Now we need to reduce our emissions by 45 per cent by 2030.

2012

The carbon tax begins.

2014

The Abbott government abolishes the carbon tax and dances in parliament to celebrate.

2020

Australia ranks 57th out of 57 in climate change policy. We still have no credible economy-wide government policy to reduce emissions.

hundreds of years have been resisting the root causes of climate change,” wrote activists Tatiana Garavito and Nathan Thanki in their *Vice* piece: ‘Stop Asking People of Color to Get Arrested to Protest Climate Change’.

Payne accepts the judgement. “The white, middle class criticism is, in many ways, fair. We sprouted out of Sydney’s CBD so while it hasn’t been intentional, that does limit accessibility for workers, families and communities who live further from the city. But as the rebellion grows, so too does the diversity of the Rebels. To beat the crisis we need everyone. We have an ethical responsibility to use privilege to fight injustice,” she says, adding that decolonisation is the first step in the rebellion. “First Nations people have been resisting this system, in this place, for over two centuries. They know this land and this resistance best. It is their knowledge, expertise and guidance we respect, not that of the government.”

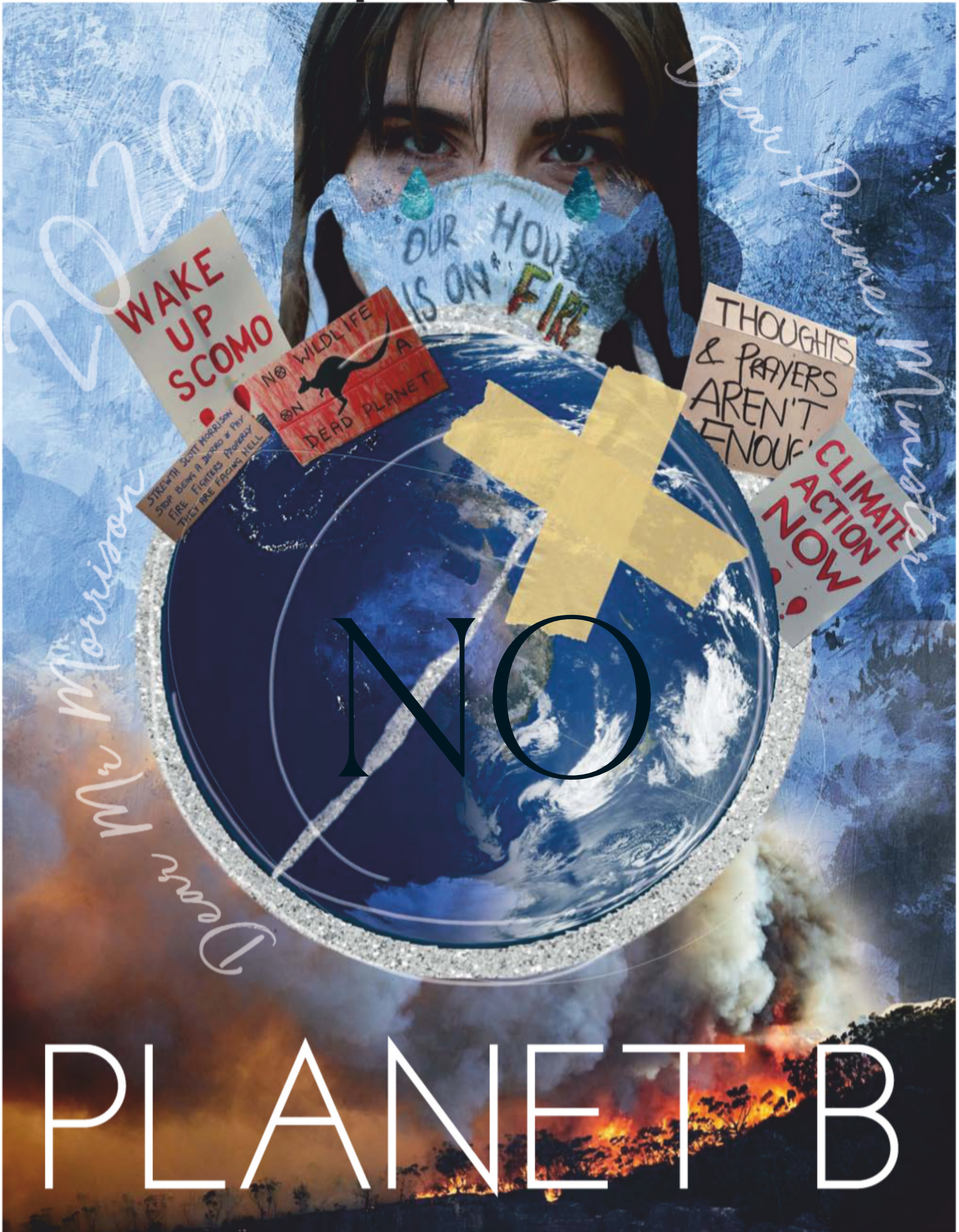
For Payne, one of the most powerful protests she’s been to was a healing vigil led by Indigenous elders Uncle Greg and Auntie Jacinda, grieving the loss of country and wildlife in the recent bushfire crisis. “We sat together in a traditional smoke healing ceremony and listened to the elders’ message of unity. It was the most spiritually inspiring and hopeful moment I’ve had since joining Extinction Rebellion,” reflects Payne. It is this memory of unity that keeps her motivated when the climate crisis weighs heavily on her shoulders and feels impossible to shake off. Plus this quote from environmental activist Joanna Macy: “If the world is to be healed through human efforts, I am convinced it will be by ordinary

people, people whose love for this life is even greater than their fear.”

Holding her now 18-month-old daughter Amélie, Remblance says her greatest hope for her kids’ future is for them to live the lives we’ve been privileged enough to live: breathing fresh air, seeing koalas in the wild, diving at the Great Barrier Reef and not experiencing the terror of fires, floods and frightening weather extremes. She’s already made another sign for her next protest. It reads: ‘Protect the planet’. It’s a simple request and one that hundreds of thousands of Australians are chanting.

Listen up, Scott Morrison: the ordinary rebels are coming for you.

NO



Drought, bushfires, flash flooding. After Australia's deadly summer – and to mark the 50th anniversary of Earth Day on April 22 – seven prominent women write a letter to Prime Minister Scott Morrison pleading for urgent action on climate change



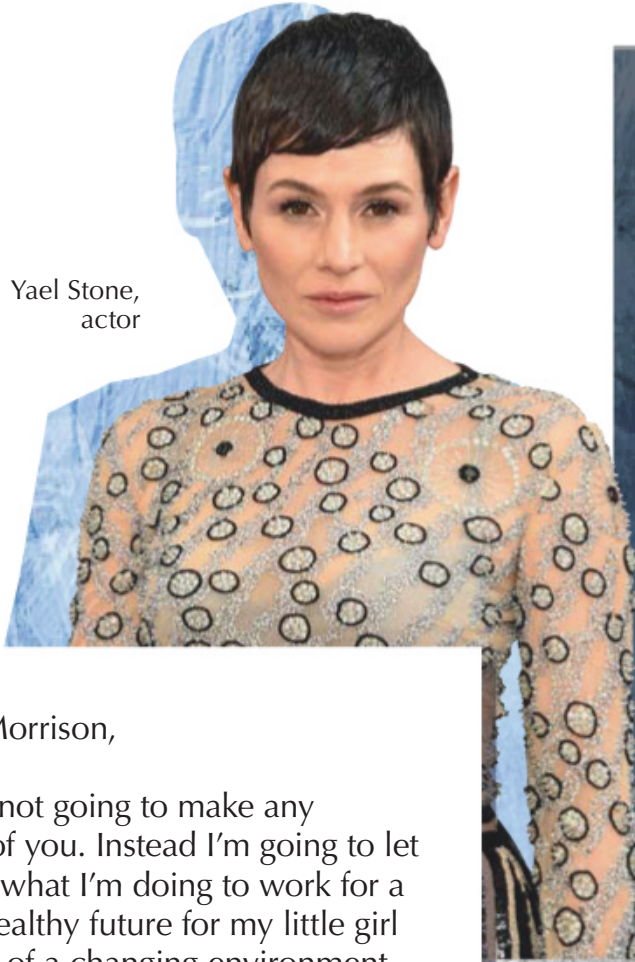
آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی طراحی لباس و مدشناسی

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Yael Stone,
actor



Dear Mr Morrison,

Today I'm not going to make any demands of you. Instead I'm going to let you know what I'm doing to work for a safe and healthy future for my little girl in the face of a changing environment.

1 On the hottest day this summer, as fires raged, I announced I would give up my green card to the USA because I just couldn't stomach the CO₂ emissions.

2 On that same crazy day, I promised to give 50 per cent of my earnings of any job that took me overseas to organisations working on CO₂ reduction or absorption.

3 I've gone back to university to study Sustainable Communities. I want to learn deeply, not only about the challenges we face but the incredible solutions available and the power of strengthening communities as we transition.

4 I am publicly reminding myself and anyone who will listen that as voters, consumers and community members we hold huge influence on what happens in our world. I'd love to know more about how you see a pathway to a safe and healthy future for my little girl.

Yours in respect and sincerity,

Yael

PS. Sorry I insinuated that you were a coward on that very hot day in January (on Twitter). Calling you names is not the way to find common ground and that is surely what we need right now. I regret it.

Dear Prime Minister,

In the name of the climate crisis, now is the time to listen to the Aboriginal and Torres Strait Islander voices of the continent we now call Australia.

We have been managing and maintaining this land for more than 60,000 years, and we've learned a thing or two in that time. It's become very clear that Western land management brought over from England has not worked for this country. It's not about being politically correct, it's about trusting in the knowledge that has been passed on from generation to generation.

Indigenous knowledge has shown time and time again to be incredibly valuable both in academic circles and in the practical maintenance of the country. Growing up in Kakadu, I saw how it benefited Mirrar lands. Now, with the northern coastline being so close to the equator, I can see the effects that climate change has had on the weather. The locals should not be commenting on how hot it is.

All we ask for is a seat at the table, and the attention and respect that our knowledge deserves.

Miranda



Miranda
Tapsell,
actor



Robyn Lawley,
model

Dear Prime Minister,

I'm saddened I can't say this to you in my 6'2" towering glory. End fossil fuels now! If you don't, I will hold you forever accountable. We need to end their archaic usage and turn to renewables, and we have the power and the resources to do so.

We can change our situation but we have to take drastic action now. Think of your children and grandchildren. Think about mine! What are you leaving for them? We can nurture the planet back; there are millions of Australians who - like me - are terrified and we are willing and able to help you get it done. Be a leader of the future, not the past. We can do it together. Even leading an initiative of every Australian planting one tree could help. #climateemergency

Robyn

Dear Prime Minister Scott Morrison,

This past summer, we watched our Mother burn and drown at the hands of climate change. In the absence of acknowledgement or prevention from your government, our community was unwillingly forced to turn and face the flames together. We have emerged broken, but oh-so-stubborn.

We demand immediate climate-change action to ensure the prosperity of our Mother. We demand research into clean fossil fuel alternatives. We demand the protection of our truly unique and blessed country. And above all, we demand a future.

Camilla

Camilla Franks,
fashion designer

Dear Prime Minister,

Almost all Australians were affected by the devastating bushfire crisis this summer. Some faced terrifying flames, while millions choked on toxic smoke. Together we have lost so much.

Just as every cigarette increases the likelihood of cancer, the longer we burn coal, oil and gas for energy, the more ferocious and frequent extreme weather events will become. The only way to tackle climate change is to get our emissions to zero – fast. You need to lead. If not, get out of the way and let businesses, communities, local and state governments take the reins.

Amanda

Dear Prime Minister,

We live in a beautiful country and it's only natural that we want to safeguard it for future generations. But this summer's bushfires demonstrated that, in order to do that, we need a plan in place to prepare and mitigate for climate change. Australia desperately needs a Climate Change Act. We're lagging far behind many other countries that have already enacted such legislation. Our long-term safety and prosperity should be a moral question, which is why I am calling for bipartisan support and a conscience vote.

There is no Planet B.

Zali

Zali Steggall,
politician

Amanda
McKenzie,
CEO of the
Climate
Council

Nicole da
Silva, actor

Dear ScoMo and Co.,

Your secret's out. The government's gross misconduct and lack of action has seen unprecedented bushfires; our farmers thrust into drought and hardship; and our natural resources sold off to the highest foreign bidders. But I'll let you in on a secret – we'll no longer accept complacency, exploitation or the flagrant abuse of our environment. Our governments, both state and federal, are answerable to the Australian people they serve. Not the other way around.

I suggest you pull up your cricket socks, dump the coal from your pocket and embrace the science. We need a proactive plan to carbon neutralise, full support of green technology and the long-overdue subsidising of electric vehicles.

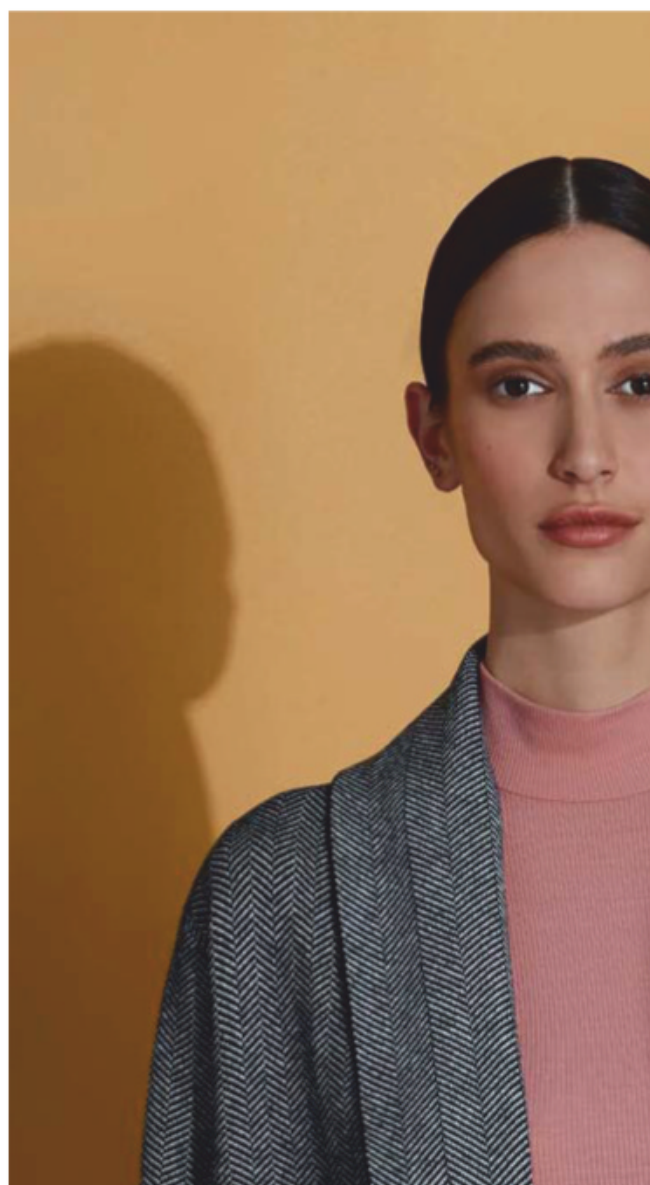
Our future, yours included, depends on it.

Cheers,

Nicole

GET INVOLVED

Every voice counts in fighting the climate war. Write to your local, state and federal members of parliament demanding action, such as cutting greenhouse gas emissions; switching to renewable energy; allowing no new fossil fuel projects; and listening to Indigenous land leaders. Also stay tuned for protests in your local area; visit schoolstrike4climate.com or climatechange.protests.net.au.



*All knitwear from TK Maxx.
Brands and styles vary by store.*



Luxury knits without the luxury price tag

Loved globally by those in the know, TK Maxx is the home of big brands at small prices. So enjoy a little luxury for less this winter.

This season cuddle up in ultrasoft woollen yarns or stand out in bright boiled wool knits sourced from around the world. The wide range of knitwear at TK Maxx focuses on quality materials with a variety of brands, patterns, detailing, textures and colours to suit your individual style. With over 55 stores across the east coast, you are only a short trip from discovering big brands at small prices.



BABY



She was the girl next door who became a model, mogul, and now a mum. In the lead-up to Mother's Day, Jennifer Hawkins opens up about life with Frankie, fertility struggles and finding her strength

PHOTOGRAPHED BY STEVEN CHEE STYLED BY CHLOE BUTTENSCHAW INTERVIEW BY SARAH GRANT

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی طراحی لباس و مدشناسی



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LOVE



R

esplendent in a rose-pink Prada gown, Jennifer Hawkins is working the camera. For the model – who shot to stardom as Miss Universe in 2004, going on to become the face of Myer,

the host of *Australia's Next Top Model* and now a successful entrepreneur – it's just another day at the office (or, in today's case, her stunning home on Sydney's Northern Beaches).

But this shoot is a particularly special one for Hawkins: the first with her baby girl, Frankie. She holds the five-month-old close to her chest, then lifts her lovingly to the ceiling, gazing into her eyes.

While the new mum and businesswoman (founder of Jbronze self-tan and Sesión tequila) is quietly bursting with joy, it's been an emotional journey to get to this point. Two years ago Hawkins and her husband Jake Wall fell pregnant, but received the devastating news that there was no heartbeat at their first scan. Hawkins recalls her world crumbling around her and her deep desperation to conceive, memories that make life today with Frankie – who's also a natural in front of the camera! – that much sweeter. Here, she chats to Sarah Grant.

marie claire: Congratulations on the birth of Frankie! How are you finding motherhood?

Jennifer Hawkins: It's the best thing I've ever done, to be honest. I feel more content than I've ever been – it's changed my perspective on life. My empathy level has gone up 100 notches because there's so much love flowing through my body. It's another world, but I'm so glad to be living in it right now.

MC: What's been the best thing about becoming a mum?

JH: Being present. When Frankie has a sleep, I go crazy doing all the things I need to do, but when I'm with her I'm so in the moment, it's almost like a meditation. You're not thinking about anything

else, you're just watching her respond to everything.

It's forced me not to plan and not to expect things to be perfect. I'm learning all the time.

Even breastfeeding – it was difficult at the beginning because it was challenging to get her to latch on properly – but after a month it got a lot

better and I got calmer. Now I love it. The whole experience of motherhood – the birth, then learning to breastfeed – there's just so much personal growth. I have so much respect for women.

MC: What was it like when she was born?

JH: Oh my God, it was an out-of-body experience! It was the most magical moment of my life. When they first put her on my chest ... I can't explain it. There were moments in the year prior when I honestly thought deep down that I might not be able to have a baby. It was really difficult to even think that and I was scared to say it out loud because I didn't want to jinx it. And then when she came out, I was just so overwhelmed; I was crying, it was incredible. Of course I'm not the only one to have had a baby – I know other people feel like that as well – but we just felt so much overwhelming gratitude.

MC: You've previously opened up about having a miscarriage. Was that the hardest thing you've ever experienced?

JH: It was really hard. We'd been trying the year before, then fell pregnant, then had a miscarriage. I went and saw a specialist and they wanted to test for endometriosis. I came up as having Stage Four, so they cleared it out. It happened over a two-year period, which felt like a lifetime when I was going through it, and very intense, but in the scheme of things it was all quite quick. Looking back, I realise that I found strength within myself, and the bond between Jake and I got much stronger. There was a lot of growth in the whole experience for me; you learn who you are and how to deal with things.

MC: What inspired you to speak out about your endometriosis and fertility challenges?

JH: It wasn't like I wanted to come out and be the poster girl for miscarriage, because I know a lot of women go through it, but it was part of my story. The reason I wanted to talk about it is because I don't think there is much discussion about it, and the more people talk about it, the more it can help others. For me, when I was going through my miscarriage and endometriosis, talking about it with my loved ones really helped me. I didn't realise how common miscarriage was until I started talking to people about it, and all these stories came out.

MC: What did you learn in that time?

JH: How amazing my partner is, to have him and be a team, and that was pretty special. But also how much strength I have as a person, as a woman, and being able to keep stepping forward each day.

MC: What would your advice be to other women who are struggling to conceive?

JH: Your frame of mind is really important. So for me it was about meditation and yoga, which has changed my life and helped me with perspective, and also talking to people. I just wanted a baby so badly, there was nothing else going through my brain. It was tunnel vision. I knew I had to keep persisting.

MC: How did it feel getting to 12 weeks of pregnancy with Frankie?

JH: Being in the room with Jake and hearing the heartbeat [during] the scan, it was surreal. I was so overwhelmed. We were beside ourselves, kissing and saying, "This is actually happening!" It was the best feeling in the world.

MC: Who does Frankie take after?

JH: I feel like she's a mix, but every day it's different. She's definitely cheeky but she's also got a calm nature; she's pretty chilled. She'll be her own person, but it's so nice when you see glimpses of yourself

“There were moments when I thought I mightn't be able to have a baby. It was really difficult to even think that”

“The other morning I woke up and I’d been feeding Frankie half the night, and Jake had made me tea and scrambled eggs. Forget the lingerie, that’s romance!”

Scanlan Theodore
cardigan, scanlan
theodore.com; Bec
& Bridge bodysuit,
becandbridge.com.au.





Hawkins wears Khaite top, at mytheresa.com; Mother of Pearl pants, at parlourx.com; her own ring. Frankie wears mamapapa bloomers, mamapapa.com.au.



and then of your husband. It blows your mind.

MC: What's it been like seeing Jake become a dad?

JH: Oh man. It's just so incredible seeing him in that state of love. Our connection has just catapulted to another level – I have so much new respect for him.

It's funny how your relationship does change, though.

The other morning I woke up ... [after] feeding Frankie half the night and he'd made me tea and scrambled eggs. To me, that was the most romantic thing. Forget the lingerie, that's romance! We work as a team and there are so many funny moments: Frankie pooped on my hand the other day and we were laughing. I was like, "Who are we?"

MC: Has any of it been challenging for you?

JH: There have been some really difficult times, particularly with sleep deprivation when you're just trying to do your best and you're exhausted. It makes everything hard some days. But I feel like because we've gone through so much to have her, I just snap back to thinking, "Oh my God, I get to do this, I get to do this." I'm not saying it hasn't been hard, but the gratitude overrides everything.

MC: Has your relationship with your body changed since you became a mum?

JH: I have so much more respect for my body, instead of worrying about it aesthetically. You let go and I feel like I'm much calmer now. I'm really content and I don't mind what people say because I'm happy within myself. I thought I'd be worried about having a stomach that wouldn't pull in – I have a pouch! But I just think, "Who cares? Look what I've got in my arms!" I look at Frankie and go, "Wow, my body grew her and feeds her." It's very freeing because for two years I wasn't calm. I was in such a state of "I have to get pregnant" and was thinking about timelines.

MC: What has Frankie taught you?

JH: Unconditional love. I've never experienced this level of love, with every cell in my body. And definitely patience. You can't plan with babies and every day is different. The other day I ducked out for an hour and [when] I came back Frankie was going "Mum, Mum, Mum, Mum, Mum." It was the best sound I've ever heard in my entire life. I got so teary, it was amazing.

MC: And you realise how much your own mum did for you...

JH: Absolutely. I'm her fourth, the youngest, and I say to her, "How did you do that, how did you have four?" Our families have been super helpful and given us lots of advice, but also given us the space to find our groove as parents, which has been nice.

MC: Have you had any date nights out yet without Frankie?

JH: No! We've had so many people offering, but we just want to hang out at home with her. We put her down at night and then cook dinner or watch a movie. I've been conscious to create our own adult time.

MC: Motherhood is a job in itself, but what other projects do you have in the pipeline?

JH: I've got a few exciting things coming up work-wise, though I was really aware of wanting to take maternity leave and be with Frankie, and have that break from work. I always stay across what's happening with my own businesses, Jbronze and Sesión, and I've also become interested in licensing my name, so that's something that will happen later this year. Jake and I are making

decisions as a team for our family. It's so nice to even say "Our family!" It's the best thing ever, it's a dream come true.

MC: What's your proudest career moment?

JH: I've done a lot in my career, and I'm really proud of things that were out of my comfort zone, like hosting *Australia's Next Top Model* and starting two businesses. But Frankie tops all of those things, she's definitely my greatest achievement.

MC: Did you always set out to make the transition from model to businesswoman?

JH: It's funny, I've never really classed myself as a model, as I've always represented brands as myself. But I've always wanted to own my own business because there's longevity in that.

MC: In January, you donated 100 per cent of profits from Jbronze's online sales to bushfire relief. How important was it for you to use your platform and make a contribution?

JH: It was non-negotiable. It was such a terrible, devastating time. We wanted to give back, so we discussed it and it was an immediate decision. I'm in a position to give back, so I try to do it as much as possible with different charities, whether it be publicly or privately. It's really important to me.

MC: That same month you also experienced some mummy-shaming when you posted a photo of Frankie at the beach without a hat on. How did you deal with that?

JH: It was a storm in a teacup. I don't spend much time on Instagram, so I was told what had been said. But there are so many more important things going on in life. I haven't had a lot of negativity on social media, but there's always that one person who'll say something. I just leave the comment there, because if they're being rude my followers will stick up for me. If they're being really awful, I have no qualms about blocking and deleting.

MC: This is your fourth time as a *marie claire* cover star. Do any of the shoots stand out for you?

JH: My favourite was the cover with Megan Gale, because back then I was always being pitted against other women, particularly Megan, as she was the face of David Jones and I was the face of Myer. And I'm just not that person, I'm so pro-women. That cover was really empowering for me and I loved that we were supporting each other. And now today, I'm doing another *marie claire* cover with another female!

MC: It's an amazing time for female empowerment – is that something you feel strongly about?

JH: My advice to other women is to aspire to be authentic and do whatever is in your heart. Make it a priority and give it a go. The most important thing is to support other women along the way.

MC: What's the number one lesson or piece of advice you want to impart to Frankie?

JH: Just to be whatever she wants to be, to have a strong voice and be her own grounded woman. I also feel strongly about teaching her to be humble and kind along the way, because you feel better when you treat people better.

"I thought I'd be worried about having a stomach that wouldn't pull in. But I just think, who cares? Look what I've got in my arms!"

Imagine a world *without* animals

It's a harsh reality. Earth is facing its sixth mass extinction – one million species could be wiped out if we don't make urgent changes. But there is hope, and an initiative called The Lion's Share fund is raising money for conservation and habitat protection by asking corporations to donate every time an animal appears in their ads. To mark *marie claire*'s new partnership with the fund, we challenged six artists to visualise a world without animals as a warning sign and wake-up call



The Gallery Of Extinction
Paula Kuka @common_wild

"At first this may look like a celebration of animals. But it's not. When I asked my five-year-old what the world would be like without animals, he replied with one word: 'Sad.' I agree. We are watching a tragedy unfolding. This grand and austere gallery houses a march through time as, one by one, animal species are devastatingly wiped out, from the long-extinct, to the almost inevitable to the unexpected. How much do we have to lose until we take drastic action? And when they are all gone, who is next?"

Aria

Janelle Barone
@janelle.barone

"When I started thinking about a world without animals, my mind wandered towards all of the Disney movies I've seen where the female protagonist sings to various woodland creatures. I also thought about the treatment of animals in movies like *Blade Runner* where they've become so scarce that robotic replicants have been made. So, I combined the two ideas and imagined a Disney princess singing to manufactured animals, in lieu of the real thing. It feels eerie and dystopian to imagine a world where technology is more ubiquitous than wildlife. When people look at this piece I'd like them to feel the loss of innocence incurred when humanity tampers with the natural world in the name of greed or 'progression'."



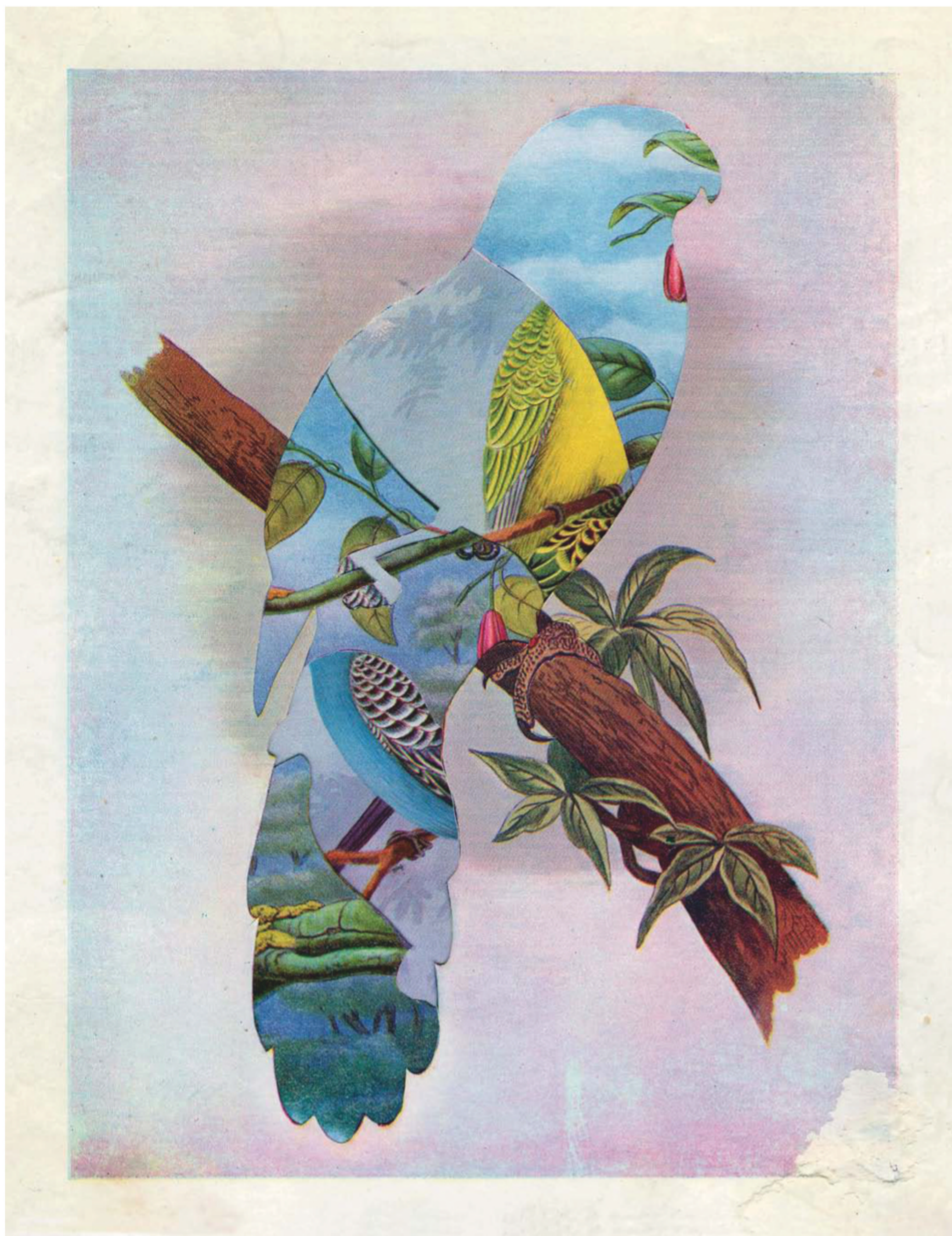
After The Fire

Fintan Magee @fintan_magee

"When *marie claire* first approached me to create a work based on 'a world without animals', my first reaction was to imagine a distant future dystopia. But the more I worked on sketches, the more it didn't feel right. The more I thought about a world without animals, the more I thought about recent bushfire events in NSW and my personal experiences travelling through affected regions after the fires.

"I decided to make a realist work set in the here and now for the piece. Based on a photo taken by my friend Ed Whitfield, this work shows the remains of a burnt-out car collection on the South Coast of NSW. The work reminds us that many of us have already seen a world without animals. Being in the areas after the devastation was truly surreal – one billion animals perished in the fires. The lack of insects and bird sounds was incredibly strange, and I realised how unnatural it is to live without those sounds. This work aims to remind us that a world without animals is not some distant dystopia from science fiction. It's here and happening now, we are in the middle of a mass extinction – if climate change isn't acted upon, we may see the end of biodiversity as we know it."





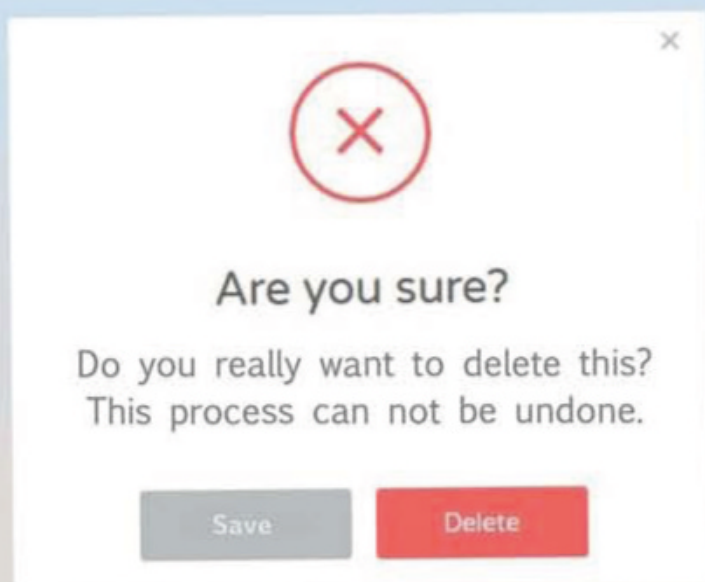
Paradise Lost
Maximillian Malone
 @maximillian.malone

"I live and work surrounded by vintage books filled with photographs and illustrations of the amazing natural world. As a collage artist, I gather materials from second-hand sources: flea markets, vintage fairs, op shops, junkyards and even bins. "I try to make conscientious choices every day to lower my impact, but reducing isn't enough. Offsetting and leaving the world better than we inherited it has to be the target."

"Recently I ran a collage workshop at my art studio, with ticket proceeds going to WWF Australia's Bushfire Appeal."

"My hope for the future is to live in a world using 100 per cent green energy, to see changes for more ecological approaches to agriculture, and a progressive society with politicians embracing change and tackling our climate crisis head-on."





Are You Sure?

Tahnee Kelland @tahnee_kelland

"A world without animals is a scary thought, mainly because the idea doesn't seem so unrealistic. It's so confronting to imagine I couldn't even bring myself to paint such a scene. Instead I wanted to show what we'd be giving up. We've all accidentally pressed delete on something important on our computer. The feeling of panic is replaced with immense relief when that little dialogue box pops up asking, 'Are you sure you want to delete this?'

giving us a chance to save it. We are living in a time where we have one last chance to 'press save' on our environment and the world as we know it. For one day very soon, we won't get that choice. We won't have the privilege to be asked again and again. We won't get that sweet feeling of relief, knowing we have a chance to save it. Soon it will be out of our control. I hope this is at the forefront of everyone's mind next time they have to vote."





A Shadow Of Her Former Self

Daimon Downey
 @daimon_downey

"We reference colours from nature, so a life without animals is a life without colour. No bees, No birds, No flowers, No trees, NO YOU, NO ME!!! She is not just our mother yet we continue to be the troublesome child. Grow up, start listening. Our siblings are dying and our mother is crying."

Downey's exhibition Half Masked... how little it takes to say a lot is showing at Matteo Downtown in Sydney from April 29*.

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی طراحی لباس و مدشناسی

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Inside the
SORDID
WORLD
of superyachts

What's it like to work aboard a billionaire's boat? Megan Agnew peels back the glamour on a world where depression is rampant, the demands are relentless and #MeToo never set sail



آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی طراحی لباس و مدشناسی

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In the world of the super rich superyacht owners, staff have to be able to get anything from anywhere within 24 hours. Recently, a “Mrs” (shorthand for a boat owner’s wife) woke up on a superyacht in the Caribbean, far from habitation. She wanted 1000 white roses to adorn the craft. The crew arranged for the flowers to be helicoptered from Miami, then brought to the yacht in time for dinner. The following morning, the Mrs wanted them gone. Unable to throw them into the sea and too far away to drop them at a port, the crew had to jam them into their tiny quarters.

Such stories of extravagance are rife at the Monaco Yacht Show today, where more than 580 exhibitors have set up stalls around the marina. There are ship designers, brokers, interior decorators and recruitment agencies. Here, if you can pay, you can have whatever you want: Swarovski crystal-encrusted anchors, personalised toilet

rolls and diamanté light fittings. You can buy gold dumbbells for your gym, gold swan taps for your bathroom and gold bins for your tampons.

In the water are 125 boats. Some are newly built for private owners, brought here by the shipyards as an advertisement to other buyers. The biggest at the show is *Tis* – 111.5 metres, 18 guests, 38 crew, cinema, helipad and spa, chartered for \$3.3 million a week. Plus expenses.

The show is one of the only times owners can see one another’s boats, because with extreme wealth comes extreme privacy. Yachts are often registered offshore and their billionaire owners kept anonymous. They might be used as offices, holiday homes or hiding places. And what happens on board, stays on board, with members of the crew often signing non-disclosure agreements.

So what does happen on board and below deck? Many crew members are reluctant to speak, fearful of lawsuits from their bosses – the richest people in the world – and of becoming known as “difficult” to recruitment companies. The ones who do talk describe glamorous destinations and large, tax-free pay packets, mixed with long hours, social isolation, sexual harassment and depression. It’s a combination that people call the “golden handcuffs”.

Alice Tiller, 33, worked in the industry for eight years. She began her career on a private superyacht that also had a “shadow boat”, a decommissioned oil-supply boat converted into a luxury storage unit. It followed the main boat, carrying equipment and services the owner may want access to on a whim: gyms, spas, casinos, meeting rooms and garages for supercars and bikes.

“I was doing 18-hour days for six months while the boss was on board,” Tiller says. “Every morning, the owner took the female crew to work out with him on the shadow boat. I don’t know [why] ... I was new to the industry, so I didn’t really know otherwise.” In the gym, the owner would “touch us” in a way that felt “inappropriate” for a boss. Tiller now sees it as harassment. But even with hindsight she says it would have been impossible to refuse. You either say yes or you get fired.

The same owner offered to fund breast enlargements for his six female employees. (Tiller declined.) While on the same boat, Tiller had to share a room with the captain and, looking

Sumptuous superyachts have every imaginable extra, from helipads to swimming pools.

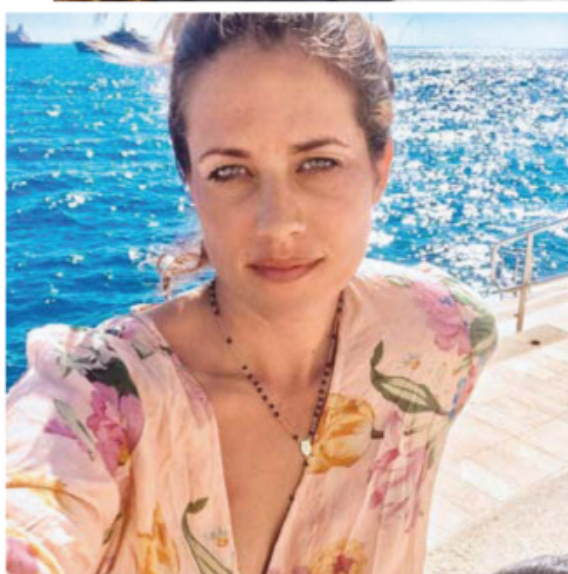
back, she is “really not OK with what I put myself through”. The captain would try to open the bathroom door while she was in the shower. “It was always put down to ‘just banter’,” she says. “He would get into my bed when I was asleep and try to kiss and touch and feel me. Multiple times he tried to make it lead to more. He was my boss.”

According to a 2018 survey into sexual harassment in the industry from the Professional Yachting Association, 40 per cent of respondents said they had been the recipient of unwanted physical contact while working, mostly from a fellow crew member. The closest thing a superyacht has to “human resources” is the captain, but he answers to the owner. In Tiller’s case, both the captain and the owner were the perpetrators, but regardless of the set-up, she is sure she would have been fired for complaining rather than helped for whistleblowing. “Weinstein, Epstein ... rich people can kind of do whatever they want,” shrugs Tiller.

Karine Rayson initially joined the superyacht industry for the travel and adventure, but ended up feeling like a glorified cleaner. “It’s back-to-back all summer,” she says. “You’re vacuuming the same spot you vacuumed half an hour ago. You clean with an earbud, you polish the inside of a tap with a toothpick, you go completely mad.”

Rayson is a trained counsellor now and provides FaceTime therapy and mentoring for people working at sea, going by the name The Crew Coach. She tells me crew turnover is high, sometimes because impatient owners suddenly decide to fire someone, but mostly because of “crew burnout”. Rayson remembers being woken up at 3am one morning to get the owner’s 10-year-old son ice cream.

Like the navy, the management system on board is hierarchical. The captain, who, according to Boat International, can earn between \$12,000 and \$26,000 a month, has the final say. Below the captain, responsibilities are split into four: the “interior” team – mostly women, called “stews” – do the housekeeping, laundry and guest service. They earn \$6000 to \$12,000 a month. Then there are the chefs (\$7000–\$14,000), engineers (\$7000–\$19,000) and, finally, the mostly male deck crew (\$4000–



“These people can just buy what they want. It’s like prostitution”

\$11,000), who take care of the outside of the boat and drive the tenders.

The superyachts in Monaco are spotless. Every time a guest goes down to their room, a stew will go in after them to reposition the towel sculpture or refold the end of the loo roll. It makes them look like expensive business hotels – as if no-one has ever existed on them. There are no scuffs from kids rollerblading, no wine stains from wild parties, no evidence of life.

While the Maritime Labour Convention protects the employment rights of people working at sea, private yachts don’t have to comply – they’re billionaires’ own personal floating kingdoms. “When you’re recruited by the richest people in the world,” says Rayson, “whatever you’re faced with, you just have to deal with it.”

There is the option to report onboard crimes to the authorities, but it’s rife with complications. Under international maritime law, people on board a vessel are subject to the jurisdiction of the flag state where the vessel is registered, and you must be present in that country to report the crime. (As well as its flag state, a yacht

is also subject to the laws of whichever country’s waters it’s currently in.)

The longer you stay in the industry, the harder it is to get out, Rayson continues. The pay is high for the skills required to be a stew (essentially a housekeeper). “If you’ve been polishing with an earbud for five years, you’re not upskilling as you would in a land-based job,” she says. “It’s hard to know where to go next.” The money, sun and travel keep crew coming back, despite ill treatment. Hence the golden handcuffs.

Cara Edson, 25, worked as a deckhand on a boat in northern Europe when she was 19. As the only woman, she says there was a lot of “hardcore banter”. Then one night, while the boat was in a Dutch port for repair, the crew went out together. “I know I didn’t drink that much,” Edson says. “My drink must have been spiked. The last thing I remember is going home and throwing up, then I was in someone else’s bed. I was terrified, I had no idea where I was, but I looked around and I was next to another crew member.”

Edson says she has flashbacks of being raped by him. The next morning she told the chief stewardess what had happened and went to the pharmacy to get the morning-after pill. The captain fired the alleged perpetrator. “The thing that still sits with me is that we never went to the police,” Edson says. “But how do you deal with it in a foreign country? What processes do you have to go through? The crew are all from different countries, you’re not in one place for long, plus the boat is registered somewhere else.” It is a stateless existence, so institutions and authorities feel meaningless.

It wasn’t until Edson went home to New Zealand, 18 months later, that she felt able to address her depression and went to therapy.



FROM LEFT Karine Rayson; the Monaco Yacht Show; a stew at work; and a promo girl in Monaco.

She still works in the industry, sailing high-performance boats.

Another deckhand, Sophie Woodly, says she often has a “shower cry”.

“We might sound like we joke about it,” says the 24-year-old from the UK.

“But there’s nowhere else to go. You’re being cheery for the guests, working long hours, weeks at a time of not being on land, sharing a small bedroom. The shower is the only place where you can lock the door and be truly alone.”

Woodly is a vocal campaigner for mental health in the industry. Three years ago, while working on a superyacht, she became depressed and struggled to socialise. It was made worse by difficult relationships with her colleagues. She started therapy in the South of France, but wasn’t there for long enough to go regularly.

“On numerous occasions, when we would be out at sea doing long trips, I would be on watch at 2am. I’ve gone to the back of the boat and stood there on the edge, looking out into absolute darkness. And I’ve thought to myself, ‘If I stepped overboard right now, nobody would know.’ It just felt all too easy.”

In December 2018, a British superyacht crew member, Andrew Clapham, 32, took his own life in the Caribbean. A few months before, Sinead McNamara, an Australian, killed herself in Greece while on board the \$215 million Mayan Queen IV. In the June before that, a crew member of a superyacht in Boston killed himself.

Woodly started taking antidepressants and slowly began



to get stronger. One day she asked her captain for a day off to collect a new round of pills. She claims the captain fired her on the spot. “He used the words, ‘Your condition will be a burden on the crew. If you’re not capable of doing the job, then you shouldn’t have the job.’ I was capable, but this world has an obsession with everybody being perfect.”

Back at Monaco today, Woodly is sunny and full of life as she puts cushions away on the top deck of a yacht, laughing with her colleagues. She has started Skype therapy sessions with Rayson and feels everyone on board should have counselling. Despite her chequered experiences, she has

“I thought, ‘If I stepped overboard right now, no-one would know.’ It just felt all too easy”

boomeranged back to the industry, found a job on another yacht and is still working. “This is a very nomadic life and it suits me,” she says. “When I get a couple of months off, I can travel wherever and I don’t have to stick to a budget – it’s freedom. The pros of this job far outweigh the cons.”

Looking around at the people perusing the yachts, they are all variations of the same theme: they are practically all male, wearing a pastel shirt pulled taut over a fat belly, slicked-back hair and big sunglasses. The few female customers I see are nipped, tucked and plumped.

Most of the women at the show are working. Some walk around the marina in identical evening gowns and heels – they work for the brokers as promo girls. On board, stewardesses are giving tours. Most wear little skorts and tight white polo shirts.

All the crew I see are slim and attractive, and the longer I’m here the more it makes sense. You are buying a superyacht – your perfect pleasure palace. You can choose its length and height and where the helipad goes. You pick out the colour of the cushions, the number of crystals on the chandeliers, the bed sheets. The

final accessory? The staff. In the superyacht world, having identical-looking female crew is a status symbol. Blondes are bought to match.

According to Tiller, when applying for a job in the superyacht world, your CV must include a photo and often a full-body shot, plus your height, weight and dress size. “I’ve been there when captains have gone through a pile of girls’ CVs and said, ‘Too fat, too short, too ugly.’ It happens regularly. These people can just buy what they want. It’s like prostitution.”

Meanwhile, the super-rich hover above the real world. They get whatever they want and are subject to no single authority. It makes it difficult to apply normal rules and ethics. In this realm, a pinch on the arse comes with a whopping tip; 18-hour days with three-month breaks; ridiculous demands with exotic backdrops. If you pay someone enough, their answer is always “yes”, but money is not the only price.



Never meet YOUR HEROES?

When they're good, they're great. But other times, they're cringingly awkward, physically painful and even heartbreaking. Yes, we're talking about celebrity interviews. Here, four of our favourite journalists spill on the stars who made them squirm.





“MARIAH CAREY WAS FIVE HOURS LATE”

– TIFFANY BAKKER

Mariah Carey is not ready. It's close to midnight on a freezing New York winter's night in 2010 and the woman who has sold more than 200 million records, and who still has the most number-one singles of any solo artist in the US, is somewhere in SoHo's swanky Mercer Hotel doing something very important that does not involve talking to me.

Five hours earlier, I arrived at the hip downtown hotel, a favoured celebrity haunt and paparazzi magnet, prepared for a 7:30pm audience with the icon.

“Mariah is not ready,” an assistant says defiantly and motions me to an expensive-looking olive sofa as a snippy concierge looks me over, unimpressed.

The minutes tick by at a glacial pace. Then the hours. I know the superstar has a reputation for being late, but by 9:30pm, I'm about to start climbing the expensive walls.

“Mariah is not ready,” another flustered assistant bleats apologetically, before promptly disappearing back into an elevator. At various points, a string of assistants emerge, all with a variation of the same pained expression. Mariah is still not ready.

Around 10pm – well into hour three – I ask one flustered twentysomething if I can go nearby to grab some food, but she looks at me, horrified. “NO, NOT IN CASE MARIAH IS READY.” By 12:01am, I'm losing the will to live. Even the

concierge has begun to regard me with pity, offering me a glass of water. (“It's sparkling, but you don't have to pay for it,” he says, as if I am Oliver Twist.)

Then, like an oasis in the now-empty lobby, another assistant appears and grandly declares, “MARIAH IS READY!” The fact that I have been waiting for five hours and am barely conscious is not mentioned.

“Mariah works so hard. She's talking to you at midnight!” she continues, as if the singer is Mother Teresa. I'm led into a vast penthouse suite where the lighting, mercifully, is low. Standing in the middle of the room in a tight, plunging black dress, immaculate hair and make-up, and the highest heels you've ever seen is Mariah Carey. I feel like Jodie Foster being led to Hannibal Lecter.

Like the Queen, she extends a hand, but her grip is fleeting and she snatches it back as if having to come into contact with a member of the public – and a dreaded journalist at that – is punishment enough.

She sits. I sit. One of the assistants – I'm not sure which – sits so close behind me I can feel her breath on my neck. We talk about her new Christmas album (the whole point of the interview!), motherhood and

her then-husband (US TV star Nick Cannon), but her answers are short and it is clear that Mariah is over it.

So I go for it; I ask her about being considered “difficult”, a question a man in her position would certainly not get, but I am tired and cranky. Her eyes flash darkly.

“Look,” she says,

making direct eye contact for the first time. “I'm very regimented and I work – let's not get it twisted. I really do go to work. People don't think that what I do is work, but it is. I mean, I'm here talking to you at midnight.”

I want to remind her that our scheduled time was 7:30pm but ... minor details.

She huffs and glares at the assistant over my shoulder. Mariah is ready – to leave.

It's bone-achingly cold when I step onto the street, and it's after 2am by the time I finally walk in the door of my Brooklyn apartment. I spend most of the next week in bed with the flu. And I never want to hear another Mariah Carey song again.

“ONE OF
MARIAH'S
ASSISTANTS
SITS SO CLOSE
BEHIND ME, I
CAN FEEL HER
BREATH ON
MY NECK”



“JENNIFER LAWRENCE BROKE MY HEART”

– NAOMI CHRISOULAKIS

The top button of Jennifer Lawrence’s blue silk shirt is undone. But the A-list star is completely oblivious to the eyeful I’m copping as we exchange pleasantries ahead of the 20 minutes I have to interview her in a fancy Beverly Hills hotel (“I’m a Leo, too!” she exclaims when I tell her it’s my birthday and that we have the best star sign. She high-fives me. “That is such a Leo thing to say but it’s also the fuckin’ truth!”). Do I point it out and embarrass one of the world’s most famous people, or leave it be and feel like a creep? As we sit, I make a gesture at my own top to try to tell her with my eyes that I’m getting a view of her lacy white bra that would make a teenage boy faint. She glances down. “So, that’s cool,” she says, rolling her eyes and dragging the shirt to one side to expose even more of herself.

Embarrassed? Hardly. “I was doing that the whole time, so he [the previous interviewer] totally saw my tits. Wow, oh man,” she says, laughing. “You know when you do the mirror test and you’re standing? And then you sit and, huh, your tits just come out. I really wish that a female had been first!”

I’d hit interview gold within the first few minutes, and thought to myself, she’s exactly what I imagined: the funny, carefree, fantasy BFF that I’d seen on talk shows. But over the course of the interview, which is for 2014’s *The Hunger Games: Mockingjay – Part 1*, anxiety emerges under the bravado. When I ask her what the weirdest thing about being famous is, her grey-green eyes flicker. “Tiny little normalcies that you don’t even notice get taken away,” she says quietly. She’d love to go back to being anonymous. “I would go to the grocery store because I wouldn’t be afraid of somebody following me back to my house, or I would go get my own coffee,” she says.

“There’s an anxiety that comes with opening the front door every single day. There’s a physical stress that you feel before you just walk outside. I would love to not have that. I would love to just go back to a few years ago when there was no feeling that came with walking out



the front door and unlocking my car,” she continues.

Suddenly, being rich and famous doesn’t sound all that amazing. So, how does she deal with it? “Every job has a downside. I have to be doing this. I couldn’t not do my job. I love what I do so much that whatever comes from that was meant to be. That’s what I try to tell myself when I have panic

attacks!” she says, laughing. “Kidding! Don’t write that. Don’t write that, oh my God!”

As she tells me she’s careful what she shares with friends because she’s never sure where it might end up, I feel incredibly sad for her – as gorgeous, rich and famous as she is.

And when she turns down my cheeky request for a selfie together (“I don’t trust social media”), I realise that I’d gotten her all wrong, after all.

“I FEEL INCREDIBLY SAD FOR THE ACTRESS – AS GORGEOUS, RICH AND FAMOUS AS SHE IS”



"JONNY LEE MILLER WAS MONOSYLLABIC"

– JAMES MOTTRAM

When I asked Jonny Lee Miller how he felt about doing interviews, I got a blunt response: "A real pain in the arse!" Message received – loud and clear. I was speaking to Jonny for the film *Dracula 2000*, a modern-day take on the classic vampire myth. Except that it was now the following year and going under the title *Dracula 2001*. Jonny was the lead, Simon Sheppard, opposite Gerard Butler's Dracula. It was – to put it kindly – a stinker.

Back then, Jonny was riding high. He was brilliant in *Trainspotting* as the Sean-Connery-impersonating heroin addict Sick Boy, and he was part of a wave of exciting young British actors alongside Ewan McGregor and Jude Law. He'd already been married and divorced to Angelina Jolie, but any sense that he might open up to me for a heart-to-heart was soon shut down the very moment the interview started.

Writing for a British magazine, I had 30 minutes, one on one, in a London hotel. After about five of those, I was beginning to sweat, as one monosyllabic answer followed another. Were you always a performer off screen? "No". Were you shy? "Yeah". Even when we talked about the film (which was his job, let's not forget), he did not have the energy nor desire to play the game. Were you a fan of the horror genre? "No, not particularly." To quote Dr. Evil in the *Austin Powers* film series: "Throw me a frickin' bone!"

It was clear Jonny was uncomfortable with the spotlight. The hype around him following *Trainspotting* "only exists in magazines", he said. "You don't wake up in the morning with trumpets blaring."

I gamely struggled through to the end, plugging the uncomfortable silences with any questions I could think of, only just avoiding, "What's your favourite colour?" It was a big disappointment: the coolest character in *Trainspotting* was, perhaps, not so cool in real life.



"THE KARDASHIANS HOODWINKED ME"

– ALEXANDRA CARLTON

It was an ordinary weekday morning in 2012 and I'd just arrived at my job as deputy editor of a now-defunct Australian fashion magazine. "Did you see it? Did you see it? You were on *Keeping Up with the Kardashians* last night!" screamed at least five of my colleagues.

I stared at them blankly. What were they going on about? For starters, I had my own boobs, bum and eyelashes. I think that would make me contractually ineligible to appear within 20km of a *KUWTK* film crew under any circumstances. Aside from that I knew next to nothing about the show and I'd never appeared on it – or so I thought.

Several months earlier I'd done a phone interview with Kourtney, Kim and Khloé Kardashian to promote their new Kardashian Kollection denim line. To be honest I didn't have a clue who they were. But I did what journalists do: I researched, I prepared questions and I called the girls at the agreed time.

Phone interviews are tricky when you're talking to more than one person. It's hard to keep track of who's saying what. My usual technique is to ask each participant to announce their name so I can register how each voice sounds. I remember some odd shuffling and giggling at the time, but each sister did as they were asked. "Hi, I'm Kourtney." "Hi, I'm Khloé." And finally, "Hi, I'm Kim."

With that out of the way the girls told me about their jeans – Khloé liked a boot-cut for her curves, Kourtney preferred skinnies. Kim sounded a touch confused whenever I addressed a question directly to her, but I put it down to her being, well, a Kardashian. I hung up, wrote the story and it went to print.

Fast forward several months to my colleagues' glee at my *KUWTK* debut. It turned out the Kardashian side of our interview had been filmed and aired on the show. Except there was one thing missing: Kim.

Apparently I'd only been speaking to Kourtney and Khloé. Kim had never been on the call. Instead of letting me know, the youngest and eldest Kardashian sisters had impersonated Kim over the phone, and giggled hysterically through the interview with their hands over the mouthpiece.

I felt like an idiot. But, then again, I challenge anyone to tell the difference between any of those sugary Southern Californian accents. Now when I think about it, I laugh. As it turns out, I really can't keep up with the Kardashians.

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—CULTURE—

YOUR FIX OF FILM, MUSIC, ART & BOOKS

ANDY ALLO

GIRL OF THE MOMENT

The singer and actress embraces her playful side

What does it take to be a Prince protégé? A stack of talent, a powerful stage presence and a wicked sense of humour, explains Andy Allo. Allo came under the tutelage of the icon at age 23 after scoring a personal invite to one of his LA shows having already impressed him with her first album *UnFresh*.

"He had a way of making you feel very comfortable and we had the same sense of humour, so we would just make fun of each other," remembers Allo of the man who would become her mentor, friend and collaborator on her second album *Superconductor* before his tragic death in 2016. "The first night we were hanging out I made fun of how he looked as a baby. He stomped off and had a little tantrum and then he came back and was like, 'Just joking!'. Straight away I knew we were going to get along."

Now 31, Allo has found herself in the presence of greatness once again, starring in *Upload*, the latest series from Emmy-Award-winning writer Greg Daniels (of *The Office* and *Parks and Recreation*). "I've been so inspired working on *Upload*, especially working with Greg. He is a genius," reflects Allo on the soon-to-be-hit sci-comedy series, set in a technologically advanced future where hologram phones, 3D food printers and automated grocery stores are the norm. "Greg gave us the freedom and space to be an artist. He came up to me and said, 'Just play.' And that's what we did."

What would Prince say if he could see Allo now in all her playful acting glory? "He'd probably just say, 'I can still beat you at ping-pong,' and stomp off laughing." Classic Prince.

WATCH IT
Upload premieres
on Amazon Prime
Video on May 1.

PHOTOGRAPHY BY CHRISTOPHER PATEY/CONTOUR BY GETTY IMAGES. TEXT BY MAEVE GALEA.

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If laughter is medicine then Zoë Coombs Marr is my new favorite drug, writes Maeve Galea, who sat down for a crack-up confessional with the comedian ahead of her Amazon Prime Video special *Bossy Bottom*

5 MINUTES WITH

ZOË COOMBS MARR

My Amazon Original stand-up special is called *Bossy Bottom*. I would describe myself as... the clue is in the show's title. 🤪

You will enjoy my show if you... are gay. Also if you're not, and you like jokes, general mucking around and surprises. Seriously, there are some things in there that I honestly can't believe we got away with.

Being a comedian is a lot like... being a new dad. Everyone expects you to tell dumb jokes all the time and you keep really terrible hours.

The best heckle I've ever received was... I got "OK, boomer-ed" by a teenager recently, which was horrifying, but he did put up his hand and say "may I say something?" first. A heckler asking for consent, now that's really showing his age.

The worst heckle I've ever received was... see above. Sure, I partied pretty hard in my youth and I've spent a lot of time in the sun, but I'm not a boomer! Jesus.

If I wasn't a comedian, I would be... an acid casualty dropout living in an alternative community in the mountains making macramé hammock tree houses.

I don't leave the house without... a struggle. For something you do every day, why is it so complicated?

Before I go to bed, I always... spend a couple of hours decompressing by scrolling through the human centipede of Instagram stories and Twitter news articles to make me question my place in the universe and really tire those eyes out.

My biggest regret is... letting a receptionist at a tattoo parlour do my tattoo because it was pretty small and she "reckoned" she could do it.

Watch my show because... it's a dirty job but someone's gotta do it! And I'd be so grateful.

Bossy Bottom launches on Amazon Prime Video on April 10.

HACK IT

What's more terrifying than accidentally tweeting a Google Search? Giving *marie claire* your phone password and letting us have a snoop. Marr reluctantly obliged...

The last text I sent "Why am I like this?"

The last thing I googled "How to find Google Search history."

The last photo I took "A page of my notebook. I'm working on a new stand-up show at the moment and my notes look like they were made by a serial killer or a schizophrenic mathematician."

The last call I ignored "Every call. Who calls? Text me, please."

The last thing I wrote in my notes "Just 'cos Lizzo plays the flute doesn't mean the flute is cool. Lizzo is cool. (I play the flute.)"

The last thing I ordered on Uber Eats "Burgers and chips, and I don't even think I was hung over."

The last emoji I used "I want to say something interesting like the otter or the fortune cookie, but it was just the winky tongue one – at the top of this page. Remember?"

The last Instagram I posted "A really sexy video of me pretending to be a chihuahua."

BOOK CLUB

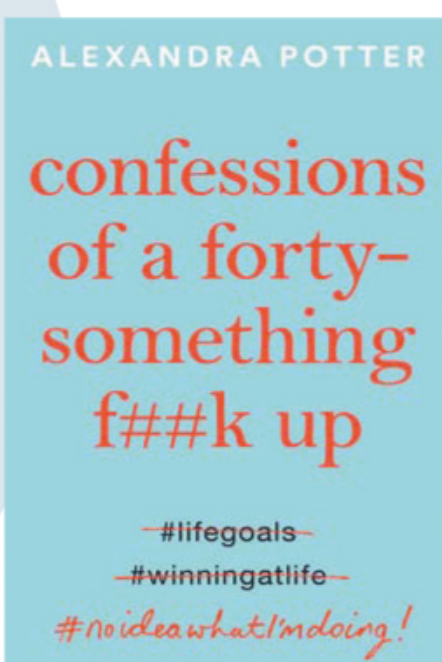
LOLL: Laugh Out Loud Literature



THE ADVERSARY

by Ronnie Scott
(Penguin Random House
Australia, \$29.99)

Thick summer heat permeates our nameless protagonist's Brunswick share house as he spends his days inside reading books, staring at Grindr and navigating an ambiguous, one-sided relationship with his housemate Dan. It would be easy to dismiss Scott's boy-meets-boy debut as a hilarious ride through queer Melbourne, and yet bubbling under the surface are moments that will provoke deep thought, exploring in gritty detail the excitement and terror of being young and confused, caught up in the excitement of summer.



CONFESSIONS OF A FORTY-SOMETHING F##K UP

by Alexandra Potter
(Pan Macmillan
Australia, \$34.99)

In the spirit of if you don't laugh you'll cry, Potter's flawed and fabulous heroine Nell is a fictional breath of fresh, relatable air. Exploring the harsh reality of returning to a life you thought you had left behind, Nell must find joy where she thinks it does not exist. For anyone who feels like they're failing at being an adult or wonders why things aren't working out quite how they'd imagined, let this be a beacon of hope and happiness.



THE DROP-OFF

by Fiona Harris
and Mike McLeish
(Echo Publishing, \$29.99)

The Drop-Off is a light-hearted depiction of parenting, told through the points of view of three polar opposite parents in the eastern suburbs of Melbourne. An effortless but satisfying read, its characters live a fortunate existence where insignificant concerns about getting older and still not having it together are mended with a wine night or three and pose no real danger to the broader context of their lives. First World problems at

THE AUTHENTICITY PROJECT

by Clare Pooley (Bantam Press, \$32.99)

Julian Jessop, a lonely, elderly artist, writes in a notebook: "Everyone lies about their lives. What would happen if you shared the truth instead?" He then leaves this notebook in a cafe, where it begins its journey through the lives of six people who all struggle to find balance between their public persona and their true selves. The perfect balance of warmth and wit, the authenticity project will make you laugh out loud in lots of places and feel all warm and fuzzy in others.

FEMINISTS MAKE YOU LAUGH OUT LOUD

Funny and fearless feminists take over in *Misbehaviour*, a dramedy tackling topics such as women's rights and racism with humour and hutzpah. Based on true events that transpired at the 1970 Miss World competition in London, the newly formed Women's Liberation Movement achieved overnight fame by taking over the stage and disrupting the live broadcast of the competition, an event televised to

more than 100 million viewers. With a powerhouse cast, including Keira Knightley as the group's leader and Gugu Mbatha-Raw, who plays Miss Grenada, the first black woman to be crowned Miss World, this is a film to inspire your inner bad-ass. As the old saying goes, "Well-behaved women seldom make history," and they rarely make you laugh this much either. *Misbehaviour* hits cinemas April 23.



Gugu Mbatha-Raw (left)
and Suki Waterhouse
star in *Misbehaviour*.



SOLE MATE

THE CLASSIC ANKLE BOOT IS A WINTER WARDROBE STAPLE THAT TAKES YOU THROUGH THE DAY WITH EFFORTLESS STYLE. MEET YOUR NEW ESSENTIAL.



There's a reason why the off-duty model uniform of choice is jeans, boots and a leather jacket. It's a classic look that just oozes effortless cool. Fortunately, it's a look that works on mere mortals too and it starts with the perfect ankle boot. A classic heeled Chelsea boot is a great investment that goes with everything: dresses, suits, jeans and skirts which is why it's a wardrobe essential. Danish brand ECCO has launched its new Shape Sculpted Motion boot and it ticks all the style credentials with its round toe, sleek styling and a chunky heel, but it's more than just a pretty face.

COOL COMFORT

When you find the perfect boot, nothing else compares. Famous for footwear that is built to fit the foot, ECCO uses a special technology called Fluidform. This, together with an ultra-light, flexible sole and an anatomically moulded inlay sole for stability, delivers a boot for all-day comfort. The ECCO Shape Sculpted Motion hugs the foot for a natural fit, and the plateau on the sole adds comfort and a stylish design element. In classic monochrome tones, the boot comes in soft and rich premium leathers developed in ECCO's own tanneries. With a choice of heel heights and silhouettes, you're bound to find your perfect match.

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AVAILABLE ONLINE AT AU.ECCO.COM
AND ECCO STORES NATIONALLY

— CAREER —

GLORY DAYS

Mid-North Coast models
Estella and Kyeisha Blair
wearing handmade Aboriginal-
designed earrings by Manaku,
photographed by Yuwaalaraay
woman Marley Morgan.
Turn the page to read
Morgan's story.

FIRST NATIONS FOUNDERS

Put your hands together for the incredible Indigenous entrepreneurs shaking up
the fashion industry – for good. By Alley Pascoe and Lucy Taylor

PHOTOGRAPHY BY MARLEY MORGAN @ BAREFOOT WANDERING PHOTOGRAPHY.

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MARLEY MORGAN

BAREFOOT WANDERING PHOTOGRAPHY

Marley Morgan held her very first camera at age 10. It was a Polaroid. "That's when it all started," she explains of the moment her passion for photography was ignited. Inspired by her father, a man who snapped pictures of the family at every available moment as well as the sunburnt landscape of Lightning Ridge, Marley picked up that I-zone Polaroid camera and never looked back. Now age 30, she launched her own business, Barefoot Wandering Photography, in 2018.

Growing up within the Yuwaalaraay tribe, and later joining the Wiradjuri and Gumbaynggirr nations as she made her home on the NSW Mid-North Coast, Morgan proudly celebrates her Indigenous culture through her pictures. Her work captures the beauty of Aboriginal women, men and children, and it's easy to see how she turned her side hustle into a profession.

"I got quite a few compliments and was asked if I would be interested in paid work, so I thought why not grow my hobby into a business?" says Morgan, who wants to push First Nation stories and people into the spotlight – where they belong. As an Aboriginal woman in an industry dominated by white people, she know what it feels like to be silenced and underestimated. "My work still isn't taken seriously, compared to my non-Indigenous friends in the same field of work," explains Morgan, who has overcome all the obstacles she has faced, and plans to keep doing so. "It's 2020, guys – we've got this."

PERINA DRUMMOND

JIRA MODELS

It was a sliding doors moment on a Melbourne tram in 2017 that led Perina Drummond to her very first client. Having just founded all-Indigenous model agency Jira Models, Drummond was on her way home from the Queen Victoria Market on a Sunday afternoon when she spotted Cassie Puruntatameri. "It was her stance, her attitude and obviously knowing that she was Indigenous," says Drummond, describing what drew her to the young Aboriginal woman who would become the face of Jira Models, grace the pages of magazines, model for luxury label Lyn-Al and walk at Melbourne Fashion Week.

Jira Models is the first agency of its kind in Australia, a bold, precarious move for a young entrepreneur. So, it is only fitting that the company is named after a brave and ballsy woman: Drummond's great-great-grandmother, Nara Jira

Para, from the Wuthathi people of Far North Queensland. "Nan was a strong woman who was willing to take risks, evolve and move forward," she reflects. Drummond, 32, a Torres Strait Islander and Aboriginal woman, is following in her matriarch's footsteps by breaking down barriers, opening doors for Indigenous models. Having seen cultural bias in the fashion industry, where she has worked as both a model and stylist, Drummond says the industry is becoming more inclusive – in no small part thanks to agencies like Jira Models. "Indigenous talent is everywhere," she says, adding that she currently has 10 models on her books. "There is a lot of work and opportunity out there for our mob."

Although she's now based in Melbourne, Drummond has never forgotten her true roots, and never will: "Thursday Island [in Queensland] will always be home."

"INDIGENOUS TALENT IS EVERYWHERE. AND THERE IS A LOT OF OPPORTUNITIES OUT THERE FOR OUR MOB"

– Perina Drummond





KRISTY DICKINSON

HAUS OF DIZZY

It started with a house party. In 2015, Kristy Dickinson and her flatmates (whom she affectionately referred to as “dizzy moles”) made a Facebook event for their house-warming; MC Esoterik from Bliss n Eso was on DJ duties and a photo booth was set up in the corner. They called the event “Haus of Dizzy” and the name stuck. At the time, Dickinson was between jobs, sick of working in retail and ready to embrace her creative side. She sold her vintage clothes at Glebe Markets in Sydney and saved to buy materials for the jewellery brand she had dreamt up in her head, bringing her “fancy as fuck” style to the masses.

Five years later, Dickinson is still hand-making all of her pieces in her Melbourne studio, she’s now stocked in the Museum of Contemporary Art in Sydney and online at The Iconic, and counts Lauren Hill and Drew Barrymore as fans.

Her line has evolved to include statement “Stop Adani” earrings, a blingy “Faboriginal” necklace and a collection of “Dizzy Chick” pins featuring cartoon girls of colour. The loud and proud statement pieces are conversations starters and have led to deep-and-meaningful chats in the supermarket check-out line about the climate crisis, queer rights and domestic violence. “I like to start important conversations, and what better way to do it then with an in-your-face earring?” says Dickinson, 38, who grew up in Sydney’s Sutherland Shire, where she was teased for her Aboriginal heritage. “When I was younger, I felt like I didn’t have a voice because I was shy and didn’t stick up for myself. So I want people wearing my jewellery to feel confident, to speak up and hold their head high,” says Dickinson, holding her own head high as a proud Wiradjuri woman.

TAHNEE EDWARDS

GAMMIN THREADS

“It was surreal. I got butterflies,” says Tahnee Edwards, describing the moment she first saw a stranger walking down the street wearing one of her Gammin Threads tees. Inspired by the 2018 NAIDOC Week theme “Because of Her, We Can,” Edwards launched her online store with a “Respect the Blak Matriarchy” tee (worn by Indigenous actress Miranda Tapsell at this year’s Invasion Day rally).

In the past two years, the empowering slogans have grown to include “Blak Girl Magic”, “Big Auntie Energy” and Edwards’ favourite “Skinny Ankles”. “It’s an inside joke that a lot of blackfellas have skinny ankles. If you know, you know,” explains Edwards, a descendant of the Yorta Yorta, Taungurung, Boonwurrung and Mutti Mutti nations who grew up

surrounded by strong women and wanted to celebrate the aforementioned “Blak Matriarchy” in a stylish way. She has continued to see the strength of Indigenous women in her job at family violence prevention organisation Djirra, where she hosts workshops for teenage girls. “Learning about gender equality has made me feel even stronger about supporting the sisterhood,” says Edwards, who dreams of Gammin Threads becoming a streetwear empire with a bomber jacket line and a runway show.

Edwards, 34, admits she’s struggled with self-doubt as an entrepreneur. “My advice to others is to be strong, get out of your head and just do it.” So, basically, live your life like a Gammin Threads slogan and don’t forget: “You lubly.”



“FROM A YOUNG AGE, I SAW THE STRENGTH OF THE SISTERHOOD AND OUR ANCESTORS”

– Tahnee Edwards

PHOTOGRAPHY BY (CLOCKWISE FROM TOP LEFT) BAREFOOT WANDERING PHOTOGRAPHY; AVERIE HARVEY; SAMEE LAPHAM; MIA McDONALD.

5

QUESTIONS TO ASK BEFORE TAKING A JOB

The prospect of a new job is daunting and exciting, but it's important to keep a level head. Laura Ford, recruitment expert and head of sales and growth at Indeed, reveals the questions to ask before signing on the dotted line...

1. WHY IS THE POSITION AVAILABLE?

Finding out why the position is available is a great way to gain some valuable background on the company. If your potential employer isn't forthcoming about why someone left or was terminated, this could be a potential red flag. Deciding to change careers, move location or start a family are all common reasons people leave their jobs, but so too are workplace bullying, sexual harassment and unethical practices – so it's important to ensure you're not stepping into an undesirable situation. If the role is newly formed, this is a more positive sign, as it's likely the company is undergoing a period of growth, which is an indicator of future potential.

2. WHICH BENEFITS ARE INCLUDED?

Questions about compensation are usually top of mind for job seekers,

but many forget to enquire about the benefits and perks that are often part of the package. Though packages vary from one company to the next, common benefits include wellness programs or gym memberships, professional development courses and paid parental leave. At Indeed, full-time employees benefit from the company's unlimited leave policy. This is priceless for me, as I have family scattered around the world, and unlimited leave means I can spend more time visiting loved ones.

It's also worth asking how much super you'll receive. The law stipulates a minimum of 9.5 per cent, but some employers choose to pay more.

“TAKING A MOMENT TO CONTEMPLATE YOUR VALUES WILL ENSURE YOU'RE MAKING THE RIGHT MOVE” – Laura Ford

3. ARE THERE ANY CONDITIONS?

This is one of the most important questions to ask, yet many of us don't think to do so. Some job offers will be contingent on a number of factors such as background and reference checks, drug testing or employment credit checks, meaning your offer can be withdrawn in the event of an unsatisfactory result. It's also useful to enquire about any potential conditions of employment. Will you be required to sign a non-compete clause? The answers to these questions could have long-term ramifications for your career at large.

4. HOW DOES THE COMPANY PUT WORKPLACE FLEXIBILITY INTO ACTION?

The traditional Monday to Friday, nine-to-five work week in an office can often pose a challenge when we have so many other competing responsibilities to manage. Most workplaces now allow a degree of flexibility when it comes to juggling work and our personal lives, and many even have dedicated flexible work arrangements to encourage greater work-life balance. Indeed's staff are equipped with a phone and laptop, so working from home is a reality, not just a pipe dream.

5. DOES THE COMPANY ALIGN WITH MY PERSONAL VALUES?

Amid the excitement of a new job offer, it's easy to forget to pause and reflect. “Is this really the role I want?” “Does the organisation's culture align with my values?” “Does the offer include everything I want?”

Job sites allow employees to rate and review their workplaces, which is a valuable insight for job seekers. If there are multiple positive reviews, you might be on to a good thing.

desert dreaming

colours of Australia's heartland

outback inspired shades
of earth, sand and sunset
for natural, Australian beauty

find the how-to guide
at natio.com.au



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CELEBRATING
20
— YEARS —

DO YOU HAVE A SEED *of an* IDEA?

WIN A \$10,000 BUSINESS GRANT!

It started as a small business 20 years ago
and has grown into a global fashion empire.

Now, Seed Heritage is giving back by
championing Australian entrepreneurs

It's been 20 years since Seed Heritage opened the bright red doors of its first store on Morey Street in Melbourne's Armadale, with its whitewashed walls breathing new life into an old milk bar. From humble beginnings as a kidswear store, Seed has grown to become an international fashion brand with a loyal following.

Denise Haughey, Seed's general manager, attributes the brand's success to its ability to fill a gap in the market and address a need that wasn't being met. "Like all good ideas, Seed was born from the need for a casual, well-designed and quality Australian brand where you could buy children's clothing, shoes and accessories. There were none, so Seed was the first."

Today, Seed celebrates 20 years of being a functional and fashionable favourite for Aussie women by honouring the female founders of three Australian social enterprises: Ally Watson, 31, of Code Like A Girl, Grace Brennan, 36, of Buy From The Bush, and Bronwyn Bate, 29, of Mettle Women Inc. Like Seed, these women saw a problem and decided to fix it, in the process turning their "seed of an idea" into a business enacting real change. Turn the page to find out how you can do the same with a \$10,000 business grant.



BRONWYN BATE

**FOUNDER OF
METTLE WOMEN INC.**

In 2018, Bronwyn Bate was working for a non-profit when her path crossed with “incredible women working on the frontline of domestic violence services”. Bate was confronted with a tragic reality: domestic and family violence is the single largest driver of homelessness for women in Australia.

Baffled by the lack of support after women leave a shelter, Bate started Mettle to provide “financial independence through entry-level roles in a nurturing environment”.

Today, Mettle’s Perth warehouse is a safe haven for survivors of DV: women are employed for six months and trained in each facet of the business. “To have that little escape where they are being paid and establishing their independence is so important,” notes Bate.

The highlight so far? When their first-ever participant, who’d spent nine months in a refuge with her 16-year-old son, saved enough for the bond on a flat. “It’s moments like that we do a little happy dance.”

“

We named the business Mettle as a tribute to our employees”

seed

CELEBRATING

20

— YEARS —

GRACE BRENNAN

FOUNDER OF BUY FROM THE BUSH

Grace Brennan, who moved from Sydney to rural Warren in NSW when she fell in love with a farmer, felt helpless watching the impact of the drought on her community. But when a city friend asked her for ideas for a “buy from the bush kris kringle” she saw an opportunity. “That’s a bloody good idea,” she thought. With friend Millie Fisher, she “sat down at the kitchen bench, created an Instagram page and then went from there”.

The response was immediate. “The next day we had 1,000 followers, then a week later we had 10,000; in the first month we got 100,000,” she recalls. The account showcases beautiful products made by rural people, and aims to inject money into businesses that usually rely on cash flow from agriculture.

The drive to help others is what keeps the pregnant mother of three going – even when she’s exhausted and her ankles are swollen. “I’ll sleep when I’m dead,” she adds jokingly.

“

It’s just about diving in and working it out as you go”

“

The more I learned about the industry's lack of women, the more motivated and passionate I got”



New season
Seed Heritage
clothes worn
throughout

ALLY WATSON

**FOUNDER AND CEO
OF CODE LIKE A GIRL**

In seven years as a software engineer, Ally Watson was “always the only girl” in the room. Arriving in Australia in 2015 with a thick Scottish accent, she hoped things would be different, but found herself once again entering an office full of blokes, confirming her suspicion: “The lack of women in the tech industry is a global issue.”

While Watson found this professionally jarring, it was being miles away from female friends and family back home that galvanised her into action. “It was really about bringing women together to network, to form friendships,” says Watson of creating Code Like A Girl in 2015. What began as a “casual meet up” for like-minded women quickly evolved into a mission to make tech more accessible and inclusive.

In 2017 Watson went full-time as CEO of Code, which now employs some 85 educators teaching girls as young as eight to code. “That we are actively contributing to the pipeline of women in technology is something I could have never predicted.” So if someone says you can’t change the world, give them Watson’s number.

DO YOU HAVE A SEED OF AN IDEA?

To celebrate 20 years in business, Seed Heritage is giving two people the chance to bring their “Seed of an Idea” to life by launching a competition to award two winners \$10,000 each to help them on their journey.

To enter the competition, visit seedheritage.com

seed

HERE & NOW

OUR PICK OF THIS MONTH'S MUST-HAVES

FORM AND FUNCTION

A contemporary take on a classic window covering, Luxaflex® LumiShade™ combines the versatility of a vertical blind with the elegant appeal of a soft window furnishing. The collection is a perfect balance of style, durability and practicality to complement any home interior style. Visit luxaflex.com.au



SKINCARE INSPIRED FOUNDATION

New Revlon PhotoReady Candid Glow™ Foundation is packed with skin-loving ingredients like Vitamin E and is free of: parabens, phthalates, synthetic dyes and harsh fragrances. Its lightweight texture gives a dewy finish. Visit chemistwarehouse.com.au

PRIMER MEETS SKINCARE

Get a smooth base for makeup application AND improve the appearance of skin in just one week! Our new generation of hybrid makeup primers have targeted skincare ingredients such as hyaluronic acid, salicylic acid and Vitamin C. Three targeted skin care primers available. RRP \$29.95.



THE GO-ANYWHERE BAG

The SP3 Boxy bag from ECCO bridges the gap between timeless and modern. With the addition of the signature strap alongside the regular, it encourages individualisation and playful styling that makes it perfect for casual and formal occasions. RRP \$249.95. Visit au.ecco.com

ROCK YOUR VINTAGE VIBE WITH A CLASSIC

A vintage classic gets an '80s twist with the Love Marilyn sunglasses. These winged-out, angular frames look best against soft features and tapered jaw lines, while the wide plastic arms sit comfortably on small and medium faces. RRP \$150. Exclusive to clearly.com.au



FASHION

HIGH IMPACT

This season's sartorial offering is all about statements: make a pledge to the planet with fabulous vintage fashion (pictured); indulge in some drama with international designer collections; and welcome winter with our new-season shopping edit.

Vintage Ungaro dress, \$285,
from a selection at Zoo
Emporium, 02-9380 5990;
Saturday The Label bralette,
\$45, saturdaythelabel.com;
Prada bracelet, \$840, prada.com.

PHOTOGRAPHY BY GEORGES ANTONI

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A FINE VINTAGE

The truest definition of sustainable style is pieces that already exist. Here, salvaged second-hand finds prove elegant and Earth-friendly in equal measure, styled back with new-season staples and accessories

PHOTOGRAPHED BY GEORGES ANTONI STYLED BY JANA POKORNY



Lucie wears (far left): vintage Gucci blazer (sold with skirt, not shown), \$675, vintage Saint Laurent blouse, \$450, and vintage Celine skirt, \$385, at caramiavintage.com; Givenchy shoes, \$1700, 02-8197 0420; pre-loved Burberry bag, \$1650, at bluespinach.com.au. London wears (middle): vintage jacket, and skirt (sold as set), \$440, from a selection at The Vintage Clothing Shop, 02-9238 0090; pre-loved Altuzarra shirt, \$396, at bluespinach.com.au; Celine by Hedi Slimane boots, \$2950, and bag, \$3750, 02-9232 7051; vintage sunglasses, \$295, at caramiavintage.com. Isabella wears: vintage blouse, \$120, at [Wyldeyde Vintage, etsy.com/au/shop/wyldeydevintage](http://WyldeydeVintage.etsy.com/au/shop/wyldeydevintage); vintage Gucci skirt (sold with blazer, not shown), \$675, at caramiavintage.com; Prada loafers, \$1590, prada.com; Zimmermann sunglasses, \$380, zimmermannwear.com; Saint Laurent by Anthony Vaccarello bag, \$2830, ysl.com/au.





Vintage coat, \$750,
from a selection at
The Vintage Clothing
Shop, 02-9238 0090;
Christopher Esber top,
\$390, and skirt, \$690,
christopheresber.com.
au; Miu Miu shoes,
\$1510, miumiu.com.

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Vintage dress, \$950, from a selection at thisisartclub.com





Vintage jacket, \$200, from a selection at The Vintage Clothing Shop, 02-9238 0090; Sir The Label shorts, \$210, sirthelabel.com; Celine by Hedi Slimane sneakers, \$750, 02-9232 7051; Prada hat, stylist's own.





Lucie wears (left): vintage dress, \$800, from a selection at The Vintage Clothing Shop, 02-9238 0090; Givenchy shoes, \$1700, 02-8197 0420. London wears: vintage dress, \$500, from a selection at The Vintage Clothing Shop, 02-9238 0090; Givenchy shoes, \$1600, 02-8197 0420; Prada bangle, \$840, prada.com.

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Lucie wears (left): Giorgio Armani blazer, \$4650, armani.com; vintage Levi's jeans, \$85, from a selection at Fabrique Vintage, 02-8379 6911; Gucci shoes, \$1175, gucci.com. London wears: vintage shirt, \$250, from a selection at The Vintage Clothing Shop, 02-9238 0090; Prada skirt, \$1220, and loafers, \$1590, prada.com.



London wears (left): vintage kimono, \$145, and one-piece, \$95, at Wyldesyde Vintage, [etsy.com/au/shop/wyldesydevintage](https://www.etsy.com/au/shop/wyldesydevintage); Fendi bag, \$3690, [fendi.com](https://www.fendi.com). Lucie wears: vintage Mary McFadden robe and top, (sold as set with slip and belt, not shown), \$498, at [shopdevorevintage.com](https://www.shopdevorevintage.com).





London wears (left):
vintage top, \$170, at
olivialilalahood.com;
Saturday The Label bralette
(worn underneath), \$45,
saturdaythelabel.com;
vintage Ungaro pants, \$395,
from a selection at The
Vintage Clothing Shop,
02-9238 0090; Givenchy
shoes, \$1600, 02-8197 0420;
Phoebe Hyles hat, \$340,
phoebehyles.com. Isabella
wears: vintage blouse, \$500,
and vintage Valentino skirt,
\$495, from a selection at
The Vintage Clothing Shop,
02-9238 0090; Bottega Veneta
shoes, \$2300, 02-9239 0188;
Phoebe Hyles hat, \$340,
phoebehyles.com.



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Pre-loved Maison Margiela blazer, \$795, at bluespinach.com.au; vintage blouse, \$250, from a selection at The Vintage Clothing Shop, 02-9238 0090; Bassike pants, \$595, bassike.com.





Pre-loved Comme des Garçons blouse, \$725, at caramiavintage.com



London wears (left):
Chloé blazer, \$960, at
theoutnet.com; Sir The
Label bodysuit, \$210,
sirthelabel.com; vintage
Giorgio Sant'Angelo skirt,
\$625, at caramiavintage.
com; A.Emery sandals,
\$190, aemery.com.
Isabella wears: vintage
leather blazer (sold with
pants, not shown), \$229, at
pottspointvintage.com.au;
Miu Miu shirt, \$1270,
02-9223 1688; vintage
Jean Paul Gaultier skirt,
\$575, at caramiavintage.
com; A.Emery sandals,
\$180, aemery.com.
Hair by Daren Borthwick/
TAG using Shu Uemura.
Make-up by Linda
Jefferyes/TAG using
Tom Ford Beauty.
Models: Isabella,
Lucie and London,
all at Priscillas. Special
thanks to Paul Haggith.
Shot on location at
Glenworth Valley
Outdoor Adventures,
glenworth.com.au.



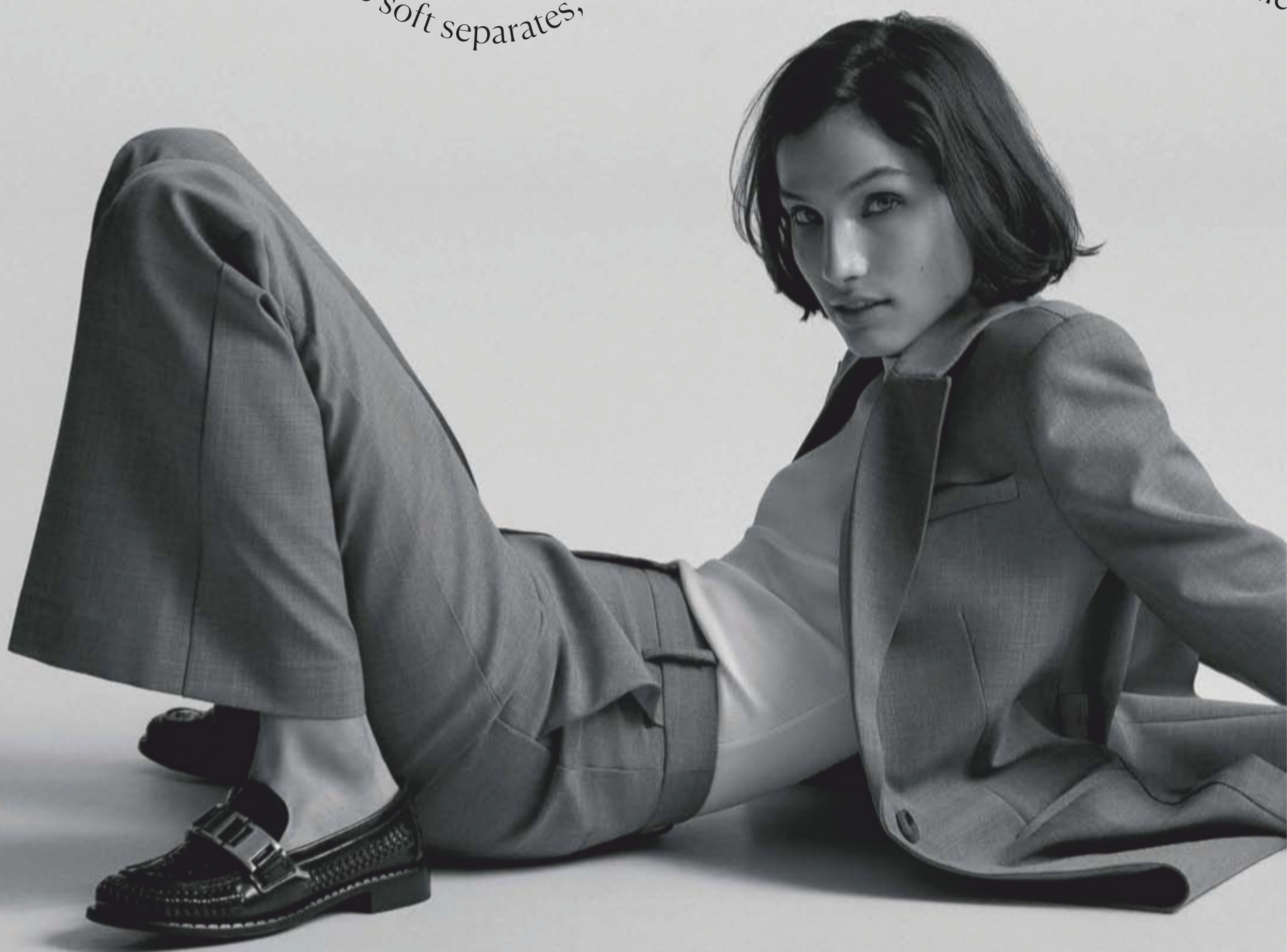
BOSS jacket, \$899, and pants, \$529, boss.com; Nagnata top, \$180, nagnata.com.
OPPOSITE PAGE
camilla and marc blazer, \$850, and pants, \$450, camillaandmarc.com; Witchery bodysuit, \$60, witchery.com.au; Prada loafers, \$1590, prada.com.



PHOTOGRAPHED BY JESSE-LEIGH ELFORD STYLED BY CHLOE BUTTENSCHAW

TAILOR MADE

From the classic two-piece to soft separates, the new power suit comes in endless incarnations. Welcome to the girls' club







Louis Vuitton shirt, and
pants, both \$2480,
au.louisvuitton.com.

OPPOSITE PAGE

Max Mara waistcoat,
and shorts, both \$825,
maxmara.com; Country
Road blouse, \$199,
countryroad.com.au.

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Stella McCartney
jacket, \$2025, bodysuit,
\$1655, and skirt, \$860,
stellamccartney.com;
Givenchy boots,
\$2750, 02-8197 0420.

OPPOSITE PAGE
Christopher Esber blazer,
\$1250, christopheresber.
com.au; Gucci pants,
\$1500, and shoes,
\$1175, 1300 442 878.







Carl Kapp jacket,
\$1595, and pants, \$1195,
carlkapp.com; H&M top,
\$60, 1800 828 002; Bottega
Veneta shoes, \$2300, 02-
9239 0188. **OPPOSITE PAGE**
Christopher Esber blouse,
\$590, christopheresber.com.
au; Emporio Armani pants,
\$910, armani.com.







Michael Lo Sordo jacket,
and pants, both \$590, at
modaoperandi.com;
Sir The Label top,
\$140, sirthelabel.com.
OPPOSITE PAGE H&M
Conscious blazer, approx
\$218, and pants, approx
\$152, 1800 828 002;
Nobody Denim top,
\$129, nobodydenim.com;
COS sandals, \$175,
cosstores.com/au;
Chanel watch, \$6650,
1300 242 635. Hair by
Gavin Anesbury/Vivien's
Creative using Hair Rituel
by Sisley. Make-up by
Gillian Campbell/TAG
using Weleda and
Tom Ford Beauty.
Model: Victoria Massey/
Priscillas. Chairs from
thonet.com.au.







fashion forward

Creativity and craftsmanship collide in the latest international designer collections,

whether high on drama or delightfully wearable

PHOTOGRAPHED BY VANMOSSEVELDE+N STYLED BY ANNE SOPHIE THOMAS

Dior
Both wear
dress, POA,
bra, \$1,850,
and briefs,
\$1,950, 02-9229
4600; Repossi
earrings (worn
throughout),
POA, repositi.
com; nose ring,
model's own.



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Louis Vuitton

Baue wears (left): vest, \$2880, shirt, \$2980, and skirt, \$4800, au.louisvuitton.com.
Hannah wears (right): vest, \$2880, shirt, \$2980, pants, \$2480, shoes, \$1680, brooch, POA, and belt, \$965, au.louisvuitton.com.





Miu Miu
Dress, \$3110,
and knit, \$1350,
miumiu.com.

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Fendi

Hannah wears (left):
coat, \$6900, cardigan
(worn underneath),
\$1290, pants, \$1450,
sunglasses, \$610,
sunglasses chain,
\$950, and bag,
\$1350, fendi.com.
Baue wears (right):
jacket, \$4900,
top, \$1350, skirt,
\$2790, and earrings,
\$470, fendi.com.



Valentino

Hannah wears
(left): dress, \$4560,
02- 8404 0888.

Bauye wears (right):
shirt, \$1620, and skirt,
POA, 02-8404 0888.





Max Mara
Hannah wears (left):
jacket, \$3290, and vest,
\$945, au.maxmara.com.
Bauye wears (right):
jacket, \$2185, top,
\$585, and skirt, \$2240,
au.maxmara.com.



Michael Kors Collection

Bauye wears (left): blazer, \$2239, shirt, \$959, and shoes, POA, michaelkors.global.
Hannah wears (right): jumper, \$2079, pants, \$1439, and shoes, POA, michaelkors.global.



Chanel

Hannah wears (left): top, \$6550, skirt, POA, necklace, \$1600, bracelets (from top), \$1160 and \$1280, and belt, \$7170, 1300 242 635. Baue wears (right): dress, POA, earrings, \$1930, necklace, \$2670, and bracelets, \$1310 (each), 1300 242 635. Styling assistant Aurélie Lagarde. Hair by Cyril Lanoir/Open Talent Paris. Make-up by Tiina Roivainen/Airport Agency. Models: Baue/City Models and Hannah S/The Face. Production by Zoé Martin/ProducingLove. Rama Casting.



BROU

Wonderland

Fashion's propensity for rich-girl dressing makes its way to accessories – namely via Louis Vuitton's newest It-bag. By Damien Woolnough



Like a supernova, the world of Louis Vuitton continues to expand with frightening speed. Artistic director of women's collections Nicolas Ghesquière is constantly shifting his view for inspiration, from the Belle Époque era of the late 19th century to the 1980s' *Thriller*-era jackets seen on the runway in March.

It's no wonder that people are turning to accessories for refuge from the constant time travel. The luxury leather goods label is offering stabilising solace by launching the LV Pont 9 handbag, which is set for instant classic status.

Riding on the wave of the bougie trend, which is shorthand for the type of effortless Parisian elegance that has us swooning at the sight of Jeanne Damas, Léa Seydoux and Caroline de Maigret, the LV Pont 9 is both understated and a stealth status symbol at the same time.

The calfskin bag's gently padded and subtly curved silhouette is practical and purposeful, making it ideal for carrying your tablet to the office or your make-up essentials to cocktails, but the unmistakable LV logo still catches the eye.

Leaving the famous monogram to other ranges, the logo is an archive design updated by Ghesquière. So people don't miss out on the provenance of this investment piece, named after the bridge outside Louis Vuitton's Paris headquarters, the glistening details are mirrored on the bag's narrow strap.

The timing of the bag's launch is impeccable, with Ghesquière the co-chair of this year's Met Gala, where the theme is *About Time: Fashion and Duration*. With a nod to the '30s with the logo, the '70s with the silhouette, and today with the magnetic closure details and practical, compartmentalised interior, the design is aimed at lasting for decades to come.

But don't make the mistake of thinking that timeless is boring. Yes, the classic black is the most enduring shade, but the palette on offer – including cream, a rich gold, punchy rose and blue – tap into the variety of Louis Vuitton's new world order.

Think of it as your anchor as you wait for the next decade of inspiration to take hold.



FROM LEFT Actors Sophie Turner and Alicia Vikander are both fans of the new Pont 9 handbag.



LV Pont 9 bag,
from \$5350,
louisvuitton.com



The bag rides on the wave of the bougie trend, which is shorthand for effortless Parisian elegance

– SHOPPING –

101 ideas

On chilly nights, turn up
the temperature with
texture, print and just the
right amount of edge

By Malene Birger **BLOUSE**,
\$400, at Christensen
Copenhagen, 02-9328
9755; Magali Pascal **CAMI**
(worn underneath), \$249,
magalipascal.com; H&M
PANTS, \$39.99, 1800
828 002; F+H **EARRINGS**,
\$160, fandhjewellery.
com; Brie Leon **BAG**,
\$199, brieleon.com.

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1



2



3



STYLE TIP
A black blazer
makes any
ensemble
evening-ready.

1 Aje **BLOUSE**, \$455, ajeworld.com.au; Magali Pascal **CAMI** (worn underneath), \$229, magalipascal.com; Witchery **SKIRT**, \$349.95, witchery.com.au; Wittner **SHOES**, \$190, wittner.com.au; Chusette **STOCKINGS**, \$23.95, chusette.com. 2 Witchery **BLOUSE**, \$129.95, witchery.com.au; Zara **SHORTS**, \$49.95, zara.com/au; Billini **SHOES**, \$99.95, billini.com; Pandora **BRACELET**, \$149, au.pandora.net; Levante **STOCKINGS**, \$21.95, at myer.com.au. 3 ASOS **BLAZER**, \$190, and **SHOES**, \$64, asos.com/au; Sleeper **DRESS**, \$470, the-sleeper.com; Swarovski **NECKLACE**, \$399, swarovski.com.

2



3



1 Incu Collection **DRESS**, \$260, incu.com; Alice McCall **TOP**, \$195, alicemccall.com.au; Amber Sceats **RING**, \$119, ambersceats.com. 2 Country Road **KNIT**, \$139, countryroad.com.au; Notes du Nord **SKIRT**, \$295, at Christensen Copenhagen, 02-9328 9755; Steve Madden **BOOTS**, \$189, stevemadden.com.au; Zara **BAG**, \$45.95, zara.com/au; OnceWas **BELT**, \$79.95, oncewas.com.au; Alix Yang **RING**, \$105, alixyang.com; Chusette **SOCKS**, \$18.95, chusette.com. 3 Country Road **BLOUSE**, \$179, countryroad.com.au; Saturday the Label **BRA**, \$59, saturdaythelabel.com; Alice McCall **PANTS**, \$295, alicemccall.com.au; Adorne **EARRINGS**, \$24.95, adorne.com.au; Amber Sceats **RING**, \$159, ambersceats.com.



H&M **TOP**, \$59.99,
1800 828 002; Uniqlo
x JW Anderson **SKIRT**,
\$59.90, uniqlo.com/au;
Mimco **NECKLACE**,
\$169, and **CUFF**,
\$99.95, mimco.com.au;
Charles & Keith **BAG**,
\$83, charleskeith.com/au.

STYLE TIP
Paired with
tall boots, sheer
stockings are
anything but prim.

Zara **BLAZER**,
\$139, and **DRESS**,
\$99, zara.com/au;
Wittner **BOOTS**,
\$360, wittner.com.au;
Chusette **STOCKINGS**,
\$18.95, chusette.com.



STYLE TIP
Animal print
separates offer
endless styling
options.



Hansen & Gretel
JACKET, \$349, and
TROUSERS, \$269,
hansenandgretel.com;
Sol Sana BOOTS,
\$239, sol-sana.com.au.

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1 Rolla's **TOP**, \$99.95, rollas.com.au; Viktoria & Woods **PANTS**, \$320, viktoriaandwoods.com.au; Witchery **SHOES**, \$159.95, witchery.com.au; Brie Leon **SHORT NECKLACE**, \$179, brieleon.com; Reliquia **LONG NECKLACE**, \$149, reliquiajewellery.com; Oroton **BAG**, \$189, oroton.com; Levante **SOCKS**, \$9.95, at myer.com.au. 2 Veronika Maine **BLAZER**, \$399, and **TROUSERS**, \$259, veronikamaine.com.au; Saturday the Label **BRA**, \$45, saturdaythelabel.com; Brie Leon **EARRINGS**, \$139, brieleon.com; Alix Yang **NECKLACE**, \$105, alixyang.com. 3 Saba **TRENCH COAT**, \$449, saba.com.au; Zara **DRESS**, \$159, zara.com/au; Roxy Jacenko Accessories **NECKLACE**, \$35, pixiespix.com.au.

PHOTOGRAPHY BY BOWEN ARICO. STYLING BY MONICA RUSSELL. HAIR AND MAKE-UP BY ISABELLA SCHMID @ ASSEMBLY AGENCY. MODEL: ZOE @ CHADWICKS.

75 WINTER BUYS *under* \$400

Take cues from the catwalk and be inspired by the street-style set – then nail the look with these cool-weather wonders



Country Road
dress, \$199,
countryroad.com.au



Sussan trench
coat, \$169.95,
sussan.com.au



Keepsake The Label
jumper, \$149.95, at
fashionbunker.com



Mimco watch,
\$229,
mimco.com.au



VICTORIA BECKHAM S/S 2020



ASOS Design
blazer, \$104,
asos.com/au



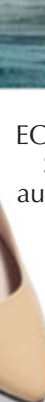
H&M pants,
approx \$168,
1800 828 002



Country Road
skirt, \$279,
countryroad.
com.au



ASOS Design
coat, \$130,
asos.com/au



ECCO shoes,
\$219.95,
au.ecco.com



Incu Collection
shirt, \$180,
incu.com



Sylvester
skivvy, \$179,
katesylvester.com

URBAN ELEGANCE

Streamlined silhouettes and a neutral base leave licence to play with colour and print – think pops of aqua, textured tweed and gleaming rose gold.

STEAL HER STYLE



STEAL HER STYLE



STEAL HER STYLE



Zara skivvy,
\$25.95,
zara.com/au



The Fifth Label
boilersuit, \$139.95,
at fashionbunker.com



Topshop boots,
\$79.95, at
theiconic.com.au



Isabel Marant ring,
approx \$288, at
net-a-porter.com



Carrera
sunglasses, \$220,
02-9540 0500



Zara bag, \$99,
zara.com/au



The Fifth Label
jumper, \$109.95, at
fashionbunker.com



Witchery
pants, \$149.95,
witchery.com.au

EFFORTLESS UPDATE



Mimco
hair tie, \$39.95,
mimco.com.au



Belle & Bloom bag,
\$249.95, at
theiconic.com.au

Alias Mae boots,
\$249.95,
aliasmae.com.au



STEAL HER STYLE

Zara
necklace, \$25.95,
zara.com/au

Veronika Maine
blouse, \$249,
veronikamaine.
com.au

Reliquia earrings,
\$179, reliquia
jewellery.com

Kate Sylvester
knit, \$279,
katesylvester.com

Second
Female skirt,
\$242,
03-9420 1500

ASOS Design
coat, \$160,
asos.com/au

Boden
bag, \$260,
bodenclothing.
com.au

Hansen & Gretel
pants, \$249,
hansenandgretel.com

THE NEW BOHEMIAN

Seventies-inspired
splendour meets Parisian
polish – throw-out the
rule book and mix checks,
florals, leather and cord
to stunning effect.

LOUIS VUITTON S/S 2020

Richard Allan
x H&M dress,
\$39.99, 1800
828 002

Glassons jacket, \$89.99,
glassons.com

Ottod'Ame
skirt, \$196,
03-9420 1500

Witchery boots,
\$249.95,
witchery.com.au

Hansen &
Gretel top, \$219,
hansenandgretel.com

Zara skirt,
\$59.95,
zara.com/au

Charles & Keith
bag, \$109,
charleskeith.com/au

Zara coat, \$179,
zara.com/au

Baum und Pferdgarten
hat, \$143, 03-9420 1500

ASOS Design
pants, \$70,
asos.com/au

Rolla's jumper,
\$119.95,
at davidjones.com

Valet
earrings, \$139,
valetstudio.com

Glassons
skirt, \$39.99,
glassons.com

Everlane
boots, \$236,
everlane.com

The Frankie Shop
shirt, approx \$192,
thefrankieshop.com

H&M
jacket, \$199,
1800 828 002

Lmnd shirt,
\$165,
lmnd.com.au

H&M Studio
dress,
approx \$118,
1800 828 002

MODERN MINIMALISM

From the softest sea foam
to deep navy, shades
of azure splash this
new-season selection.
Keep it contemporary by
juxtaposing masculine
and feminine shapes.

SALVATORE FERRAGAMO S/S 2020



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Zara bag,
\$45.95,
zara.com/au



Saba
skivvy, \$149,
saba.com.au



H&M
Conscious
pants,
approx \$152,
1800 828 002



Reliquia earrings,
\$159, reliquia
jewellery.com



Ray-Ban
sunglasses,
approx \$237,
at net-a-porter.
com



H&M Conscious
blazer, approx \$218,
1800 828 002



Witchery
boots, \$349.95,
witchery.com.au



H&M shirt,
\$39.99,
1800 828 002

TRENDING NOW



The Frankie
Shop culottes,
approx \$175,
thefrankieshop.com.



Topshop
bag,
approx \$36,
topshop.com



Saba
skivvy, \$149,
saba.com.au



Senso
boots, \$249,
senso.com.au



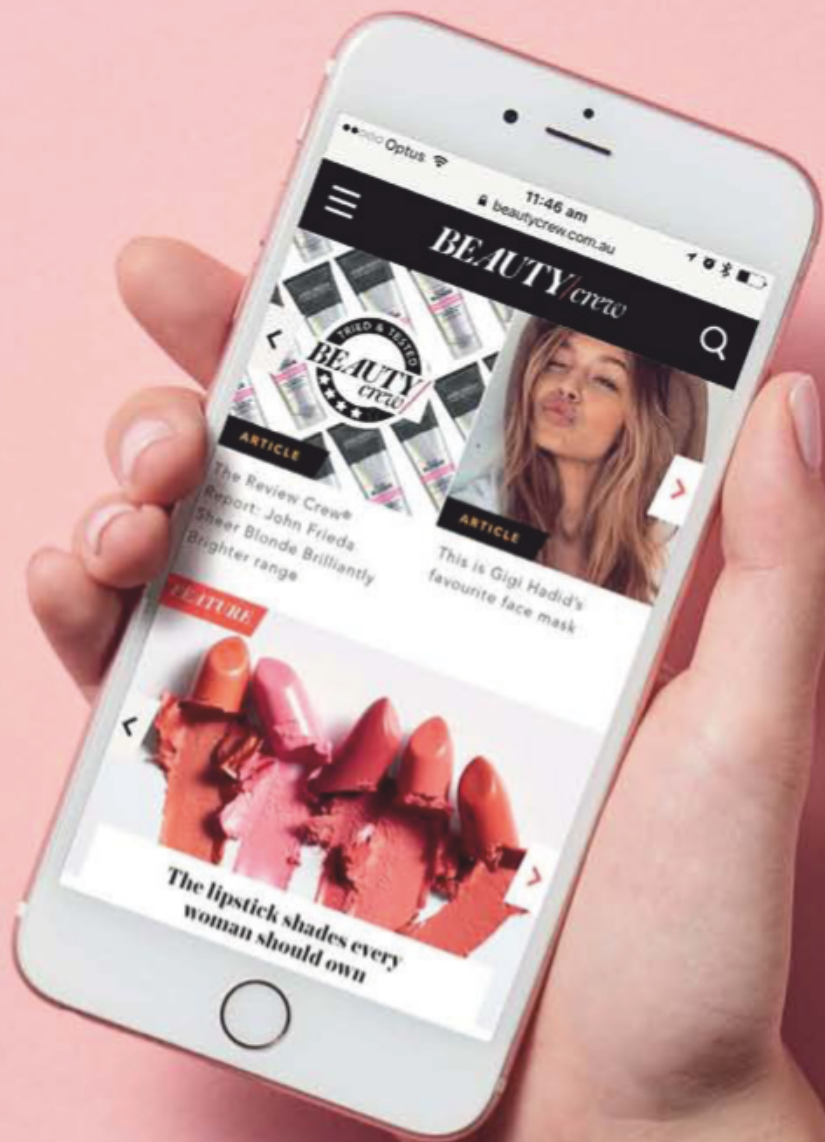
Zara
bag, \$45.95,
zara.com/au



The Fifth Label
jacket, \$129.95, at
fashionbunker.com



STEAL HER STYLE



NEED A NEW LIPSTICK?

(DON'T WORRY, WE'VE DONE THE HARD WORK FOR YOU)



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beautycrew.com.au



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*BEAUTYcrew is Australia's number one dedicated online beauty destination, as rated by Nielsen within the apparel and beauty category. Source: Nielsen Market Intelligence (Domestic), Average Daily Unique Browsers, as at 28/8/2019.

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—BEAUTY—

GO NAKED

“Try a 100 per cent zero waste solid beauty bar next time you run out of a beauty product that comes in a plastic bottle,” says Irene Falcone, founder of Nourished Life, a website that focuses on clean and sustainable beauty products. “There’s a bar for almost everything, from shampoo and conditioner to body lotion.” Even deodorant is available in solid form. The packaging of these bars is usually recyclable or compostable. “On top of all that, they can last up to five times longer than a plastic bottle full of liquid product,” adds Falcone.

CLOCKWISE FROM TOP LUSH Aromaco Solid Deodorant 100g, \$12.95; DR. BRONNER’S All-One Hemp Baby Unscented Pure-Castile Bar Soap 140g, \$8.95; NUEBAR Facewash Dry or Mature Skin 45g, \$18; THE AUSTRALIAN NATURAL SOAP COMPANY Solid Shampoo Sensitive 100g, \$12.95; CHRISTOPHE ROBIN Hydrating Shampoo Bar with Aloe Vera 100g, \$28; CARBON THEORY Charcoal & Tea Tree Oil Breakout Control Facial Cleansing Bar 100g, \$14.99.

PHOTOGRAPHY BY EDWARD URRUTIA. STYLING AND TEXT BY SALLY HUNWICK.



A-Z of SUSTAINABLE BEAUTY

New beauty brands are launching with an ethos based firmly on sustainability, while established global powerhouses are also making meaningful changes. Welcome to the new era of treading lightly. By Sally Hunwick



LOWER YOUR FOOTPRINT...
**KNOW
 WHAT CAN
 BE RECYCLED**

With climate change and anxiety about the future of our planet at an all-time high, it's little wonder so many of us are hitting the reset button on our

beauty-buying habits and how we dispose of our empty bottles. Thankfully, companies are making it easier for us to choose wisely.

"We are seeing more beauty brands using recycled plastic for their packaging, as well as offering extra-large sizes and refill options," says Kate Morris, founder of online beauty retailer Adore Beauty, which has a clean beauty section highlighting the sustainable attributes of a brand, whether that's based on sustainable packaging, animal testing, veganism or the brand's supply chain.

Information, says Morris, is key. Because in many ways, the buck stops with us and our willingness to purchase a product – or not.

"As consumers, we are just as responsible as the manufacturers; we demand, they supply," says Susan Stevens, founder at Made With Respect, an online beauty emporium that specialises in sustainable beauty. "We must move away from a make-use-dispose mentality and start making more conscious choices; buying better and buying less."

Conscious consumption is now firmly in the lexicon but it can be confusing – do we opt for recycled plastic, which is limited in the number of times it can be recycled? Do we shun everything but glass, which can be reused infinitely yet is heavier to freight? So much new information can feel bewildering.

"People become overwhelmed when they don't know what to do and where to start," says Stevens. "The mentality becomes 'how can one person possibly make a difference?'"

The reality is, even small changes in our beauty routine make a difference. "It's not about being perfect, it's about trying to do a little better every day," says Morris.

The experts say it's more about timing, which means acting now, rather than do nothing and wait for the inevitable fall out. Our power as consumers lies in the products and services we're prepared to pay for. "We don't need a handful of people doing zero waste perfectly. We need millions of people doing it imperfectly," says Stevens.

In the name of small changes for good, we round up the brands leading the way.

"THERE ARE BEAUTY BRANDS WHO HAVE MADE IT THEIR MISSION TO PRODUCE BEAUTIFUL QUALITY PRODUCTS THAT HAVE A MINIMAL IMPACT ON THE ENVIRONMENT"

– Susan Stevens, founder at Made With Respect



AL.IVE BODY

Newly launched brand al.ive body, created by twins Alisa and Lysandra Fraser, has pledged to plant a tree for every purchase. They've partnered with One Tree Planted, an environmental charity with a mission to protect biodiversity. "Our desire to live a more conscious lifestyle was at the top of our agenda when creating al.ive body," says Alisa.

AL.IVE BODY Natural Hand & Body Lotion, \$42 (1)

ARMANI

Now in its 10th year, Giorgio Armani's Acqua for Life project, working with Unicef's WASH program and WaterAid, has invested upwards of \$13 million to provide clean water to more than 195,000 people around the globe.

GIORGIO ARMANI Si Passione Intense 50ml, \$171 (2)



AVEDA

The OG of responsible packaging, Aveda has long been concerned with minimising its packaging and maximizing its use of recyclable and post-consumer recycled materials. The majority of their plastic bottles use a minimum of 80 per cent post-consumer recycled (PCR) plastic (made from milk bottles). The packaging for the Stress-Fix Body Lotion has been made using 100 per cent PCR bottles, saving over 600 tonnes of virgin plastic each year. Aveda is also the first beauty brand to manufacture its products using 100 per cent wind energy.

AVEDA Stress-Fix Body Lotion, \$50 (3)

BIOLAGE

All of Biolage's bottles are made from PCR plastic, while their natural-origin range Biolage R.A.W. uses 100 per cent recycled plastic bottle packaging, and all its products are 99 per cent biodegradable. In addition, their factory is 100 per cent carbon neutral, runs on solar energy and sends zero waste to landfill.

BIOLAGE SmoothProof Shampoo and Conditioner, \$31 each (4)



4



BIOSSANCE

Free from GMOs, toxins, fillers, artificial colours, artificial fragrance and synthetic chemicals, Californian clean biotech brand Biossance is your go-to for responsible beauty with skin-improving benefits. With a mission to save deep-sea sharks from being inhumanely slaughtered for their squalene (a skin-hydrating ingredient taken from their liver), Biossance came up with its sugarcane-derived squalene. The range is based around this buzz ingredient (sugarcane grows in abundance with very little water nor need for fertiliser) and also on-sells its squalene to other beauty brands.

BIOSSANCE Squalane + Vitamin C Rose Oil, \$112 (1)



THE BODY SHOP

Early adopters of sustainability, The Body Shop launched its Community Trade in 1987, an initiative which aims to use ingredients that support economically vulnerable communities. The number of ingredients has more than doubled this year, and 95 per cent of Body Shop products contain one of these ingredients. The brand also encourages empties to be returned to stores for recycling or repurposing, and all stores are powered with renewable or carbon-balanced energy.

THE BODY SHOP Drops of Youth Youth Concentrate, \$69 (3)

BYBI

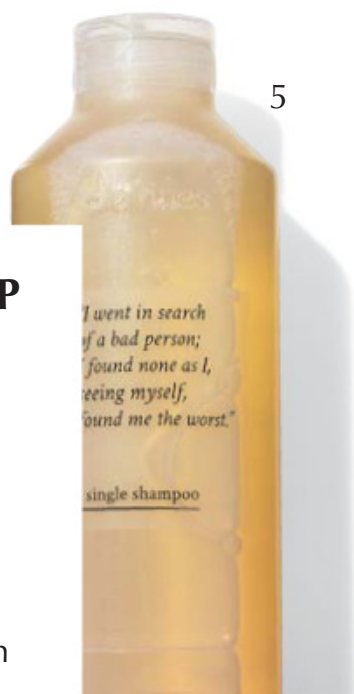
"We're taking the bold move to cut out fossil fuels altogether," says Elsie Rutterford, co-founder of BYBI. True to form, BYBI also uses upcycled ingredients such as its cold-pressed strawberry and blueberry seeds (both by-products of the juicing industry) as well as carbon-neutral bioplastic packaging for its moisturiser, scrubs and balms. These can also be composted and turned into biofuel.

BYBI Beauty Bakuchiol Booster, \$23 (2)

CLARINS

The French brand has long been concerned with educating people about recycling and preserving the oceans. Case in point: Clarins has partnered with the *Plastic Odyssey*, a ship powered exclusively by plastic waste collected on its three-year voyage, which sets off this year. They also support the Pur Project, which aims to preserve biodiversity in Asia-Pacific, Europe and America. The partnership has seen more than 420,000 trees planted.

CLARINS Extra-Firming Neck & Décolleté Cream, \$100 (4)



DAVINES

This sustainably minded Italian brand recently unveiled its new HQ, the Davines Village, which boasts sustainable initiatives such as using 100 per cent renewable electricity. This year sees the launch of A Single Shampoo, a carbon-neutral product, thanks to the CO₂ emissions generated during its life cycle being offset by the brand's EthioTrees project, an initiative that generates environmental change in Ethiopia and beyond.

DAVINES A Single Shampoo, \$45.95 (5)



SEEK OUT OCEAN WASTE PLASTIC

Up to 12.7 million metric tonnes of plastic enter our ocean each year according to the journal *Science*. "It's the equivalent of a truck full of plastic being dumped into the ocean every minute," says Kevin Murphy, founder of Kevin Murphy haircare. With technology allowing this waste to be repurposed, Kevin Murphy has switched its packaging to Ocean Waste Plastic. "We produce 56 per cent less greenhouse gases because we're not using virgin plastic," says Murphy. "All we're doing is shredding waste plastic."

KEVIN MURPHY Angel Wash, \$40.95

MORE THAN 70 PER CENT OF MARIE CLAIRE READERS SAY THEY WOULD ACTIVELY SUPPORT BRANDS DOING GOOD FOR THE PLANET AND OUR COMMUNITIES
– marie claire reader survey

DIOR

Dior's new Capture Totale C.E.L.L. Energy formulas not only contain at least 80 per cent natural ingredients, they have been housed in packaging made from FSC cardboard paper, which is both recyclable and smaller in size, translating to a 25 per cent reduction in cardboard weight for the entire range.

DIOR Capture Totale C.E.L.L. Super Potent Serum 30ml, \$215 (6)



6

FACE HALO

Non-toxic and reusable, Face Halo has been hailed a warrior against landfill. Able to be reused up to 200 wash cycles, each disk replaces about 500 single-use make-up wipes. Also, their Upcycling Programme allows its customers to return used Face Halos to be upcycled into things such as car-seat cushioning.

FACE HALO Original Makeup Remover (pack of 3), \$30 (7)



7

GARNIER

Garnier has reduced the weight of plastic in its shampoo bottles by 25 per cent, saving 180 tonnes of plastic per year. The brand has also introduced vegetable dyes and recycled paper in its packaging, and by 2009 it reused and recycled 91 per cent of its industrial water waste. The brand also boasts three 'dry factories', meaning all water is recycled and reused.

GARNIER Micellar Cleansing Water 400ml, \$13.99 (8)



8





1

L'OCCITANE

A frontrunner in sustainability, L'Occitane switched its bottles over to 100 per cent recycled plastic last year. The brand has never used plastic bags in its stores, and in 2008 started offering refills for 16 of its best-selling products (this number is set to swell to 25 refills by 2022). The refills use up to 90 per cent less plastic than a regular bottle.

L'OCCITANE Almond Eco-Refill Shower Oil, \$58

L'ORÉAL PARIS

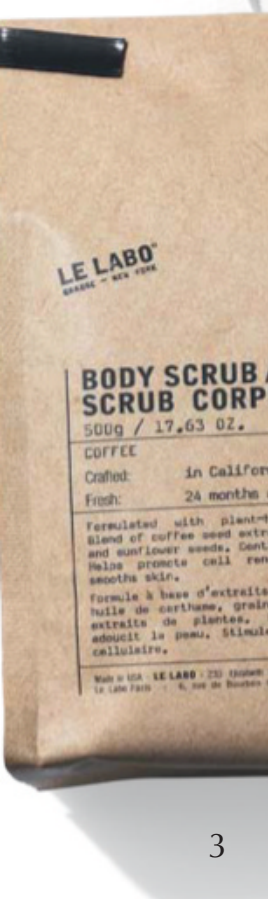
All PVC plastics have been eradicated across the L'Oréal group. The company has also pledged that by 2025, 100 per cent of products will be recyclable, reusable or compostable, while CO₂ emissions will be reduced across the group by 77 per cent, with a goal to be zero net emissions by 2050.

L'ORÉAL PARIS Revitalift Laser X3 Day Cream, \$44.95 (2)

LE LABO

Cult fragrance brand Le Labo proves luxury products can still be sustainable. Along with reduced shipping by formulating their perfumes in their stores, Le Labo offers a refilling service for any used Le Labo bottle, avoiding the production of unnecessary new bottles, caps and boxes. There's a financial incentive too: bring in your used bottle for refilling for a discount.

LE LABO Body Scrub, \$70 (3)



3



LA MER

In keeping its focus on biofermented sea kelp, La Mer's charitable works concentrate on our oceans. Its Blue Heart Ocean Fund has donated more than \$8 million to sea conservation projects. Its bestselling Crème de la Mer is also packaged in recyclable glass.

LA MER Blue Heart Crème de la Mer 2020 limited edition, \$665 (4)
Available May 31



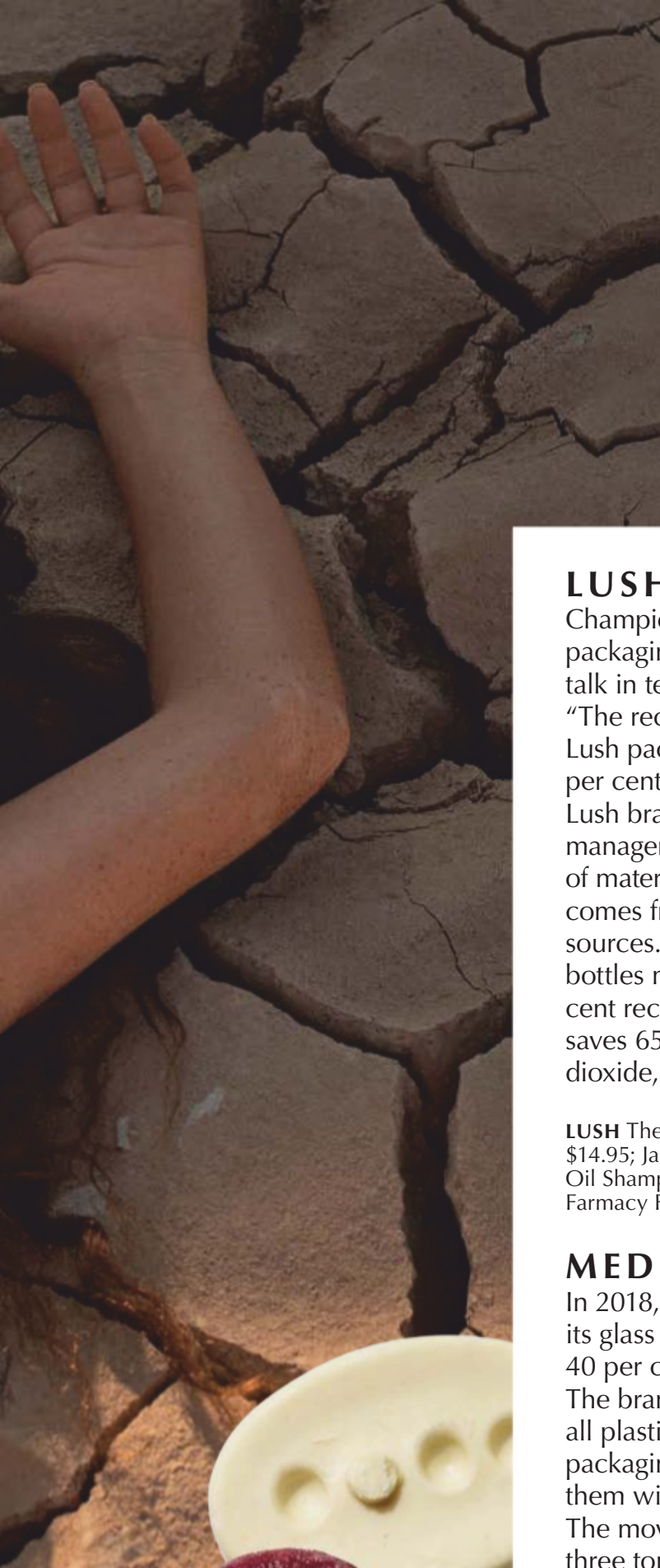
LOVE BEAUTY AND PLANET

Budget friendly and available at your local supermarket, Love Beauty and Planet is making waves. The brand manufactures all its bottles from 100 per cent recycled plastic and is committed to switching their caps to be at least 50 per cent recycled plastic by this year. Their conditioners also boast fast-rinse technology, which helps break down the conditioner faster when it comes in contact with water, which helps you save H₂O at shower time.

LOVE BEAUTY AND PLANET Shampoo and Conditioner with Coconut Oil and Ylang Ylang aroma, \$15 each (5)



5



LOWER YOUR FOOTPRINT...



LOOK FOR PLASTIC ALTERNATIVES

Salt By Hendrix switched from glass for their new biodegradable bottle. "It's made from food materials," says founder Kellie Collis. "This was an amazing way to introduce a new packaging to our business without the challenges that present with regular plastics."

SALT BY HENDRIX Face Cleanser, \$49.95

LUSH

Champions of naked packaging, Lush walks the talk in terms of sustainability. "The recycled content in all Lush packaging is about 89 per cent," says Jay Jennings, Lush brand communications manager. "For every tonne of material bought, 900kg comes from recycled sources." You can also buy bottles made with 100 per cent recycled plastic, which saves 65 tonnes of carbon dioxide, says Jennings.

LUSH Therapy Massage Bar, \$14.95; Jason And The Argan Oil Shampoo Bar, \$15.95; Fresh Farmacy Facial Soap, \$17.95. (6)

MEDIK8

In 2018, Medik8 switched its glass bottles to contain 40 per cent recycled glass. The brand also removed all plastic inserts from outer packaging and replaced them with recycled card. The move saves more than three tonnes of plastic every year and makes them completely recyclable.

MEDIK8 Crystal Retinal 1 Stable Retinal Night Serum Gentle-Strength Vitamin A, \$75.50 (7)

MUKTI

Organic beauty brand Mukti has solid sustainability cred. Along with its partnership with Save the Bees (bees are the cornerstone to a functioning biodiversity), the brand worked to further close its manufacturing loop last year by encouraging customers to return their empty bottles for reuse. The brand has also started offering their products for sale without the outer box, with two-thirds of customers opting for naked bottles.

MUKTI Hyaluronic Marine Serum, \$109.95 (8)

NATIO

Local skincare brand Natio has updated its tube packaging to be composed of recycled material and renewable sugarcane. Made in Australia, the packaging is manufactured using solar energy and marked with special codes to ensure correct recycling post-use.

NATIO Spirit Desert Lime + Salt Coffee Scrub, \$15.95 (9)

REN

Petrochemicals manufacturer SABIC has developed a process to recycle plastic waste otherwise destined for incineration or landfill. Creating an 'Infinity Recycling' packaging, this could be the way forward in terms of recycling our plastics repeated times. This year, Ren, which aims to be zero waste by 2021, has repackaged its iconic moisturiser, Evercalm Global Protection Day Cream, using this new technology.

REN Evercalm Global Protection Day Cream, \$75 (10)

UPCIRCLE

With an ethos of "reused, repurposed, reloved", UK brand UpCircle brings ingredients such as used coffee grounds back to life in its body scrubs. The grounds are ocean-friendly and organic, and housed in completely recyclable packaging, such as aluminum for its tubes of scrub, and glass for bottles and droppers. Appropriately, the brand also uses recycled coffee cups for its marketing materials and uses only recycled material for its shipping.

UPCIRCLE Coffee & Peppermint Body Scrub, \$29.99 (11)



"AS A SOCIETY, WE HAVE TO REDUCE OUR USE OF PLASTICS AND UNNECESSARY WASTE AND AS A BUSINESS IT'S OUR GOAL TO MAKE IT EASIER FOR CUSTOMERS TO DO SO"

- Jay Jennings, Lush



WINNING BEAUTY

The *marie claire* Prix d'Excellence de la Beauté is one of the world's most prestigious beauty awards. Once again, *marie claire*'s global beauty directors and editors have voted for their favourite skin and make-up launches over the past 12 months. Get yourself well-acquainted with our 2020 winners

**GUERLAIN L'ESSENTIEL
NATURAL GLOW
FOUNDATION, \$93**

Made from 97 per cent natural ingredients, this skincare-meets-make-up foundation offers a barely there natural radiance while protecting the skin's own microbiome.



**GARNIER ORGANICS;
ARGAN NOURISHING
MOISTURISER, \$13.95**

Dosed with certified organic ingredients such as argan oil, aloe vera and lemongrass, this new sustainable and well-priced vegan range from Garnier is set to be a big player in our skincare routines. Bonus points: formulas are cruelty-free, ingredients have been responsibly sourced and the packaging is 100 per cent recyclable.

**DIOR BACKSTAGE FACE
& BODY PRIMER, \$63**

Dior's creative and image director Peter Philips had a vision to make professional make-up accessible to all women – so when Dior Backstage launched in 2018, it was no surprise that our love for the capsule range was immediate. The passion continues with this new addition. A natural complexion enhancer, the luxe primer cleverly fuses with skin to ensure perfect make-up hold.

“Sustainability is a huge conversation in 2020, so it's fantastic to see major brands such as Garnier making positive changes for our planet”

– Sally Hunwick, marie claire Australia beauty director



Special Jury Award
CHANEL LES BEIGES
EAU DE TEINT, \$109

This clever tint is the base you never knew you needed. Merging high-tech formulation (those genius bubbles of pigment) with the creative prowess of Lucia Pica, Chanel's global creative make-up and colour designer, this sheer base gives skin a unique filtered freshness.



Winners in Australia

**ESTÉE LAUDER ADVANCED
NIGHT REPAIR INTENSE RESET
CONCENTRATE, \$120**

Dosed with hyaluronic acid and Chronolux S.O.S. technology, this dreamy-textured treatment boosts skin clarity, reduces the look of pores and smooths out roughness. Stat.

**KARL LAGERFELD X L'ORÉAL
PARIS COLLECTION**

This limited-edition capsule collection, created in collaboration between two iconic Parisian brands, was snapped up at Priceline Pharmacies for its cool aesthetic and edgy versatility. We have particular love for the precision Graphic Eyeliner, \$29.95.

**ELIZABETH ARDEN
VITAMIN C CERAMIDE CAPSULES,
\$150 (60 CAPSULES)**

Encapsulated for freshness, this dry oil serum combines vitamin C and ceramides for impressive skin brightness and clarity.

**LANCÔME ADVANCED
GÉNIFIQUE SERUM 50ML, \$160**

Lancôme has made its much-loved Génifique serum even more of a cult buy thanks to the introduction of seven prebiotic and probiotic fractions in the newly released formula. These additions mean extra support of the skin's natural microbiome and a restorative action on the epidermis. The result: more radiance and clarity, firmer skin and a smoothing out of pores and wrinkles.

“Bravo for the unchanged texture; it's just as fresh and quickly absorbed”

– from the judges' panel



**YVES SAINT LAURENT
ROUGE PUR COUTURE
THE SLIM MATTE
LIPSTICK, \$62**

Created by Yves Saint Laurent's global beauty director Tom Pecheux, this lipstick ticks all the boxes: it's lightweight in texture, has impressive colour payoff and is easy to apply. We give it bonus points for its precision tip, so you can forgo a lip pencil.

“Tom Pecheux made the red lipstick we dreamed of: the square tip gives a clean outline, while the super-pigmented matte formula is kiss-resistant”
– *from the judges' panel*





ONLY 46% SURVIVE OVARIAN CANCER

4 women are diagnosed and 3 women die of Ovarian Cancer every day. For around 70% of women with advanced cancer, it will come back, so it is not surprising that 40% suffer with clinical depression and anxiety. Yet Ovarian Cancer gets less than 25% of the funding of other, less deadly cancers. That's why, during Ovarian Cancer Awareness Month, we, 100%, need you to ovary-act.

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CANCER
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LUST-HAVE

Christian Dior Rouge Trafalgar
EDP 250ml, \$460

Created by Dior's master perfumer François Demachy, this bright new scent is inspired by the fashion house's iconic red colour. Opening with fruity notes of strawberry, raspberry and blackcurrant blended with zingy notes of grapefruit, this fragrance is equal parts fun and timeless sophistication.

SUPER HYDRATOR

Our love for hyaluronic acid knows no bounds, so we're thrilled to be able to buy in bulk with this 240ml offering from The Chemistry Brand.

Boasting high doses of hyaluronic acid suspended in a red algae and tamarind gel, this hand and body hydrator boosts skin softness and gets rid of tightness in a flash.

THE CHEMISTRY BRAND Hyaluronic Concentrate, \$50



OIL OVER IT

Get on board with these all-natural oil glosses by Kosas. Dripping with hyaluronic acid and lip-plumping peptides, it will be love at first slick.

FROM LEFT, KOSAS Wet Lip Oil Gloss in Jellyfish, Fruitjuice and Malibu, \$43 each



THE BIG DETOX

We've learnt the pros of getting rid of built-up pollution and product residue from our faces, but don't neglect your hair and body. John Frieda's new Detox & Repair range is designed to cleanse locks of unwanted impurities and allow for impressive restoration thanks to added antioxidant-rich green tea and avocado oil. Then there's Natio's new Spa range. It boasts a body exfoliant packed with enzyme-rich papaya and skin-smoothing cane sugar to shed pollutants, excess oils and sunscreen, leaving skin radiant.

JOHN FRIEDA Detox & Repair Shampoo, \$17.99.

NATIO Spa Papaya & Cane Sugar Gentle Body Exfoliant, \$15.95.

LASER VS CREAM



Jam-packed with double the concentrate of wrinkle-busting adenosine and fragmented hyaluronic acid, this high-tech cream helps to repair and correct lines. The best news? It achieves better results than a session of fractional CO2 laser, according to an independent clinical study. “The results are truly spectacular,” says L’Oréal Paris national education manager Bronwyn Fraser. For women using* Revitalift Laser X3, 87 per cent showed a transformation in skin quality and reported wrinkle depths decreased by 14 per cent. On the flip side, the study said only 18 per cent of women noticed a transformation of skin quality after one session of fractional CO2 laser.

L’ORÉAL Revitalift Laser X3 Day Cream, \$44.95



ISOBEL MARANT SJS 2020

GO PRO
This latest update to Benefit’s super-popular brow palette (which turns 30 this year!) offers up three waxes – two tinted and one clear – as well as four brow shadows, giving you free rein to experiment with both tone and texture.

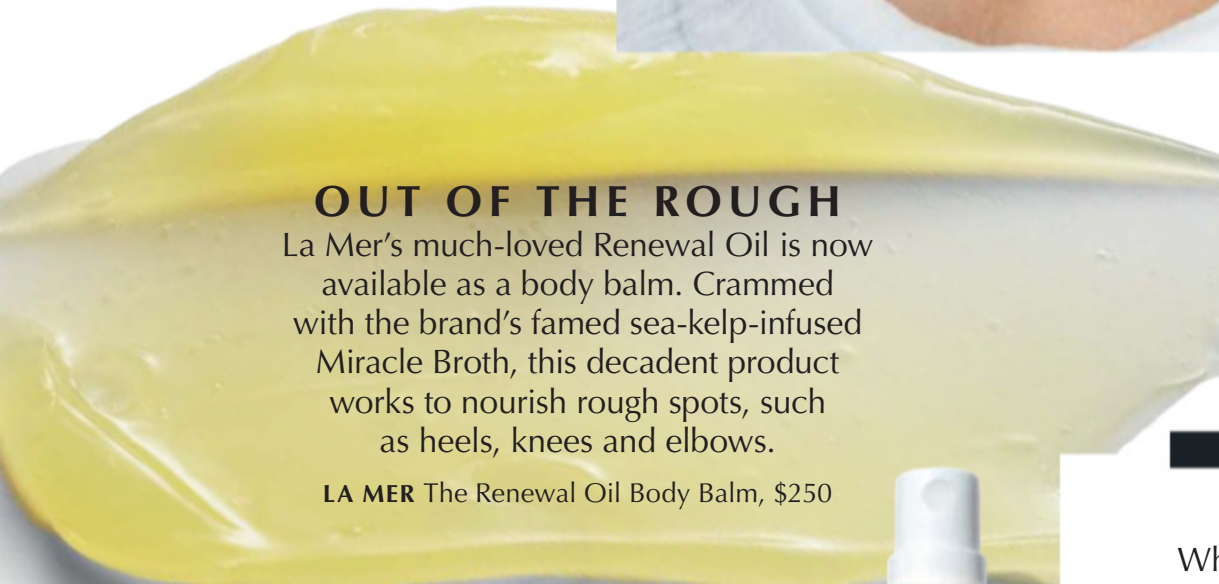
BENEFIT Brow Zings Pro Palette, \$68



OUT OF THE ROUGH

La Mer’s much-loved Renewal Oil is now available as a body balm. Crammed with the brand’s famed sea-kelp-infused Miracle Broth, this decadent product works to nourish rough spots, such as heels, knees and elbows.

LA MER The Renewal Oil Body Balm, \$250



JUST LANDED

Cult UK beauty brand Revolution has hit Australian shores, and we’re crushing on its new Essence Spray. Infused with aloe vera to soothe, and glycolic acid to exfoliate and smooth, it’s the perfect pre-make-up prep or desktouch up.

REVOLUTION Glycolic Acid Revitalising Essence Spray, \$12, at priceline.com.au



LIGHT COVER

Who doesn’t want a flawless complexion without looking caked on? These three lightweight formulations offer a slew of skin benefits, while maintaining a natural finish.

BUDGET FRIENDLY

REVLON PhotoReady Candid Glow Foundation, \$24.95. Super lightweight with a natural glow, this zero-nasties and fragrance-free foundation evens out skin tone and minimises pores.

CLEAN

BITE Beauty Changelmaker Supercharged Micellar Foundation, \$57. Dosed with antioxidant-rich maqui berry and micellar technology, this midweight foundation offers a smooth, daytime finish.

LUXE

SISLEY Phyto-Hydra Teint, \$145. This blurring and mattifying tinted moisturiser is packed with kiwi, grapefruit and buckwheat seed extracts to protect skin against pollution and boost radiance.

PHOTOGRAPHY BY EDWARD URRUTIA: GORUNWAY/SNAPPER IMAGES. TEXT BY SALLY HUNWICK. *THOSE STUDIED APPLIED REVITALIFT LASER X3 FOR 2 MONTHS, MORNING AND EVENING, ON THE ENTIRE FACE.

NEW

OLAY

DNA *or* OLAY?

NEW Olay Regenerist Retinol24 Night Collection
renews and resurfaces for plumper, younger looking skin.*

Olay's Night Retinol24™ Complex plus Niacinamide is
scientifically proven to visibly reduce wrinkles in 28 days.

Get all the **power of retinol** without the irritation.

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Reapply
Niacinamide &
Vitamin C throughout
the day with an ultra
fine mist (even over
make-up!)



NEW OLAY REGENERIST RETINOL24

Contains **retinol complex** &
Niacinamide.

Renews & resurfaces
for younger looking
skin.

Ode to THE ROSE

Tom Ford has beauty and seduction in perfect balance with his new scent Rose Prick, an ode to the king of all flowers. By Sally Hunwick

A note that conjures impassioned debate, rose is a scent that people are either drawn to or find distinctly old world. But

Tom Ford has made it distinctly modern thanks to an addictive blend of three rare roses – and a heady dose of naughty thrown in.

Fashioned around “the prick of a rose – the slight pain that yields such sensual pleasure”, Rose Prick was born from Ford’s love of the roses growing on the grounds of his Holmby Hills estate in Los Angeles. “Inspired by my own rose garden, Rose Prick is a wild bouquet of intoxicating and rare hybrids,” says the designer.

Ford’s garden, with an abundance of exotic floral breeds, has been lovingly curated by the designer’s husband, journalist Richard Buckley. It is the only part of the couple’s immaculate house where the meticulous Ford has allowed Buckley to take over the design reins, a fact that perhaps turns this scent into a love note between long-time partners.

Rose Prick is the latest addition to the Tom Ford Private Blend collection, a line-up of scents that caters to not only lovers of fine perfumery, but those who want something unique served up with their fragrance.

Housed in a covetable matt pink and black bottle, and fashioned in the Private Blend’s now well-known chess-piece-inspired shape, the heart of Rose Prick comes from Bulgarian rose, considered one of the rarest and most expensive varieties of rose in the world. When you consider the fact that just one kilogram of this rose oil requires more than a million blossoms,

you start to see the preciousness found in this fragrance. No wonder it has been elevated to ‘outrageous’ status by the Ford team, along with Ford’s Fucking Fabulous Eau de Parfum, both of which retail for \$480 for 50ml.

“Rose Prick is a heady bouquet of blooms in pink perfection,” says Ford. “The danger of being so close to beauty heightens the seductive power.”

Also in the scent’s blend is Rose de Mai and Turkish rose, as well as a blend of patchouli harvested from Indonesia, woody notes of chypre, and warm and toasty tonka.

With a sensual dry down that leaves notes of tolu balsam and musk hugging the skin, this fragrance is anything but old-fashioned.

Along with Rose Prick, Ford’s Private Blend collection includes scents such as Lost Cherry and Lavender Extreme. It’s a luxe collection which takes classic notes and gives them a modern twist, not to mention a good dose of salaciousness. This is a collection with a cheeky side.

“ROSE PRICK IS A WILD BOUQUET OF INTOXICATING AND RARE HYBRIDS” – Tom Ford

It’s maybe no wonder then that Aussie darling – and Ford’s personal friend – Celeste Barber is a fan.

Barber, who was spotted front row alongside Rosie Huntington-Whiteley, Kylie Jenner, Ciara and Kate Hudson at Ford’s latest autumn/winter 2020 runway in Los Angeles, is not afraid of pushing the envelope when it comes to how we perceive beauty. Take for example, that kiss between the comedic juggernaut and Ford in his 2018 campaign for the Tom Ford Boys & Girls lipstick line.

At his recent show, Ford spoke of his own idea of beauty. “As a fashion designer, one is only able to present to the world one’s true and deepest ideals of beauty once. Only once,” he said. “If you are lucky, the world responds.”

With so many A-listers spritzing this seductive scent, we’re certain the world will respond with nothing short of heady pleasure.



TOM FORD Rose Prick EDP 50ml, \$480, available from selected David Jones stores, Harrolds luxury department stores and Myer

AT LAST! BLOCK EXPRESSION WRINKLES

without paralysing muscles!

NEW WRINKLE BLOCK

starts working to block visible expression wrinkles
in 30 minutes, with dramatic results on both
wrinkles and under eye bags in just 7 days.



"It's the biggest breakthrough in needle free wrinkle
relaxing in 20 years and it's fully reversible in 48 hours!"



Blocks more than 70% of visible expression wrinkles in 30 minutes, with up to 48 hour activity

With 2 powerful peptides, WRINKLE BLOCK not only slows down the visible expressions which create wrinkle creases, it simultaneously charges skin with the energy it needs to bounce back from expression trauma.

Clinically proven activity in 30 minutes, measurable visible results in just 7 days

Almost 40% of deep wrinkles were smoothed away in just 7 days! And results just keep getting better with up to 60% less visible wrinkles in 28 days.

Energy Peptide provides burst of freshness for eyes and face, and dramatic results on puffy eyes/eye bags

Ideal for crow's feet, frown lines, smile lines and marionettes, WRINKLE BLOCK's skin energising action also has the remarkable effect of waking up eyes and freshening the entire face, whilst reducing the appearance of eye bags and puffiness by up to 76% in just 7 days.

**7
DAYS**

close to 40% visible
wrinkle reduction

up to 76% visible
eye bag reduction

+

up to 60% less visible
wrinkles in 28 days!



Day 0



Day 7



Day 0



Day 28

WRINKLE BLOCK reduces wrinkles, reduces eye bags and wakes up the entire face
with a burst of freshness in just 7 days

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JONATHAN VAN NNESS

The television personality, hairdresser and grooming expert has taken the world by storm with his vision of self-expression. We talk to the Biossance ambassador about what beauty means to him

I GUESS BEAUTY IS ALWAYS EVOLVING and always about trying to stay present and find a feeling of inner beauty and joy out of any situation.

THERE ARE SO MANY KINDS OF WOMEN IN THE WORLD, far be it for me to decide how and when they should feel their most beautiful. I always feel my best when I am relaxing at home with my cats, when I've learnt a new skill on the ice, doing gymnastics, or when I'm helping others feel good about their look when I'm behind the chair.

ONE WOMAN WHO INSPIRES ME IS [United States Senator from Massachusetts] Elizabeth Warren!

I'M ACTUALLY PRETTY LOW MAINTENANCE when it comes to my hair, which is part of why it's long. My texture is so curly that when it's shorter it needs to be styled, but when it's longer it can look really cute without a lot of effort.

REALLY THE ONLY THING I DO WITH MY FACIAL HAIR is apply Biossance 100% Squalane Oil and I use a comb to brush it in. When I have a moustache I use Layrite wax to lock it in.

WHEN IT COMES TO MY SKINCARE Biossance Squalane + Omega Repair Cream is part of my routine every morning and every night. If I could only have five grooming products in my kit, they would be a brow gel, BB cream, concealer, floss and eye cream.

FOR FRAGRANCE, I like a lot of scents by Byredo.

AND ON MY NAILS I always work with my friend Mei [Kawajiri]. She is a nail artist first and foremost. Right now I have peacock feathers and my cats' names on my nails.

WHEN I WANT TO UNWIND I take a bath with a face mask or, if I have time, I get a facial or massage.

BEFORE I WALK OUT THE DOOR, I check the mirror!

FROM TOP, BYREDO Blanche EDP 50ml, \$226; LAYRITE Natural Matte Cream, \$32.99; BIOSSANCE 100% Squalane Oil 100ml, \$50; SAND & SKY Australian Emu Apple Super Bounce Mask, \$93.90; HOURGLASS Arch Brow Volumizing Fiber Gel, \$45; BOY DE CHANEL Le Teint Foundation, \$117.

A BRIGHTER YOU.

NONI BRIGHT VITAMIN C SERUM

Certified Organic, Vegan and with **12% Vitamin C.** This potent serum smooths, brightens, firms and protects your skin from environmental aging.

PROVEN RESULTS

80% noticed their skin was brighter, more radiant and even toned.*

90% noticed their skin was visibly smoother.*

81% noticed visible improvement in the appearance of fine lines and wrinkles.*

78% noticed visible improvement in the appearance of fine lines and wrinkles.*

*Based on an 8-week clinical study of 59 women ages 25-54.

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WONDER WATER

IF YOU HAVEN'T YET DISCOVERED MICELLAR WATER, YOU'RE MISSING
OUT ON THE MULTITUDE OF BENEFITS THIS BESTSELLER OFFERS IN
ONE STUNNINGLY SIMPLE SKIN-CLEANSING SOLUTION



If you're still washing your face with soap, we need to talk. Contrary to what you might think, clean, fresh and comfortable skin doesn't start with a faceful of lather. In fact, soap can strip your skin of its protective outer layer, the acid mantle, and leave it feeling tight and dry.

There's a better way to wash your face, and it's an all-in-one cleansing solution that couldn't be easier. It's Garnier Micellar Cleansing Water and there's a reason it's a worldwide bestseller.

MEET MICELLAR WATER

Originating in France (*quelle surprise*), Micellar Water was named for the Micelles it contains: microscopic, spherically shaped oil molecules suspended in a water-like formula. When Micelles are applied to skin, they latch onto dirt, makeup and impurities on the surface of your face, allowing them to be easily whisked away with a cotton pad without rubbing or pressure. Its formulation makes it quick, effective and gentle on all skin types, even sensitive skins and it's kind on eyes, which is welcome news for wearers of contacts.

#1

MICELLAR
BRAND IN
AUSTRALIA &
WORLDWIDE

THE WORLD'S FAVOURITE MICELLAR

Garnier Micellar Cleansing Water is the number one bestselling Micellar brand in Australia and around the world. It has earned cult status for its multi-benefit formula that cleanses, removes makeup, soothes and softens skin, all in one 100 per cent recyclable bottle (just don't forget to remove the label).

One single cotton pad moistened with Garnier Micellar Water attracts makeup, dirt and pollutants like a magnet to gently lift away impurities and leave skin looking and feeling clean, soft and comfortable without rubbing or rinsing. It removes makeup more effectively than soap and is dermatologically and ophthalmologically tested so it won't irritate skin or eyes. If you've ever had soap in your eye you know that's a good thing.

Want more good news? It won't blow your beauty budget, either. In fact, Garnier Micellar Water comes in an economical 400ml bottle which is equivalent to 200 uses. Available in supermarkets and pharmacies Australia-wide.

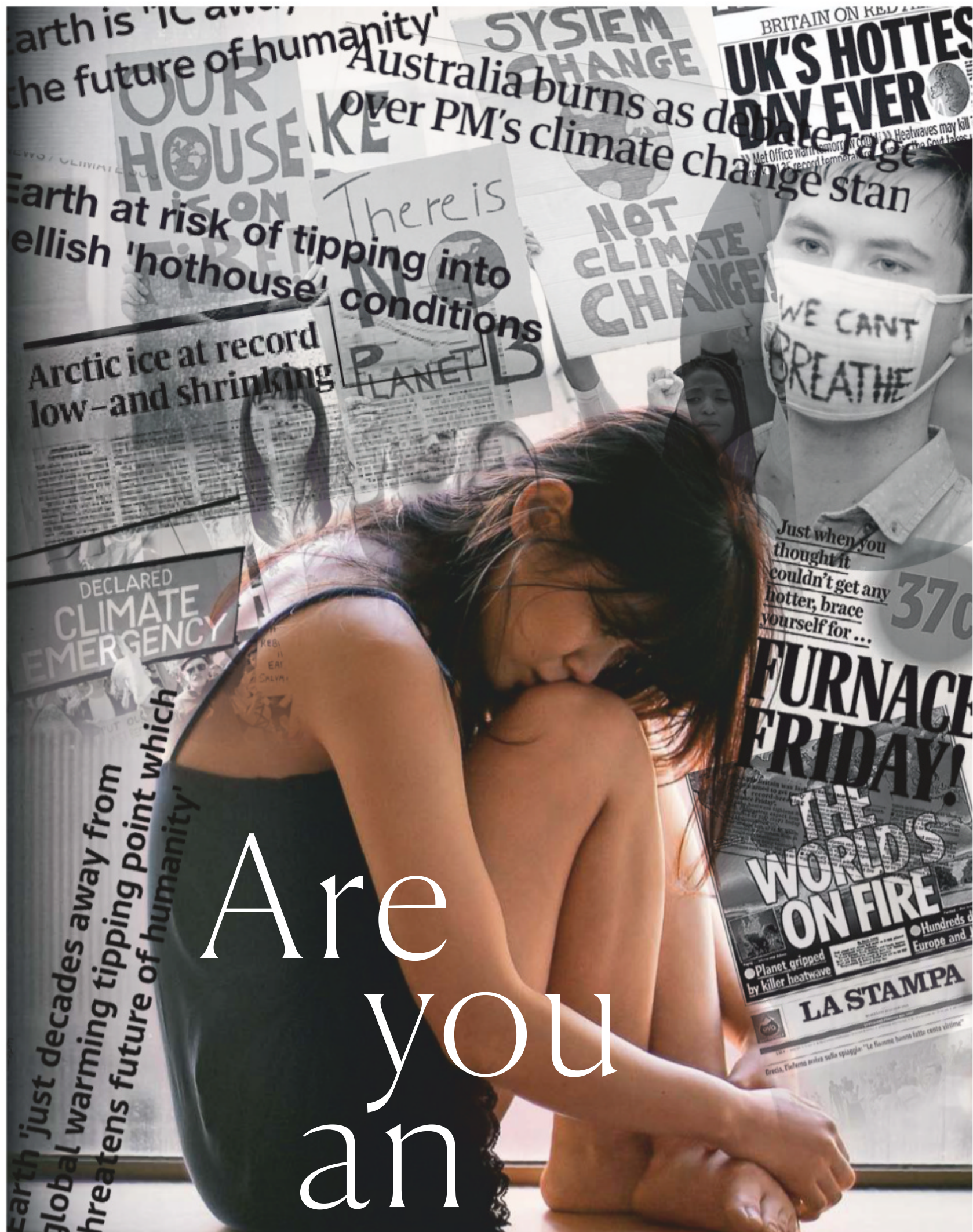


ATTRACTS
MAKEUP, DIRT
AND POLLUTANTS
LIKE A MAGNET TO
GENTLY LIFT AWAY
IMPURITIES AND
LEAVE SKIN LOOKING
AND FEELING
CLEAN, SOFT AND
COMFORTABLE

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Naturally!





Are you an ECO WORRIER?

If you're feeling anxious and concerned about climate change,
you might be suffering from eco distress, writes Lucy E Cousins

PHOTOGRAPHY BY GETTY IMAGES.

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For Catherine, 31, the sinking feeling she has in the pit of her stomach is now just a part of her life. “I guess it’s a feeling that’s been growing inside me for a while now,” she says. “I’ve binged through way too many documentaries and can’t stand watching the news. But then, over Christmas last year, it got worse. For weeks my feed was filled with burning koalas and huge areas of bush burned out. I couldn’t get away from it and I guess I just began to feel an overwhelming sense of dread, of gloom. I mean, what are we doing to this planet?”

Catherine’s reaction to the recent “summer from hell” that Australia experienced isn’t uncommon. It’s actually part of a bigger wave of “eco anxiety” that Dr Sally Gillespie, lecturer in climate psychology and author of *Climate Crisis and Consciousness: Re-imagining Our World and Ourselves*, is seeing among Australians.

“It’s not an official diagnosis,” she explains. “But it certainly describes the kinds of upset and distress people feel around ecological collapse, extinctions, climate change and the whole gamut of situations that are going on at present and that are worsening.”

In defining what people are feeling, Gillespie prefers the term “eco distress” instead of “eco anxiety”, because she feels that it needs to be broader in its description.

“It is certainly anxiety [that people are feeling], but you’ve got a whole lot of other feelings all bundled in there, too,” she explains. “It’s grief. It’s fear. It’s guilt. It’s hopelessness.”

DEFINING DESPAIR

To understand if you’re suffering from eco distress, Gillespie suggests to step back and analyse how you are feeling.

“You may have a generalised feeling of anxiety, which on a physical level could mean a shortening of the breath or a tensing of muscles, as well as it being harder to define existential feelings,” she explains. “You might feel less safe or have a feeling that everything is just going to pieces.”

One reason for this, says Gillespie, is that she believes our culture doesn’t acknowledge the extent to which our lives are embedded in – and totally dependent on – the natural world.

“What ecological disasters and climate crisis bring back to us is that the very things that keep us alive are under threat. So this is an existential anxiety we’re talking about, and we survive as individuals, but can we survive as a species?”

“I BELIEVE ECO DISTRESS IS AN ENTIRELY RATIONAL RESPONSE TO WHAT IS HAPPENING”

– Dr Sally Gillespie

COMBATING THE CRISIS

As more and more of us struggle with these thoughts, finding ways to overcome the effects from them will become ever more relevant. And while as individuals we have limited sway in world politics, there are some steps Gillespie says we can take to help combat any eco distress we might be feeling on a personal level.

1 BE VERBAL

Firstly, it’s important to name your feeling, talk about it and realise you’re not alone. Start with small statements, such as “I feel frightened” or “I just feel so sad” or “I feel powerless” – these can help you identify the way you’re feeling on a day-to-day level. And, although climate change is a controversial topic in many circles, it’s important to not let anyone diminish the way you are feeling.

“I believe eco distress is an entirely rational response to what is happening,” Gillespie says, “and I really find it difficult to believe there is anyone who doesn’t feel it at some level. It doesn’t matter whether you accept climate change is happening or not.”

2 TAKE ACTION

This could be donating to a cause, volunteering or reducing your own personal footprint – anything that helps relieve the feeling of being powerless – and preferably in a group or as part of a supportive community.

“If you take actions, you can feel like you are working towards different kinds of outcomes as well as responding to distress, your own disbelief and the distress of others. It gives you a sense of agency,” she explains.

3 LOOK FOR THE POSITIVE

If the minute-by-minute coverage and newsfeed articles of eco disasters is getting too much, Gillespie advises to look for the feel-good stories about community response and connection, and focus on them. And consider reducing your exposure to the news and eco-related articles by spending less time online, or blocking certain people or outlets on social media. “It’s easy to

become traumatised [by the news],” she says. “There’s what we need to know and then there’s a point often where we are actually just putting ourselves more into a state of paralysis than action.”

4 FOCUS ON YOUR PASSION

Newsfeeds aside, focusing on ourselves and self-care can help alleviate distress. Things such as exercising, paying attention to the body, eating well and resting. Also, Gillespie suggests finding a passion and a vision for something you really care about.

“Find something that connects to what you love. For example, if you like the sea, perhaps begin supporting the Australian Marine Conservation Society; or get your book club to read a book about some of the issues so you can discuss them together, which can be helpful.”

5 SEEK HELP

While Gillespie believes a certain level of eco distress is inevitable, she asserts that the feeling can escalate to a point where it could hinder day-to-day functioning. If you find that happening, it’s best to seek support from mental health professionals.

6 GET OUTSIDE

Lastly, Gillespie advises that it’s important to spend time in the natural world, whether that is an evening walk in the park or a weekend camping.

“You might find you feel some grief while you’re surrounded by nature,” she says. “But at the same time, try to appreciate what is there, while thinking about what we need to do to care for it in the future.”

For support, contact Lifeline on 13 11 14 or lifeline.org.au





How to: INJURY- PROOF *your* WORKOUT

Pain-free exercise is only a few steps away

One of the most painful (literally) aspects of exercising is the chance of injury. You might have just nailed your latest spin class or run your fastest time... and bam! You've hurt yourself and are looking at a long and tedious recovery. Hello, limping and swelling.

And sadly, injuries happen frequently – one study found that in any given year, between 65 and 80 per cent of runners get injured.

According to personal trainer Tyson Brown, injuries occur because most of us just don't prepare for our workouts well enough. "The biggest cause of injuries that I see is people not doing the movements properly for their choice of workout," he explains. "And that's due to not learning them correctly in the first place or just going too hard, too fast."

So to help you avoid any unnecessary injuries, we spoke to the experts about what to look out for and how to work out safely. Listen up then lace up!

PILATES/BARRE

Pilates and barre are a great option for both strengthening and recovering from injury, but it's important you have correct form, says Lean Bean Fitness founder Lizzie Bland. In Pilates, people often struggle to find their neutral spine, "so they end up either overextending [sticking their bum out and arching the back] or tucking the pelvis under, which can cause pain in the lower back", she says.

Instead, imagine your pelvis is a full bowl of water and you're trying not to spill it. If you tilt too far forward, water will spill out the front; if you tuck under too much, water will spill out the back.

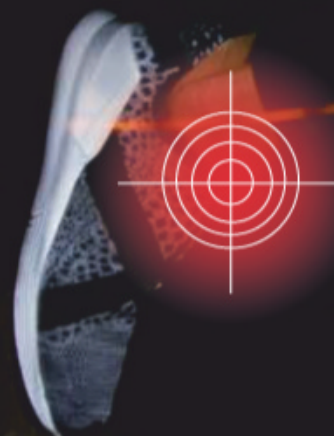
For barre, as well as maintaining that neutral spine, Bland recommends keeping your knees in check. "Most barre classes will involve 'turning out' the legs for *pliés* [French for 'bend'], and this movement should come from the hips, not just the feet. If you feel any pain through the knees when in a *plié*, you've gone too deep."

SPIN

Spin class is no longer a sterile room with a few stationary bikes, it's now a low-impact, high-octane choreographed dance class on tech-fuelled bikes, which Shantelle Ekermans, master instructor and co-founder of Up!Cycle, says can lead to injuries, especially if you don't take the time to set your bike up properly.

"As a general rule of thumb, when standing next to the bike the saddle should be at hip height," Ekermans explains. "Once you're on the bike, take one leg to the bottom of the pedal stroke. You want a slight bend in the knee. Then the distance between the saddle and handlebars can be measured by elbow to fingertips. If you've got this right, your knee won't extend past your toes while pedalling."

She recommends having the handlebars set at about the same height as your seat, making sure you have a slight bend in the elbows when arms are reached out. Then keep checking in with your posture during class, and keep those hips back! "The most important advice for preventing injury in general is to listen to your body during any exercise," advises Ekermans. "We tell our riders, if any of our rhythm-ride moves hurt in any way, don't do them!"



A FITNESS APP

If you're lacking time, money or access, you may have downloaded a bunch of fitness apps to fill the workout-sized hole in your life. If that's the case, choose wisely, says Ryan Evers, trainer for the Tammy Fit app.

"Always make sure the app has been written by experts," he says, "and be sure to have a good look around the app before deciding which plan, exercise or workout to do, as some are designed to be done in stages." And if something doesn't feel right, Evers says to stop and double-check your positioning and pay attention. "A great way to do this is to try practising your technique in slow motion or in a mirror before you start, and always [listen] to what the trainer on the app is saying, rather than just watching the videos."

Don't forget to check the space where you'll be working out. "Make sure the area you're exercising in is safe and that you'll have minimum distractions," warns Evers. "You'd be amazed how many injuries happen from random or loose items in the home!" Lastly, Evers says don't overdo it by exercising for too long, especially in the beginning. Start small with more repetitions.

**"TRY PRACTISING
YOUR TECHNIQUE
IN SLOW MOTION
OR IN A MIRROR
BEFORE YOU START"**

– Ryan Evers, trainer for
the Tammy Fit app

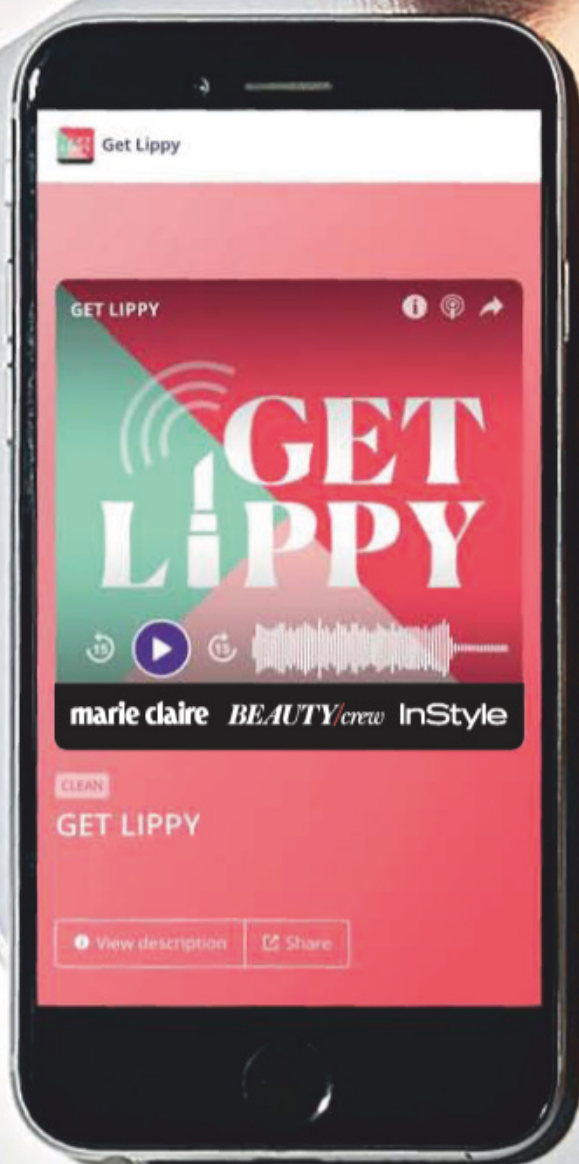
RUNNING

With more Australians running than ever before, coach and co-founder of RunHunters, Matty Abel, has seen a rise in injuries. To avoid hurting yourself, he suggests three strategies. Firstly, track and manage your running volume and intensity. "Generally I see runners get excited with a new goal and build up their volume and intensity too fast," he says. "To avoid injury, start off in a base phase working on predominantly easy running while building your weekly running volume by around 10 per cent each week."

Next, work on strengthening your body. Abel says a common weakness in the body is the hip and core region. To strengthen that area, he suggests adding in banded lateral walks, walking lunges, single-leg dead lifts and static planks, and "don't forget to squeeze your bum". Lastly, prioritise recovery. "My advice is to periodise your training. I recommend having an easier week every three to five weeks, focus on getting a minimum of six to seven hours' sleep [a night] on average, hydrate well and work on your mobility, such as stretching and foam rolling. Try not to rush the running process, aim for consistency and you will achieve more than you think you can."

Editor confessions, product picks & real advice

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— LIFESTYLE —

YOUR FOOD, TRAVEL AND INTERIORS INSPIRATION

HOT HOTEL

Luxe travellers continue to be captivated by all things eco chic. Case in point? The Santa Monica Proper, the new high-end hotel by Kelly Wearstler where nature nurtures. The design It-girl took her cues from the beach and nearby desert for her sandy scheme of travertine, light timber and grass cloth. From the bespoke furniture to the free bike hire, the hotel proves green is good.

The Santa Monica Proper is a 271-room hotel in a Spanish colonial revival building. Visit properhotel.com

PHOTOGRAPHY BY THE INGALLS. TEXT BY ANNA MCCOUE.

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From its rocky cliffside setting to the barefoot-chic interior, this historic home on the Spanish island Mallorca is pure holiday-house bliss

DREAM



“THE RESULT BLENDS A
NORDIC MINIMALISM WITH
MALLORCAN ACCENTS”
– designer Manuel Villanueva



As the complex evolved, a watchtower was erected and additions were made until early in the 20th century, when two houses – including this one – were built on the south side of the property.

Aesthetically, it sits in the space between old and new, Nordic and Spanish, human-made and natural. The style is hard to define but is easily felt, as it slows the breath and soothes the nervous system.

Mallorcan design practice Moredesign recently took the reins of the renovation to turn the property into the family’s dream getaway. The aim was for “an intelligent yet simple and beautiful space”, according to designer Manuel Villanueva.

“The family are design-savvy and were very much involved in the process, mixing their own aesthetic into our vision,” he says. “The result blends a Nordic minimalism with Mallorcan accents.”

The house had a previous final extension added to it in the 1970s, and the result was a rather “heartless, dull building”, which Moredesign proceeded to reorient and transform.

Sited across three storeys, it feels embedded in the landscape around it. Its narrow structure hugs the steeply terraced slope, and from almost every room there are spectacular views down the hill towards the Mediterranean.

The arched front doorway – which has been carefully restored – is probably the oldest part of it, says Villanueva. Inside, an updated palette of traditional Mallorcan materials including pale grey microcement

From the kitchen patio, the view to the pool area also extends to the Mediterranean Sea. **BELOW** The arched doorway is one of the oldest parts of the structure.

The technical term for the dream-like state between wakefulness and sleep is hypnagogia – the floaty, tidal bobbing as reality dissolves into catatonia. In the Mallorcan village of Deià it’s a state that can be entered with eyes wide open, crossing the arched threshold of this former monastery on a terraced slope over the Mediterranean Sea.

The Spanish holiday home has a force field that lulls its inhabitants – the various members of a large Nordic family and their guests – into deep relaxation. The property has a monastic past that dates back to the 13th century, when Cistercian monks established a monastery in the area.





AESTHETICALLY, IT SITS IN THE SPACE BETWEEN OLD AND NEW, NORDIC AND SPANISH, HUMAN-MADE AND NATURAL

CLOCKWISE, FROM TOP LEFT
The living area comprises mostly vintage finds; a light by Senaia Studio adds detail; the kitchen features whitewashed walls, microcement floors and reclaimed oak cupboard doors; built-in bench seating and a vintage table form the dining area.

floors, arches and classic wooden beams invoke the history.

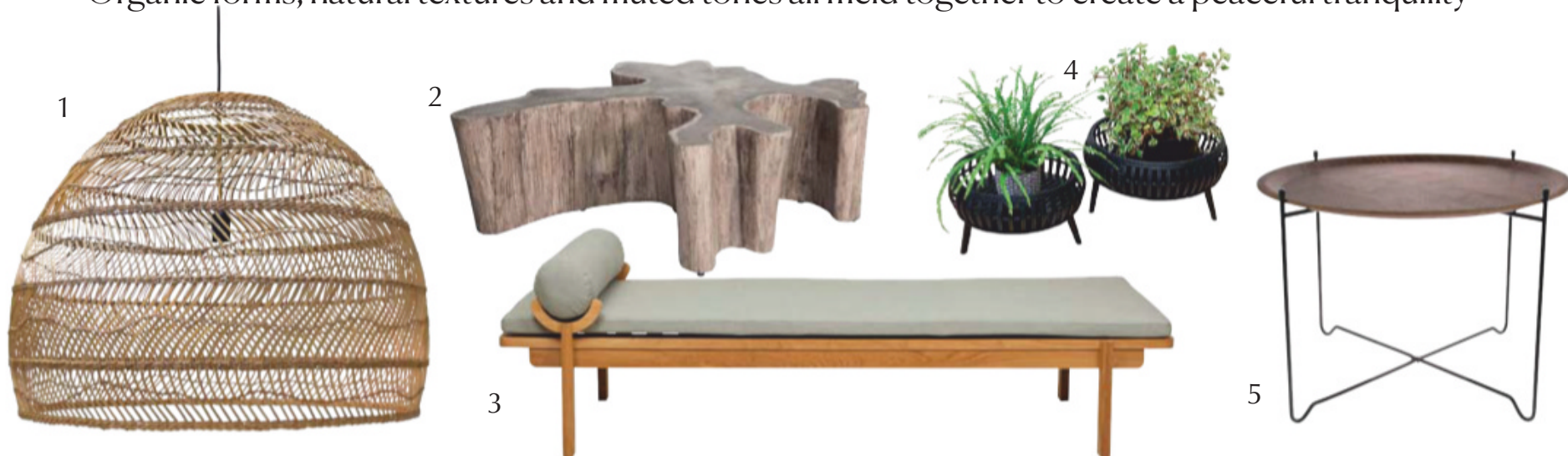
The relatively compact interior spaces were opened to the exterior as much as possible. The kitchen, for example, has been linked to the living room – and the landscape beyond it at the front of the house – via a wide opening in one of the old walls. This creates a feeling of connection between the spaces, as well as flooding the kitchen with additional light.

Built-in furniture made a lot of space-saving sense here. The rest of the furniture and finishing touches are kept as simple as possible, as natural materials and textures (such as wood and linen) allow the eyes to wander out to the view, as the subconscious slips into a dream state yet again.

PHOTOGRAPHY BY GREG COX/BUREAUX. STYLED BY TILLE DEL NEGRO. TEXT BY ANNA MCCOOL; NOREEN JOHNSON/BUREAUX.

GET THE LOOK

Organic forms, natural textures and muted tones all meld together to create a peaceful tranquility



1 HK Living pendant light, \$699, and 2 Uniqwa coffee table, \$1599, both at cranmorehome.com.au. 3 Clemonte sunbed, \$3915, at globewest.com.au. 4 Cora planters, \$200 (set of two), at novaabode.com. 5 HK Living large walnut side table, approx \$256, at trouva.com.

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Living clean and green in SANTA MONICA

We explore California's holistic haven to uncover the next big things in personal evolution

The Santa Monica bubble, in the far west of the USA's turmeric latte belt, is a euphoric place to float around for a while. Anti-plastic, anti-Trump, anti-anxiety and carbon negative, this Californian beachside enclave is a utopian field for those seeking a higher plane of existence.

In this kingdom of yoga, veganism and cold-pressed everything, wellness is the goal. The bodies are ripped, attitudes are progressive and souls are thoroughly searched. What's hot in the beach city? *marie claire* investigates...



GREEN LIVING

With more than 300 days of sunshine a year and a direct line into Downtown Los Angeles (50 minutes via light rail), the beach city is an incubator for sustainability and wellness trends. Cycle lanes weave through the city and along the shoreline (public bike-sharing program Breeze makes it easy to go car-free), while the beach city's four weekly farmers' markets fuel a hyper-local food scene.

HEALTHY BODIES

In the grand travel tradition of visiting the local house of worship, we enshroud ourselves in activewear because, in this town, thy body is thy temple. Lying on our backs as the instructor caresses crystal bowls, cymbals and gongs, the Sound Bath at Be Crystal Clear is said to open the body's energy system to release blocked emotions and alleviate anxiety and stress. At very least, it's relaxing. We do more yoga, this time on the beach with Beach Yoga SoCal and Reiki at Cocoon Healing Arts Studio. It's an interesting insight into Cali life; it may have even been healing.

FOOD FOR THOUGHT

Kye's is a favourite for super-clean, sustainably farmed meals with a focus on Chinese yam (a digestive tonic used in traditional Chinese medicine), while Kreation Organic Kafe is the place for detoxing juices and bone broths. If you're re-toxing, head to Aussie-owned Éléphante Beach House (right) for elevated cocktails and in-crowd atmosphere, and try Massilia for Mediterranean dishes (below right).

“TRY AUSSIE-OWNED
ÉLEPHANTE BEACH
HOUSE FOR ELEVATED
COCKTAILS AND IN-
CROWD ATMOSPHERE”





“THIS CALIFORNIAN BEACHSIDE ENCLAVE IS A UTOPIAN FIELD FOR THOSE SEEKING A HIGHER PLANE OF EXISTENCE”

BEAUTY BUZZ

As each day goes by we get closer to the upper echelons of existence, especially after a facial at Face Haus, a next-level spa, and manicure at Olive & June (pictured), the coolest nail salon around. Beauty is big in Santa Monica but health and sustainability are at the core of the industry.



PHOTOGRAPHY BY: JESSICA SAMPLE; BONNIE TSANG; THE INGALLS; EDWARD URRUTIA; JAKOB N. LAYMAN; STEWART UY PHOTOGRAPHY; GETTY IMAGES; TEXT BY ANNA MCCOYE; CHLOE BUTTENSCHAW.

HOTEL HEAVEN

Opening its doors in 2019, Proper (left) is redefining hotel luxury. Brought to life by Hollywood's designer of choice Kelly Wearstler, the interiors reflect the tones of the coastline. This being Santa Monica, the fitness centre is beyond state-of-the-art, with an open-air yoga deck and bikes and surfboards at the ready. Surya Spa, a collaboration with Ayurvedic doctor, chef and herbalist Martha Soffer, delivers more than the usual hotel massage with total transformation on the menu. Onda, the in-house restaurant, does the sustainable seafood thing with a fusion of Los Angeles and Mexican cultures.

Qantas flies direct to Los Angeles from Brisbane, Sydney and Melbourne. No visa required for Australian passport holders. Visit qantas.com/au



The melting pot of cultures on the USA's West Coast
culminates in the flavours of our Californian dreams

NOTE
Warming corn
tortillas over a dry
heat makes them
more pliable; throw
into a medium
to hot frypan for a
few moments on
each side.

SLOW-COOKED PULLED PORK CARNITAS

SERVES 6-8

1.2kg skinless, boneless pork shoulder
2 tsp dried chipotle chilli flakes
2 tsp dried oregano
½ tsp garlic granules
750ml chicken stock
150ml fresh orange juice
1 lime, juiced
4 bay leaves

TO SERVE

½ red cabbage, shredded
1 lime, juiced
12 soft tortilla
2 red chillies, finely sliced
a large handful coriander leaves

1 Heat oven to 200°C. Put pork in a mixing bowl and sprinkle over chipotle, oregano, garlic granules and a good pinch of salt. Rub well into the meat and transfer to a lidded pan just big enough so the pork fits snugly.
2 Pour stock, orange juice and lime juice into the pan and add bay leaves. The liquid should just cover everything – if not, top up with water. Put on the lid and cook in the oven for 3-3½ hours or until you can pull the meat apart with forks. Transfer the pork to a bowl and cover.
3 Remove bay leaves from the cooking liquid and bring to the boil over a medium heat. Reduce the sauce for 20-25 minutes or until only about ⅓ left. Shred the meat, then tip into the sticky sauce and mix well to warm through. Season.
4 Toss red cabbage with lime juice and a little salt, then serve the pork with tortilla, the dressed cabbage, sliced chilli and coriander leaves.



CHIPOTLE CORN AND SHRIMP CAKES WITH SOFT-BOILED EGGS

SERVES 2

300g floury potatoes such as King Edward, peeled and cut into chunks
120g raw peeled king prawns
40g sweetcorn kernels
30g (drained weight) sundried tomatoes in oil, finely chopped
2 tbsp chipotle paste
a large handful coriander leaves, roughly chopped
3 eggs
75g panko breadcrumbs
1 lime, juiced
3 tbsp olive oil
30g baby spinach
10g toasted pine nuts
parmesan to serve

1 Put potatoes in a large pan of lightly salted, cold water and bring to the boil. Turn down to a simmer and cook for 15-20 minutes or until potatoes are tender. Drain well, tip into a bowl with a little seasoning, mash and cool.
2 Cut prawns into small, even chunks and tip them into a mixing bowl along with the mashed potato, sweetcorn, sundried tomatoes, chipotle, ⅓ the coriander and a good pinch of salt. Mix well and form into 4 patties about 1½cm thick.

3 Whisk 1 egg in a bowl and tip breadcrumbs into a shallow dish. Dunk each cake into the egg and then breadcrumbs, making sure they are completely coated. Place on a plate and chill for 15 minutes to firm up. Grind the remaining coriander and a pinch of salt to a smooth paste with a pestle and mortar. Stir in lime juice and 1 tbsp of oil.
4 Soft-boil the remaining eggs in a pan of boiling water for 6 minutes until just set. Remove with a slotted spoon and put into a bowl of cold water. Once cool enough to touch, peel and set aside.
5 Heat remaining oil in a large non-stick frypan over a medium heat and cook the shrimp cakes for 5-6 minutes each side or until golden and cooked through.
6 To serve, scatter spinach on two serving plates and stack two shrimp cakes on each plate. Slice eggs in half and put one egg on top of each stack. Drizzle coriander oil over the top and scatter over pine nuts. Shave parmesan over both plates and serve immediately.





NOTE
Pre-cooked
and ready to eat,
vac-packed tentacles
are available at
supermarkets
and specialist
fishmongers.



S'MORES CHOCOLATE AND SALTED CARAMEL POTS

SERVES 6



CHARRED OCTOPUS WITH CHILLI AND LIME ROMESCO SAUCE

SERVES 4

3 red peppers
1 red chilli
3 tbsp olive oil
50g blanched almonds, toasted
a handful coriander leaves and stalks
½ a clove garlic
2 limes, 1 juiced, 1 wedged to serve
4 steamed octopus tentacles
(about 450) (see note)

1 Heat oven to 220°C. Put red peppers and chilli in a roasting dish, pour over 2 tablespoons of oil, season and toss. Remove the chilli and set to one side. Roast peppers for 20 minutes, then turn them and add the chilli. Roast for another 20-25 minutes until everything is charred and tender. Remove from the oven and leave to cool. Peel skins off the chilli and peppers, and discard the seeds from the pepper. If you like your sauce spicy, keep the chilli seeds, otherwise discard.
2 Put almonds in a blender and whizz until fine. Add peppers, chilli, coriander, garlic and lime juice. Season well and blend to a smooth sauce.
3 Heat a griddle pan over a high heat until very hot. Rub remaining oil over octopus and griddle for 2-3 minutes on both sides until the tips of the tentacles are crispy. Serve immediately with the sauce and lime wedges for squeezing.

NOTE

A blowtorch gives this dessert a professional finish. Use a circular motion and keep it moving – the marshmallow should be toasted not charred.

4 digestive biscuits
120g salted caramel sauce
150g 70 per cent dark chocolate, broken into small pieces
200ml double cream
2 eggs, separated
120g caster sugar
⅛ tsp cream of tartar

1 Put biscuits in a bowl and bash with a rolling pin into a fine rubble. Divide between six small serving glasses and spoon over the salted caramel sauce.
2 Melt chocolate with a pinch of salt in a mixing bowl above a pan of gently simmering water. Once melted, remove from pan and leave to cool.
3 Use electric beaters to whisk cream to soft peaks.
4 Add egg yolks to the chocolate and stir until smooth. Add ¼ of the cream

and beat until fully combined. Tip in remaining cream and fold. Divide between glasses and chill for 30 minutes to firm up. Remove from fridge and allow to come to room temperature before serving.
5 Once the pots have set, put eggwhites, sugar and cream of tartar into a heatproof mixing bowl and whisk with electric beaters. Put over a pan of gently simmering water and whisk continuously for 6-8 minutes until sugar has completely dissolved and eggwhites are glossy and have tripled in volume. Remove from heat and continue to whisk for 4-5 minutes until the mixture holds soft peaks.
6 Spoon marshmallow over the chocolate pots and carefully blowtorch the tops until golden (you could also do this under a grill if the glasses are heatproof). Serve immediately.

marie claire

AUSTRALIA

Lifestyle



YOUR INTERIORS PLAYBOOK

NEW ISSUE
ON SALE APRIL 13

آموزشگاه انعکاس منبع جدیدترین اطلاعات، مقالات و دوره‌های آموزشی طراحی لباس و مدشناسی

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HOLIDAY ROAD TEST



OBJECTIVE "Fun for the whole family," but without the usual cringe factor.

THE SETTING Wildlife Retreat at Taronga, Sydney.

THE SUBJECTS A family of four, knee-deep in the trenches.

Sleeping over at the new Wildlife Retreat at Taronga, an elevated family staycation, there are koalas, so the kids are happy. And echidnas, wombats and wallabies. Not just in the distance but right outside our suite window. Inside, the cloud-like bed would be the ultimate place to flop, but in this life it's the highest thread-count trampoline ever trampled on. Designed by Cox Architecture, the Wildlife Retreat features five eco lodges built around native bushland habitat. Sydney is burning as we visit and the smoke haze shrouding the legendary harbour views serve as a visceral reminder of the not-for-profit zoo's conservation program. Behind the scenes, the team is deep in rescue mode, but we do our bit by sipping champagne as the kids watch the live-in platypus. When excitement turns to hunger, we head to Me-Gal, the native-themed restaurant. The ambience seems too classy for preschoolers, but we get away with it via an early seating, a boatload of nuggets and restaurant-issued colouring in. At daybreak, we make it to the guided walk to catch the nocturnal potoroos at play. Turns out, bringing our living alarm clocks on a romantic tryst has its benefits. Bottom line: rates start at \$790 per night and include dinner, breakfast, animal experiences and zoo access. Visit taronga.org.au

PHOTOGRAPHY BY MARK ROBER. TEXT BY ANNA MCCOOL.

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NATURE THERAPY

Finding equilibrium at the Six Senses in Krabey Island, Cambodia

I felt totally light, at peace and connected to nature,” says Lulu Dougherty, *marie claire*’s deadline-wielding managing editor and pseudoscience sceptic. She is recounting the forest bathing meditation at the new Six Senses eco resort in Krabey Island, Cambodia. Led by visiting yoga and Ayurveda practitioner Bhupender Kumar, the encounter took her on a slow walk through jungle to an ancient banyan tree, where she laid offerings to the landscape (in Khmer culture nature is divine), closed her eyes and surrendered to Kumar’s guided meditation to a soundtrack of ocean and birdsong.

“You’re in this beautiful environment, feeling so taken care of, and you get the weird sensation that everything is right in the world,” Dougherty recalls of her green-goddess moment.

At Six Senses, the metaphorical Kool Aid is organic, local and bottled onsite in reusable glass. The 12-hectare private island resort in the Gulf of Thailand in southern Cambodia features 40 pool villas and has made a genuine effort to go green – but in an air-conditioned kind of way (set to 25°C and synced to a timer).

Instead of shipping in drinking water, it is produced on the ground using reverse osmosis and crystals. There’s a farm on the island with veggie gardens, chickens, goats and bees, and a coral reef restoration program. There are also solar panels on the roof of the main building and living green roofs



The Beach Retreat's outdoor bath.
CLOCKWISE FROM BELOW The one-bedroom Hideaway Pool Villa Suite; make your own scrubs at the spa's Alchemy Bar; and an aerial view of The Beach Retreat – a two-bedroom villa with a private beach cove.

overhead in the villas to reduce heat and, thus, energy consumption. All of which makes the must-have four-hands massage in the spa feel worthier.

Granted, your air miles will need offsetting. The quickest route to Krabey Island takes two planes – stopping at either Bangkok or Phnom Penh – to Sihanoukville, followed by a 10-minute drive and a 20-minute crossing on the Six Senses cruiser.

Arriving on the island melts away any residual wariness. There are no cars to be found, just buggies and refresher towels aplenty. Guests are breezed through check-in then led to their villas.

In a place where nature is medicine, it makes sense that the decor radiates biophilic design – the idea that connecting with the landscape puts us at ease – with rattan, timber and silk setting the tone. “The rooms are the kind of spaces you could easily be in all day,” says Dougherty. But she was on assignment with strict instructions to heal thyself and, according to her biomarkers, she was tired and stressed.

Like all Krabey Island guests on the wellness program, Dougherty's treatment begins with a comprehensive screening – her hands and feet plugged into sensors, blood pressure monitored and diet, sleep, exercise and other lifestyle factors assessed. The results are analysed and used to develop a personal program, where she switches between massages and guided meditations in caves over the water and deep in the forest (as mentioned earlier). Her menu is clean but still indulgent (hello poolside ice-cream parlour), with a focus on the house-made healing tonics. Even cocktails and mocktails are infused with probiotics and antioxidants straight from the garden.

Did it work? “I definitely felt calmer,” she says, “and I'm trying to be more mindful. Next time I'm in the park I'll walk through the trees, not run.”



“YOU'RE IN THIS BEAUTIFUL ENVIRONMENT, FEELING TAKEN CARE OF, AND YOU GET THE WEIRD SENSATION THAT EVERYTHING IS RIGHT IN THE WORLD”

– Lulu Dougherty, marie claire managing editor



TEXT BY ANNA MCCOUE.



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NAOMI CAMPBELL

One of the original supermodels, she hit the headlines for her hard partying and hot temper – but also for breaking race barriers. Naomi Campbell turns 50 this May, writes Amy Nelses Bissett, and she's still as fierce as ever

Each time her mother twisted and turned, dancing at a family party in the front room of their small home in Streatham, South London, 10-year-old Naomi Campbell gave a silent and serious nod, an acknowledgment that she was watching.

When her mother finished the routine, it was her turn. She inhaled deeply and waited for the beat of the music, just like she'd been taught, before mirroring her mother's dance moves perfectly. They continued again and again, each time igniting a passionate applause from those watching.

Even then Campbell could command a room, a skill she undoubtedly inherited from her professional dancer mother. She learnt early that her cult-like beauty was a great way to get noticed but "swagger", as she would later call it, was how you were remembered.

And her accelerated ascent from teen model to one of the most successful supermodels in the world, an unshakable catwalk icon even today, can surely be credited to that attitude, an exhilarating mix of grace and fire that translates just perfectly into that legendary walk.

"She feels the music like no other," fashion designer John Galliano said of Campbell's enduring allure in an industry renowned for its youth-obsessed fickleness. "When she appears to do a show, it's actually not so easy for the other models. Because she commands. She slays."

Campbell was born in Streatham, South London on May 22, 1970, and raised by her Chinese-Jamaican grandmother Ruby Ming. For most of her childhood, her mother Valerie Morris toured Europe as a professional dancer. Campbell's father walked out before she was born.

"I do feel that I abandoned her," said her mum in an interview in 2010. "Looking back on that, you know, you sort of realise that material possessions are not the only thing that a child needs. But, sometimes, that child needs its biological mother."

CLOCKWISE FROM RIGHT Naomi Campbell, Christy Turlington and Linda Evangelista in a bathtub at the Ritz Paris in 1990; Campbell with her mum Valerie; on the cover of US *Vogue* in 1989; and French *Vogue* in 1988.



that her mentor Yves Saint Laurent threatened to withdraw his advertising from French *Vogue* if it continued to refuse to place black models on its cover. And so, in August 1988, Campbell became the magazine's first black cover star.

She also became the first British black model to appear on the cover of British *Vogue*, and the first black model to cover US *Vogue*'s most prestigious issue of the year – the September issue – in 1989.

But being a mannequin wasn't enough for Campbell, who refused to silently accept her status as a token black model in a line-up of only white beauties. "There is prejudice," she openly told *The Guardian* in 1997. And rather than chipping at her appeal, her outspoken manner fuelled adoration from the highest echelons of the fashion world.

The word "supermodel" was first coined in 1979, but it wasn't until the early '90s that it reached critical mass. At the time, Campbell was part of a new wave of breathtakingly beautiful and glamorous models who appeared on runways and magazine covers all over the world.

Claudia Schiffer and Cindy Crawford were constantly coveted but it was Campbell, along with Christy Turlington and Linda Evangelista, who became known as "The Trinity". "We were truly friends," Campbell shared in 2016.

No picture encapsulates that era better than when the three were snapped giggling and drinking champagne in a bathtub at the Paris Ritz hotel after the 1990 Versace couture show, a frenetic energy truly

By age three, Campbell was already attending the Barbara Speake Stage School. At seven she appeared in the music video for Bob Marley's "Is This Love" and at 10 she was accepted into the Italia Conti Academy of Theatre Arts to study ballet. In 1983, she danced in Culture Club's video for "I'll Tumble 4 Ya".

It was assumed she'd follow in her mother's footsteps but those dreams were rerouted after a chance encounter with Beth Boldt, head of the Synchro Model Agency, when Campbell was 15. "When I saw her, you could just tell – she radiated beauty," Boldt has said.

A few months later she appeared on the cover of British *Elle* and in 1986 she did her first runway show, walking for Jasper Conran. It wasn't long before Karl Lagerfeld, Azzedine Alaïa, Isaac Mizrahi, Yves Saint Laurent and Gianni Versace were also interested.

In two short years, Campbell made such an impact on the fashion world

"WHEN NAOMI APPEARS IN A SHOW IT'S NOT EASY FOR THE OTHER MODELS. SHE COMMANDS. SHE SLAYS"

– John Galliano



CLOCKWISE FROM RIGHT Campbell with Adut Akech; walking the runway at Fashion For Relief last year; glammed up for community service at a New York sanitation garage in 2007; and with Nelson Mandela.



“HER REPUTATION IN THE FASHION WORLD IS THAT SHE’S FABULOUS WHEN SHE’S FABULOUS”

– André Leon Talley

oozing from the shot. The in-demand trio would reign for almost a decade, with their every move extolled. When Campbell fell as she walked for Vivienne Westwood in 1993, bashfully smiling at being beaten by a pair of towering platforms, she was celebrated when most models would be chastised.

Campbell was in demand romantically as well. There were brief romances with Mike Tyson, Usher, Eric Clapton and Robert De Niro. The only one that lasted any distance was a five-year romance with Formula One boss Flavio Briatore, ending amicably in 2003.

Beloved as she was, the supermodel was developing a notoriety as a “diva”. “Her reputation in the fashion world is that she’s fabulous when she’s fabulous and if Naomi suddenly doesn’t show up you’ve just got to eat roe and hope that next time she will show up,” André Leon Talley, former editor-at-large of US *Vogue*, once said.

In 1993 she was fired from her agency, Elite Model Management, for reportedly abusing staff and clients. Then in 2000 things took an uglier turn, with Campbell pleading guilty to assault after throwing a phone at her personal assistant, later

confessing that her anger issues were the result of an addiction to cocaine, something she had remedied with a stint in rehab.

But the scandals didn’t end there. In 2007, after pleading guilty to assaulting a former housekeeper, the model arrived for community service at a New York City sanitation garage in a rotation of high-end couture, including a shimmering US \$300,000 Dolce & Gabbana gown, a move that was slammed by many as distasteful.

In 2010 she was back in court for the well-publicised war crimes trial against former Liberian leader Charles Taylor. It was claimed he gifted her “blood diamonds” after a party in September 1997, with Campbell confessing she thought they were just “dirty rocks”.

Finally in 2010, after an undoubtedly challenging decade, Campbell confessed that she was seeking therapy for abandonment issues stemming from her childhood, which had triggered her earlier cocaine addiction.

This marked a new chapter for Campbell. In 2013, she ended a five-year on-off relationship with Russian billionaire Vladislav Doronin,

her last long-term romance to date.

Next she signed up to mentor up-and-coming models on *The Face*, her first foray into reality television. As expected, her sharp tongue made for brilliant television but many saw a softer side to the self-proclaimed “bitch” of the ’90s. And tellingly, younger models, such as Adut Akech and Anok Yai, now routinely cite her as a mentor and protective role model. “She’s like a second mother,” Akech said last year.

But it’s never just been about fashion for Campbell. Over the years she has constantly, and quietly, given back. In 2005 she set up Fashion For Relief, a catwalk show and high-profile auction that’s helped raise millions for charities over the years. Her work in Africa, supporting everything from infrastructure projects to advancing women’s rights, started in 1993 and continues today, with Nelson Mandela even naming her his “Honorary Granddaughter”.

Her charity work has generally gone unrecognised – lost under column space given to that hot temper – but in late 2019 she received the Fashion Icon award at the Royal Albert Hall in London, given to those who’ve used their status for philanthropic endeavours. “I learnt today that I’m the first woman of colour to receive this award,” she said tearfully.

In May, the supermodel will reach the milestone birthday of 50. It will also mark 35 years in the business for Campbell; unlike her fellow supers there’s been no career hiatus nor celebrated return. In 2016 when a reporter asked why she still tirelessly works, especially when she’s worth a staggering \$90 million, she replied, “There’s no plan. There’s no agenda.”

And yet among the extravagant couture shows and frivolous parties, Campbell has always had a purpose, opening up important conversations about race since she first broke into the whiter-than-white fashion world.

Not that she’s opposed to a little bit of partying – even if it’s a rather sober affair these days (in 2013 the supermodel revealed she had given up alcohol and felt “happier” without it).

“I’m not afraid of being 50,” Campbell has said of her upcoming birthday. “I’m looking forward to a good old dance, too. I want to make sure I dance the night away, surrounded by people I love and who have been with me through thick and thin.”

THE WOMEN WHO MADE ME

ADA NICODEMOU

The beloved *Home and Away* actress on the (home) girls who've had her back since day one

KYLIE MINOGUE

How do I begin to describe my love for Kylie Minogue? She was my first-ever celebrity obsession – and the first concert I ever went to. When I was a kid, I wanted to be Charlene [her character in *Neighbours*]. My bedroom walls were covered in Kylie posters. I knew – and still know – the hospital she was born in, and the names of her parents and brother. I wrote her letters every week and would check the letterbox after school every day for a response. A couple of years ago, I posted a #flashbackfriday on my Instagram of me standing in front of my Kylie shrine – and she responded. I was so excited, but I didn't want to be an annoying fan and message her back. If I ever met her, I would die. She is an inspiration to all Australians. Kylie's a strong, beautiful and talented woman. Every time I hear "Spinning Around", I just want to dance – and rock a pair of gold hotpants.

JENNY NICODEMOU

My mum Jenny was always the head of our household. She worked seven days a week but took me and my brother everywhere. I grew up in a delicatessen, counting back change to customers before I went to school. I get my work ethic from my mum. She's taught me resilience, strength and how to stick up for myself. As a Greek migrant, she's had to be a tough woman. My mum didn't want me to get into acting. She wanted me to go to university and be a lawyer. Her opinion changed when I started working on *Heartbreak High* and she saw me earning money in a stable job [laughs]. After more than 25 years in the industry, my



CLOCKWISE FROM LEFT
Ada's icons: Kylie Minogue, her mum Jenny and best friend Simone.

mum's proudest moment was when I won *Dancing with the Stars* [in 2005]. She literally jumped over the barricade from the audience and grabbed the microphone from [host] Daryl Somers on live TV to tell all of Australia how proud she was of me – and to thank the Greek community for voting for me. I would totally do the same thing to my son Johnas now.

SIMONE ROBERTSON

I met Simone when I was 21 on the set of a show called *Breakers*. She was a tall blonde with beautiful skin – and a really good actress as well. I was quite intimidated by her at first. It wasn't until after the show got axed that we got really close and I realised she was the sweetest girl in the world. We went on a road trip from Sydney to Melbourne and back and talked the entire way – for a whole week! We haven't stopped talking since then. She lives in New York and works in IT now, so we FaceTime. If I ever have a problem, Simone is the person I go to for advice. She's been there for me for every break-up and hard time I've had in the past 20 years. When I lost my child [a stillborn son in 2014], Simone left work and flew to Hawaii to meet me. Simone is my soul; she's the light of my life and she's just a good person.

Ada stars on Home and Away weeknights on Channel 7.

PHOTOGRAPHY BY INSTAGRAM/@ADANICODEMOU; GETTY IMAGES. EDITED BY ALLEY PASCOE.

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